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#### **FOREWORD**

Junior Football is all about local communities. It is about families being involved in a local club structure, it is about inclusive environments for all, it is about creating safer and more welcoming communities that helps address anti-social behaviour and it's about our kids have fun in a safe and secure environment.

Football continues to be Western Australia's number 1 participation sport and in 2014, there were 178,651 participants involved in football in Western Australia – an increase of 10.67%, and puts the WAFC on track to reach the ambitious target of 200,000+ participants by the start of 2018.

The environments that we create at our junior clubs will significantly impact on our ability to recruit and retain participants and volunteers, so I would encourage you to be mindful that this is junior sport, and that you all take on a leadership role when it comes to setting the right behaviour and expectations. This is not about us as adults; this is their game, so let's ensure that we all continue to create a positive game day environment for our children.

Finally, to the almost 50,000 volunteers that are involved in football week in and week out, I would like to thank you for all your efforts and your continued involvement in the game. The West Australian Football Commission is certainly grateful for your ongoing contribution.

2015 will be another very important year for WA Football with major decisions to be made that will affect the long term future of the game in this State. We certainly have a busy and exciting year ahead.

I wish you all the very best for the 2015 Junior Season.



Gary Walton
Chief Executive
West Australian Football Commission





### **WELCOME TO THE 2015 JUNIOR FOOTBALL SEASON**

By-Law 1 The Spirit of Junior Football continues to be a focus for Junior Football across Western Australia and I would encourage all volunteers and spectators to strongly advocate for By-Law 1.

The overriding objective of the Junior Football is "To provide an environment where young players can play the game and sequentially develop their skills through activities, games, match rules and conditions commensurate with their stage of learning and level of ability", and above all it is about the kids having fun and enjoying community sport.



Auskick: 32,303 Junior: 25,925 Youth: 14,375 Female Club: 1,985 Senior Club: 13,825 Veterans: 3,344 WAFL: 675

### 76,540

**School Participants** 42.84% of Participation

Male Primary: 29,655 Female Primary: 14,990 Male Secondary: 20,305 Female Secondary: 11,590

#### 9,679

Social Football Participants (AFL9's) 5.42% of Participation

Community AFL9's: 5,290 AASC AFL9's: 4,389

Football continues to be Western Australia's number 1 participation sport, with growth in participants wanting to play, umpire, coach and volunteer in this great game. In 2014, we had a remarkable 178,651 participants. There is a lot of hard work from volunteers and staff that goes in to achieving this growth, along with a number of programs that continue to support the game.

I would like to congratulate the Mt Lawley Inglewood JFC on winning the inaugural WAFC State Championships in 2014, and look forward to this competition continuing to grow and develop.

To the Competition Directors, Club Presidents and other key volunteers in the game I would sincerely like to thank you for all the work that you do for the game. Your efforts are certainly appreciated.

2015 is going to be an exciting year of football and I would like to wish you all the very best!



Troy Kirkham
Participation Manager
West Australian Football Commission

### **CONTACTS - METRO**

METRO NORTH West Perth, Claremont, Su	biaco		
Community Development Manager	Andrew Ridley	aridley@wafc.com.au	0402 794 016
, , ,	Matt McNally	mmcnally@wafc.com.au	0402 794 016
District Operations Manager  CLAREMONT	iviall ivicinally	minichany@warc.com.au	0400 301 100
	Sam Causana		0420 020 700
Development Officer	Sam Cousens	scousens@wafc.com.au	0438 838 768
DFDC Chairperson	Paul Donovan		0418 921 254
Competition Director	Kieran Kelly		0413 434 241
SUBICAO			
Development Officer	Rohan Blee	rblee@wafc.com.au	0438 994 412
DFDC Chairperson	Cindy Dunham		0419 557 503
Competition Director	Gavin Oliphant		0438 995 614
WEST PERTH			
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DFDC Chairperson	Chris Erikson		0418 882 015
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METRO CENTRAL East Perth, Swan District	s, Perth		
Community Development Manager	Isaac Stewart	istewart@wafc.com.au	0429 000 347
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EAST PERTH			
Development Officer	Bronte Ryan	bryan@wafc.com.au	0430 868 512
DFDC Chairperson	Jo Del Prete		0437 700 306
Competition Director	Angelo Barbaro		0437 807 820
PERTH			
Development Officer	Chris Brown	cbrown@wafc.com.au	0412 676 857
DFDC Chairperson	Erwin Edlinger		0412 996 552
Competition Director	Justin Sambell		0403 574 938
SWANS DISTRICT			
Development Officer	Daniel Curtis	dcurtis@wafc.com.au	0430 969 906
DFDC Chairperson	Ian Westmore		0434 075 481
Competition Director	Trevor Gosatti		0419 918 449
METRO SOUTH Peel, East Fremantle, Soutl	n Fremantle		
Community Development Manager	Bradd Gardiner	bgardiner@wafc.com.au	0438 953 055
District Operations Manager	Kane Benson	kbenson@wafc.com.au	0429 070 373
PEEL	,	_	
Development Officer	Elly Lambkin	elambkin@wafc.com.au	0438 677 700
Development Officer	Tom Atkinson	tatkinson@wafc.com.au	0433 117 568
DFDC Chairperson	Brett Lee		0427 220 660
Competition Director	Shane Poppert		0417 929 655
EAST FREMANTLE	, 15		
Development Officer	Daren Bell	dbell@wafc.com.au	0438 952 487
DFDC Chairperson	Geoff Wolfenden	<u> </u>	0447 711 933
Competition Director	Mindi Thompson		
SOUTH FREMANTLE	Character according		
Development Officer	Lachlan Harris	lharris@wafc.com.au	0421 249 477
DFDC Chairperson	Stephen Goodall	, <u>, , , , , , , , , , , , , , , , , , </u>	0421 022 664
Competition Director	Shane Harding		0403 584 143
Competition Director 8	Gridine Harding		0 103 304 143



### **CONTACTS - COUNTRY**

GOLDFIELDS REGION			
Regional Manager	Gemma Harrison	0417 179 463	gharrison@wafc.com.au
RFDC Chairperson	Kyran O'Donnell	0400 672 761	
GREAT SOUTHERN REGION			
Regional Manager	Tom Moir	0428 428 440	tmoir@wafc.com.au
RFDC Chairperson	Peter Watson	08 9841 8799	
KIMBERLEY REGION			
Development Officer (Garnduwa)			
RFDC Chairperson	Alan Bishop	0419 955 801	
MID WEST REGION			
Regional Manager	Steve Broberg	0429 914 220	sbroberg@wafc.com.au
RFDC Chairperson	Jerry Dawson	0429 086 701	
MIDLANDS REGION			
Regional Manager	Glen Collins	0417 920 817	gcollins@wafc.com.au
RFDC Chairperson	Milton Milloy	0400 603 962	
PILBARA REGION			
Regional Manager	Vicki Agnew	0455 661 633	vagnew@wafc.com.au
RFDC Chairperson			
SOUTH WEST REGION			
Regional Manager	Glenn Omodei	08 9791 7973	gomodei@wafc.com.au
RFDC Chairperson	Mark Blakely	0419 947 168	
WHEATBELT REGION			
Regional Manager	Mitch Harvey	0419 859 576	mharvey@wafc.com.au
RFDC Chairperson	Craig Gmeiner	0429 647 651	The state of the s

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#### **ADDITIONAL CONTACTS**

For enquiries and questions please follow the correct communication protocol:

- 1. Contact your Club Official (i.e. President, Committee),
- 2. Contact your District Competition Director,
- 3. Contact your Development Officer, District Manager and/or Regional Manager,

However, should you require further assistance, please use the below to address your enquiries.

General Manager Game Development		
Warren Nel	wnel@wafc.com.au	08 9287 5541
General Game Development enquiries, please contact:		
Stephanie Walding	swalding@wafc.com.au	08 9287 5518
Participation enquiries, please contact:		
Troy Kirkham	tkirkham@wafc.com.au	08 9287 5594
Fox Sports Pulse enquiries, please contact:		
Tayla Daniele	tdaniele@wafc.com.au	08 9287 5582
Club Development & Coaching enquiries please contact:		
Glenn Morley	gmorley@wafc.com.au	08 9287 5551
Football Education (school & tertiary programs) enquiries,	please contact:	
Sharon Wilson	swilson@wafc.com.au	08 9287 5545
Indigenous & Multicultural enquiries please contact:		
Paul Mugambwa	pmugambwa@wafc.com.au	08 9287 5502
School Competitions based enquiries, please contact:		
Clayton Anderson	canderson@wafc.com.au	08 9287 5540
School Ambassador enquiries, please contact:		
Emma Swanson	eswanson@wafc.com.au	08 9287 55090
Auskick enquiries, please contact:		
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Female Participation enquiries, please contact:		
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Umpiring enquiries, please contact:		
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AFL 9's enquiries, please contact:		
Josh Bowler	jbowler@wafc.com.au	08 9287 5558
High Performance enquiries, please contact:		
Raff Guadagnino (Male)	rguadagnino@wafc.com.au	08 9287 5535
Alison Moore (Female)	amoore@wafc.com.au	08 9287 5502
For all other general enquiries, please contact:		
The West Australian Football Commission General Line	www.wafootball.com.au	08 9381 5599

#### Follow us on Twitter and Facebook



WA Football - @WAFootball NAB AFL Auskick WA - @AFLAuskickWA AFL 9's - @AFL9sWA

Female Football - @femalefootywa



WA Football - http://www.facebook.com/wafootball NAB AFL Auskick - http://www.facebook.com/NAB.AFL.Auskick AFL9's - http://www.facebook.com/AFL9sWA

Female Football - http://www.facebook.com/femalefootballwa



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#### CONTACT

#### FOR FURTHER INFORMATION + PLACE YOUR ORDER:

Matt Jamieson - WA Account Manager

MOBILE 0406 420 531 | EMAIL mjamieson@wrsgroup.com.au

Brett Longfield - WA State Manager

MOBILE 0407 433 319 | EMAIL brett@wrsgroup.com.au

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#### **ACKNOWLEDGMENTS**

The West Australian Football Commission (WAFC) would like to thank the following companies for their continued support of junior football. You can help grow the game by supporting the companies who make community and grassroots football possible in Western Australia.

#### The Domain Group

Through their naming rights to Domain Stadium, The Domain Group, Australia's largest real estate media business, has become an invaluable supporter of community and grassroots football in Western Australia. For information on The Domain group visit http://http://www.domain.com.au or download their smartphone app (Australia's Best Property App).

#### Australian Football League (AFL)

The AFL provides funding and program support to the WAFC.

For further information visit: www.afl.com.au

#### **Burley Sekem**

For over one hundred years the West Australian Football League (WAFL) has been playing with a Burley football. Currently Burley Sekem is involved not only with the WAFL but also with many other Australian and international sporting organizations. In addition to its involvement with the WAFL, Burley Sekem is the exclusive supplier of apparel and footballs to the WAFC. For more information about Burley Sekem visit: http://www.sekem.com.au

#### **WA Department of Sport and Recreation**

The Department of Sports and Recreation financially supports WAFC initiatives and programs designed to not only expand the game but also improve the experience for everyone involved. For more information, including how to contact the Department of Sport and Recreation visit: http://www.dsr.wa.gov.au

#### **Fremantle Football Club**

The Fremantle Football Club sponsor a number of grassroots competitions including the Fremantle Dockers Cup, a competition for girls in Year 6 and Year 7, House Footy a mixed competition for High School students aged from 15 to 17 and Lightening Carnivals in Primary Schools for children in Years 4 to 7. For more information visit: http://www.fremantlefc.com.au

Interested in becoming a member?

Contact: Phone: (08) 9433 7111 or 1300 88 20 77 Email: membership@fremantlefc.com.au

#### **West Coast Eagles Football Club**

The West Coast Eagles Football Club supports a number of programs in Western Australia including the Eagles Cup for Primary School children which involves 525 school participating and the Eagles Faction Footy in which 15,255 primary school children participate. For more information visit: http://www.westcoasteagles.com.au

Interested in becoming a member?

Phone: (08) 9388 4566

Email: membership@westcoasteagles.com.au

#### **National Australia Bank**

The National Australia Bank's continued sponsorship is essential to the development of football in Western Australia, including the NAB AFL Auskick program. For more information about the National Australian Bank visit: http://www.nab.com.au

#### **Movie Masters**

Formed in the mid-1990s, the Movie Masters Cinema Group is a cooperative initiative between locally owned and operated Western Australian cinema companies, Ace and Grand Cinemas. Movie Masters support the WAFL Little League Competition, which gives future football champions the opportunity to play at half time in front of WAFL club crowds. For session times and the location of your nearest Movie Masters' cinema visit: http://www.moviemasters.com.au

For more information about the Movie Masters Little League contact:

Jayden D'Vauz

Phone: (08) 9381 5599

#### **Sunday Times**

The Sunday Times sponsorship of the Volunteer of the year Program has been integral to the continued growth and promotion of what is regarded as a World Class Volunteer Recognition program. To further support Volunteers through the partnership we are able to deliver The Sunday Times to local footy clubs on weekends free of charge as a way of saying thanks to the volunteers who give up their time early on a Sunday morning. http://www.perthnow.com.au/

#### 1Life

The West Australian Football Commission has formed a strong partnership with the State Government's Western Australian Suicide Prevention Strategy, to implement suicide prevention programs in partnership with One Life. The partnership will include grass roots, community and workforce involvement to help grow the 'Suicide Prevention – Everyone's Business' message. http://www.onelifewa.com.au/



Sport and Recreation

IN PARTNERSHIP WITH YOUR LOCAL GOVERNMENT



#### KidSport overview

KidSport enables Western Australian children to participate in community sport and recreation, no matter their financial circumstances. Eligible youth aged 5–18 years can apply for financial assistance to contribute towards club fees. The fees will go directly to the registered KidSport clubs through their participating local government. While the primary objective of KidSport is to ensure all Western Australian children can participate in sport and recreation clubs, its secondary objective is to engage these children and their families in the community.

#### What are the eligibility criteria?

- Applicant must be aged 5-18 years.
- Applicant must have a Health Care Card or Pension Concession Card OR be referred by a recognised referral agent.
- Applicant's primary place of residence must be in the local government area where they are applying.

#### What else?

QUESTIONS

ASKED

REQUENTLY

- Funding will cover the cost of fees to join the nominated sport or recreation club and this may include other related costs identified by the club)
- Maximum of up to \$200 per child per calendar year Fees are only for the nominated registered season.
- No retrospective fees will be paid.
- No limitation to applications per family as long as the criteria is met.

Referral agents - who they are, what they do:

- Referral agents identify those who would benefit from
- They can include, but are not limited to school teachers, doctors, police, social workers, local area coordinators and other community organisations and agencies.
- Referral agents can assist with the completion and lodgement of KidSport application forms with participating local governments on behalf of parents/ guardians.
- Referral agents are ideal to promote KidSport to their community, but if wanting to refer children to the program should contact local governments to register.
- Local governments can advise where KidSport application forms are available and supply further information.

#### Schools - How can they be involved?

As referral agents, school teachers can identify children who would benefit from KidSport as well as complete and lodge application forms with local governments. Teachers can also assist in identifying suitable clubs and sport or recreation activities for children to be involved in. Schools can obtain KidSport application forms from participating local governments.

There are numerous benefits for children and their families getting involved and participating in sport and recreation

- Physical activity improves children's health, school performance and decision making skills.
- Club membership provides positive role models and opportunities for new friendships and community engagement.

#### Sport and recreation club criteria:

Sport and recreation clubs can get involved in KidSport by registering as a KidSport club with their participating local government. To be eligible clubs can be a:

- Not-for-profit sport or recreation club and affiliated with a recognised State Sporting Association or
- have affiliation through a State organisation. Business/privately owned BUT individual members MUST be affiliated with a recognised State Sporting Association or have affiliation through a State

Once registered, KidSport clubs receive applications and then invoice the local government for the cost of the applicant's fees and other identified costs. All KidSport vouchers must be submitted and validated by the local government before being accepted by the club as payment for fees. Local governments can assist with the invoicing process for KidSport vouchers.

Clubs can promote KidSport to their members by linking with their participating local government to access application forms. Hand them out at registration days, during workshops or by directing parents/guardians to the KidSport website. Information can also be distributed via club newsletters and through club and State Sporting Association websites. Ask your local government for promotional material.

Minister's introduction

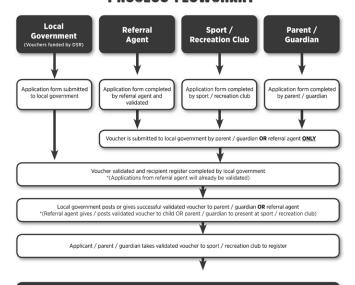
Department or and local gover

The program is important because we believe that all kids should have the opportunity to take part in sport and secretain. Yes, because it's fun, but just as importantly, recreation. Yes, because it's fun, but just as importantly entricipation in sport and recreation gives your child better chance of doing well at school and being physically and mentally healthier.

This program will pay up to \$200 towards club fees for children whose families couldn't normally afford it.

Maloha

#### PROCESS FLOWCHART



Sport / recreation club completes registration of applicant and invoices local government

KidSport application forms have been translated into alternative languages, please visit clubsonline.dsr.wa.gov.au/kidsport to access.

## **EKIDSPORT**

Contact your local government to find out where you can pick up an application form OR visit the Department's website for a generic application form and contact your local government to validate.

#### What if the club fees for the season are more or less than \$200?

KidSport funding is up to \$200 per applicant per calendar year. Clubs can only invoice the local government for the total amount of their set fees. If these fees are less than \$200 then the lesser amount

#### Can an applicant use the KidSport funding to play more than one sport?

Yes, as long as the total applied for is not more than \$200 per calendar year.

#### What if an applicant requires a uniform or some equipment to take part in the activity?

This needs to be approved by the local government prior to invoicing by the club and is on a case-by-case basis. Many local governments are happy to receive applications that include the cost of uniform and equipment, but this is an Individual local government decision, so contact yours before applying.

#### What if the child turns 19 during the season?

If the eligible applicant is 18 at the time of registration they can apply for KidSport funding for that whole

#### Can an applicant register halfway through the season?

Applicants can access KidSport funding at any time of the year. Clubs should use discretion in registering applicants to participate within a season (i.e. it would not be beneficial to the applicant to register with only a few games left). They may be encouraged to register the following season

#### When do clubs invoice the local government?

This is decided by the local government. The club the invoicing process and is usually within 30 days.

#### How do clubs check if the applicant is eligible to access KidSport funding?

Clubs should only accept application forms that have first been validated by local government. They will confirm if applicants are eligible by validating and registering the voucher.

#### Can an applicant participate at a club that is not in the local government area they reside

Yes, but the KidSport application must be lodged with

#### Does the applicant have to provide a copy of their Health Care Card or Pension Card?

Yes, this must be attached to the voucher when submitting to the local government unless the voucher is completed and signed by a referral agent.
The applicant's name must be listed on the card and the card must be current.

For more information contact your local government or visit: www.clubsonline.dsr.wa.gov.au/kidsport Email: kidsport@dsr.wa.gov.au

Building stronger, healthier, happier and safer communities



### **ABOUT THE JUNIOR CLUB MANUAL**

This Junior Club Manual is published by the West Australian Football Commission to assist every volunteer who manages our game. The content is put together in a way that will assist Presidents and Committee persons to promptly clarify any issue they may be confronted with on the middle of an oval on a match or training day.

It is difficult to include every word of every policy and as such we have posted complete versions of all policies on the internet by visiting www.wafootball.com.au. The entire Junior Club manual is available on the website for download free of charge as a resource to everyone involved in Junior Football in WA.

The Junior Club Manual has been compiled by the WAFC Manager Junior Football in consultation with the nine metropolitan Competition Directors, the WAFC Program Managers, District and Regional development staff and a wide range of key stakeholders including Junior Club Presidents and Managers.

Your feedback on the continued layout and manual contents is always welcomed.

Please email your feedback to tkirkham@wafc.com.au

#### **ABOUT FOOTBALL IN WA**

The West Australian Football Commission is the caretaker of football throughout the State and responsible for the overall development of the game.

The rich history of football in the community of Western Australia stretches back to 1895. Today it is the most popular sporting code in Western Australia with more than 160 000 active participants each weekend during the season. This is more than double any other sport. On top of this football clinics are provided to approx. 280 000 West Australian Children every year throughout our schools and communities across our state.

The WAFC plays an important role in funding the ongoing development of football in all communities. This ensures that football is the best resourced sporting code in the State and can have the most active role in building better communities through various development programs.

The WAFC is a not for profit sports association. It is incorporated under the Associations Incorporation Act and governed by a volunteer board that oversees the operation of all football activities throughout the State.

The WAFC's role includes ownership of the State's two AFL teams - West Coast Eagles and Fremantle Football Club (Dockers), guiding the West Australian Football League (State league competition), overseeing community football, managing umpiring and football development through participation and the talent pathway and acting as the manager of Patersons Stadium. Most importantly the WAFC plays a key guidance role in the ongoing enhancement of the District Development model.

This results in a significant social benefit and the creation of better communities through the active promotion of the sport and its associated values of teamwork, responsibility, respect, leadership, commitment and community participation. Advocating healthy participation for every player, volunteer, official, administrator, coach, umpire and spectator is at the forefront of our strategic priorities.

### **INTRODUCTION**

 $WA\ Football\ refer\ to\ the\ 7\ development\ objectives\ below\ in\ the\ strategic\ development\ of\ our\ game.$ 

The WAFC collaborates with our District affiliates based on a philosophy of "State objectives, local solutions'.

1 PARTICIPATION	To develop and support appropriate pathways for all segments from AFL Auskick to Open age that maximise participation.
2 COMMUNITY	To support well managed leagues, clubs and schools to motivate volunteers, umpires, coaches, teachers, school ambassadors and sports trainers for all levels of Australian football to promote quality environments and competitions.
WAFL & TALENT PATHWAYS	To develop the talented player, umpire, administrator and coaching pathway.  Promote and enhance the talent pathway systems and structures to capture talented participants
4. FACILITIES	To collaborate on facility development for the community football network of leagues & clubs
5 ENGAGEMENT	To utilise Australian football as a vehicle to promote social inclusion, community engagement, education, leadership and employment initiatives, particularly in female, Indigenous and multicultural communities.
6 FANS	To build the relationship with community and school players, coaches, umpires, teachers, amdassadors and volunteers to develop them as fans of the AFL /WAFL Competitions and AFL /WAFL Clubs.
7 PEOPLE & CULTURE	To attract, dvelop and retain quality staff and develop a high performance culture in line with our values.





#### WA FOOTBALL DISTRICT STRUCTURE

Both metropolitan and regional areas are divided into different geographic Districts that are linked to one of the nine West Australian Football League (WAFL) clubs.

Each football District in Western Australia is governed by a District Football Development Council (DFDC) in the metropolitan area and a Regional Football Development Council (RFDC) in the regional centres. These councils are responsible for strategically planning the growth of all levels of football in the area, which includes all players, coaches, umpires, administration and volunteers.

This ensures competitions and football environments of a consistently high level of administration, opportunity for players of all levels to play and the development of a talent pathway for players to reach elite levels of football, such as the WAFL or AFL competitions.

The DFDC and RFDC have members representing all stakeholder groups within the area, including Local Government Agencies, WAFL, seniors, juniors, schools, umpiring and coaching. Each Council has a Junior Competition Committee (JCC) or league which is responsible for the conduct of the junior competition within the district.

Each District and Region has development staff. The District Manager and the Development Officer, who are based strategically in both metropolitan and regional locations and are directed by the respective District Football Development Councils. The Development staff are your key liaison point for football participation and development programs in your local area.

#### **AFL GAME DEVELOPMENT**

AFL Game Development is the national development body of football in Australia. Whilst the Australian Football League (AFL) runs the major League, AFL Game Development coordinates the development of all other levels of football in Australia. It is responsible for:

- The National Development Plan and National Participation Policies,
- Coaching Accreditation,
- Umpire Accreditation and Development,
- National Championships 16's / 18's and Women's,
- Programs to promote mass participation,
- Expanding the most comprehensive set of resources in Australian sport.

## WA FOOTBALL COMMISSION FOOTBALL AFFAIRS COMMITTEE (FAC)

The WAFC is the governing body of Junior Football in Western Australia, and its affairs are overseen by the WAFC Football Affairs sub-committee.

Its membership comprises four (4) members. The FAC will be chaired by a selected WAFC Commissioner with two additional Commissioners acting as committee members.

A General Manager of the WAFC will act as the Executive Officer of the FAC. The WAFC has the power to co-opt other members as required. The General Manager of Game Development along with the General Manager of Pathways & Competitions will conduct business on behalf of the FAC.

#### **FAC OBJECTIVES:**

- To oversee and foster the development of football in the state of Western Australia through the District Development program.
- To improve the quantity and quality of participation at all levels in football, including players, coaches, teachers, umpires, volunteers and administrators.
- To liaise with other bodies that coordinate football competitions within and outside the State of Western Australia.
- To assist volunteers in providing a quality environment for all our participants through the District Development Program.

#### **POWERS / MANDATES / TERMS OF REFERENCE**

- Delegated powers on behalf of the WAFC on Junior Development Issues.
- Establish junior football policy.
- Amend the Rules and Policy for the conduct of all Junior organised competitions.
- Apply and ensure compliance with these rules and perform all such acts and responsibilities to the attainment of the objects
  of the Committee.
- Ensure all DFDC/RFDC By-Laws reflect such junior policy.
- Mediate or arbitrate on issues impacting on the overall development of the game in WA.
- Commission reports on specific development matters.
- Develop the WAFC Football Development Plan for endorsement by the WAFC.
- Monitor the outcomes of the Development and Operational plans.
- Make recommendations and advise the WAFC on development matters.
- Make recommendations to the WAFC regarding the allocation of funding.
- Via General Manager of Game Development facilitate Investigative processes either referred to it by DFDC's or other recognised
  affiliates

#### **ADMINISTRATION**

- To provide the structure, finance and recruiting techniques essential to long term success and stability of Community Football.
- The WAFC recommend Junior Football Administrators should avail themselves of every opportunity / resource to fulfil their role to the highest possible standard.
- The FAC will conduct, in conjunction with the Districts, administration courses for Volunteers. These courses will include our range of Club, Coach and Volunteer development sessions along with the seven key modules of the AFL's Club Development Program and they will provide the ideal structures to achieve improved administration in junior football. Other resources will be utilised in our Club and Volunteer development programs.
- The FAC will advocate the support of umpires whereby administrators will be encouraged to understand that it is essential to
  provide a quality environment for each of our participants.
- Encourage every district to facilitate pre-season meetings for administrators, coaches, managers and umpires.

#### JUNIOR FOOTBALL POLICIES

#### **MEMBER PROTECTION POLICY (MPP)**

The Member Protection Policy has been designed to be user friendly based around five key pillars:

Each pillar has its own booklet which will outline the relevant WAFC policies, best practices, document templates along with complaints handling and resolution practices.

Each of the Member Protection Policy booklets will be available for download at: http://www.wafootball.com.au/clubs/memberprotection

#### What is Member Protection?

Member protection is a term used by the Australian sports industry to describe the practices and procedures that protect an organisation's members - both individual members such as players, coaches and officials, and the member organisations such as clubs and other affiliated organisations. It involves:

- protecting members from harassment, abuse, discrimination and other forms of inappropriate behaviour
- adopting appropriate measures to ensure the right people are involved in an organisation, particularly in relation to those involved within junior sport
- providing education
- promoting and modelling positive behaviour

#### Why does the WAFC need a Member Protection Policy?

- · Helps to clarify responsibilities and expectations of all members individual and organisational
- To comply with State and Federal legislation
- Fulfil moral obligations
- Insurance purposes
- Raises awareness of fun, safe and inclusive football environments
- Outlines WAFC complaints handling procedures





#### **SOCIAL MEDIA POLICY**

'The organisation' refers to the West Australian Football Commission and to Junior Football Clubs.

'Members' refers to administrators, clubs, club members, coaches, officials, registered players, sponsors, support personnel, spectators, parents and umpires.

The Internet and Information and Communication Technologies (ICT) devices / equipment bring great benefits to all users and can contribute to the effective operation of the organisation and its members through the ability to disseminate information, the ability to promote the sport and clubs and to provide members with the ability to connect with others within the organisation.

The West Australian Football Commission (WAFC) has an obligation to ensure that affiliated clubs maintain a safe physical and emotional environment for its members and this includes cyber safety and the safe and responsible use of ICT. Individual members also have a responsibility to use ICT in a safe and responsible way.

Junior Football stakeholders including clubs and its members will create a cybersafe environment by:

- Using the organisation's name, motto, crest and/or logo only in an appropriate way in line with the organisation's guidelines,
- Using the organisation or affiliated club's websites to provide information about competitions, committees, policies, rules, social
  events or other important sport related issues,
- Using SMS and/or email by officials, managers, coaches etc to communicate organisation business and organisation sanctioned social events (via parents in the case of juniors),
- Using the organisation or affiliated clubs social network pages to promote positive organisation news and events (with permission obtained from featured individual(s) and via parents for juniors),
- Ensuring content of posts or electronic communication doesn't breach any organisation policies or codes of conduct,
- Ensuring content of posts or electronic communication doesn't breach state or commonwealth law. This includes not engaging
  in 'sexting' where a member sends or is in possession of an inappropriate sexualised image of a person under the age of 18
  years this is a criminal offence in WA and the Police will be informed immediately,
- Not engaging in cyber bullying, including but not limited to:
  - harassing, teasing, intimidating or threatening another person via electronic means,
  - sending or posting inappropriate digital pictures or images, email / instant / phone / text messages, or website postings (including social network sites ie Facebook or blogs) and is irrespective of whether the page could be viewed by the wider public or not,
- Members will remain responsible for and be vigilant of the content and security of their individual accounts such as email, social
  networking (ie Facebook), micro blogging (ie Twitter), video sharing (ie YouTube), picture sharing (ie Instagram) and mobile
  phones.

The West Australian Football Commission and Junior Clubs take any breaches of the policy seriously. Any person (including, but not limited to, players, officials, coaches, members, umpires, spectators, and parents) or clubs who breached this policy can be called before the controlling bodies tribunal under **By-Law 45.7** and can be charged for 'misconduct of a serious nature'.

#### **SPONSORSHIP POLICY**

Sponsorships that could involve football in controversial issues or expose football to adverse criticism must be avoided. All potential sponsors must have company values that are in line with and complement the values of Australian football. These are:

- To be determined by executive meetings,
- Egalitarianism (social equality),
- Participation,
- Integration and inclusion,

The following sponsors are regarded as inappropriate:

- · Political or religious organisations,
- Programs that denigrate exclude or offend minority community groups,
- Sponsors that may present a hazard to the community (including cigarette companies),
- · Sponsors that create environmental hazards,
- Sponsors that do not reflect community standards,
- Companies and organisations that conflict with existing WAFC sponsors,
- Companies and organisations that conflict or may conflict with sponsors of the Fremantle Football Club and West Coast Eagles or has the ability to erode their revenue.

Sponsorships and explicit endorsement of products and or services of a sponsor must be in the public interest and must be approved via the management process.

The WA Football Commission has a Corporate Relations Team which manages all central football sponsorships and reviews sponsorship policies, templates and proposals. They are able to offer their expertise and experience if your club requires advice in this area. Please feel free to contact Nikki Bower on (08) 9381 5599 should you have any enquiries.

#### **EQUAL OPPORTUNITY POLICY**

The FAC will ensure that equal opportunities for participation in sports are made available to all children, regardless of ability, size, shape, gender, age, disability or ethnic origin.

Individuals may participate in all levels of football. Players moving from AFL Auskick (modified rules) to open rules (full contact) must be fully informed (in writing) of the changes regarding the physical nature of open rules before participating at this level.

Single sex (all girl / boy competitions) are preferred if teams can be arranged within the schools or junior districts and / or country regions. Alternatively females are able to participate with males until the age of fourteen.

#### **ALCOHOL POLICY**

There is absolutely no place for Alcohol within Junior sporting environments, and subsequently:

#### THE SALE AND CONSUMPTION OF ALCOHOL AT JUNIOR FOOTBALL IS STRICTLY PROHIBITED.

It is important to note that this refers to game day matches (including scratch matches) and during all training sessions. Junior Football Clubs need to have clear policies, procedures and Memorandums of Understanding (MoU's) that addresses this issue of alcohol sales and consumption.

#### **INCLEMENT WEATHER POLICY**

In managing risk, consideration must be given to environmental factors and their impact on participants. Sometimes extreme weather conditions (e.g. heat, cold, rain, wind or lightning) make it best to postpone training and/or competition. The umpires in consultation with JCC Officials shall determine if a game should be delayed or abandoned due to inclement weather as per the AFL Laws of the Game and the AFL Junior Football Match Guide. Please also refer to By-Laws.

#### SMOKE FREE ENVIRONMENT POLICY

The DFDC and the WAFC greatly appreciate the support of the wider football family by supporting the Smoke Free Environments at football grounds around WA. This Smoke Free environment can be maintained and implemented into all areas of our game by the following strategies –

- Smoke Free change rooms Please ensure player changing areas are smoke free at all times
- Smoke Free club rooms (social halls, canteens, etc) please ensure the club rooms, social hall, kitchen and canteen are smoke free at all times
- Smoke Free interchange benches, including coaches and managers area Please ensure there is no smoking by any person in the interchange are where the coach, manager and interchange players sit or stand.
- Smoke Free viewing areas Please ensure the following area are Smoke Free during matches and other events; Club room verandas, interchange benches, seated outdoor viewing areas, areas close to where juniors area coached.
- Smoke Free NAB AFL Auskick Our youngest players are the future of our club and game. Please ensure there is no smoking in any area where the NAB AFL Auskick activities are taking place.
- Smoke Free Area acknowledgement to assist promote your sporting area as smoke free, the following announcements may be utilised "WA Junior Football Clubs support smoke free sporting venues for all members and supporters. Please observe the smoke free areas which include change rooms, club rooms, verandas, interchange benches, outdoor seated viewing areas and areas close to where juniors are coached".

#### **PREGNANCY POLICY**

Sports Medicine Australia has developed guidelines entitled "Participation of the Pregnant Athlete in Contact and Collision Sports".

The guidelines are intended to provide recommendations to the pregnant athlete and sporting organisations on safe participation in contact and collision sports during pregnancy.

Summary of the guidelines follows:

Football is classified as an unlimited contact and collision sport;

- Contact or collision is frequent and maybe guite forcible,
- A high risk of falls, blows to the abdomen and contact with a projectile exists,
- In a normal pregnancy, participation can only be recommended during the first trimester.

#### Recommendations:

- Display a copy of the summary of the statement issued by the Medicine and Science for Women in Sport committee of the Australian Sports Medicine Federation on club notice board so that players can make an informed decision about playing,
- Encourage any player that is pregnant to seek the advice of a medical professional,
- Provide a safe environment for all footballers.

#### Insurance and the Pregnant Player

• The pregnant player is provided with the same personal accident policy that is provided for all registered members of the football leagues. However, the player is not covered if the resultant injury is found to be due to the pregnancy. NO cover is provided for the unborn baby.



#### PLAYER ROTATION POLICY - EQUAL OPPORTUNITY

The on-field rotation of players is a policy developed to enhance the participation and skill development of all players in NAB AFL Auskick (5-12 years) through to Youth participants (13-18 years).

The rotation of all players through a variety of positions in a game and season is designed to allow players to experience the skills and roles required in different positions, and to ensure all players are provided with equal opportunity.

The policy states that every player in a team should play at least half a game, and that no player should spend more than half a game in any one position. Further, every player should experience playing on each of the five lines of field position over a three match period.

The Australian Football Match Policy document clearly states that to ensure all players feel an essential part of the team, regardless of their age, size, sex, ability or the competition they are playing in, it is critical they have an equal amount of time on the field during the season. This will keep players in the game and reduce the likelihood of them leaving to pursue other sports. It also satisfies parents expectations that their child will be given a fair go. It is recommended that all coaches keep records of weekly game time of each player to ensure each has had equal time.

Note: players should be rotated through a variety of positions on the field in each line, not straight up and down the "spine" or only on the left or on the right side of the field. Coaches and Team Managers must ensure that this policy is adopted and relates directly to BYLAW #1 – The Spirit of Junior Football.

#### 'PLAY AFL' RECRUITMENT CAMPAIGN GUIDELINES

The FAC will oversee a comprehensive and coordinated recruitment program which may include the following strategies in partnership with each District Council and Clubs.

- Advertisements in the state and local newspapers when possible,
- Community Service Announcement on various media when available,
- School promotional clinics involving AFL and WAFL players through the year,
- Junior and senior club roadside signage (February) approved by local councils,
- A mass 'Open Day' (Registration Day) promotion (February/March),
- Distribution of NAB AFL Auskick posters (February/March),
- Distribution of football registration flyers/pamphlets to every school child (February/March),
- NAB AFL Auskick TV adverts coordinated by AFL (when available),
- Radio adverts when possible,
- Identification of promotional opportunities,
- Creation of a "Rego Pack" for Clubs, Schools and Districts,

Feedback is continually sought from Clubs and Districts on ways in which we can continue to enhance the PLAY AFL Recruitment Campaign strategies. Feedback can be forwarded to the WAFC through your District Competition Director.

#### VILIFICATION POLICY

Vilification to any degree is totally unacceptable at any level of football (including Junior Football) and refers to any person including, but not limited to, players, officials, coaches, members, umpires, spectators, and parents that acts towards or speaks to any other person in a manner, or engages in any other conduct, which threatens, disparages, vilifies or insults another person on any basis, including but not limited to, a person's race, religion, colour, descent or national or ethnic origin, special ability/disability, illness, disease or sexual orientation, preference or identity.

All those involved in Junior Football have the right to be involved in an environment that is free from vilification and/or harassment. The Junior Competition should take an extremely firm stance on eliminating this type of behaviour from the game. The vilification resolution process is:

#### 1. AN ALLEGED INCIDENT

Conduct that threatens, disparages, vilifies or insults another person on any basis, including but not limited to, a person's race, religion, colour, descent or national or ethnic origin, special ability/disability, illness, disease or sexual orientation, preference or identity.



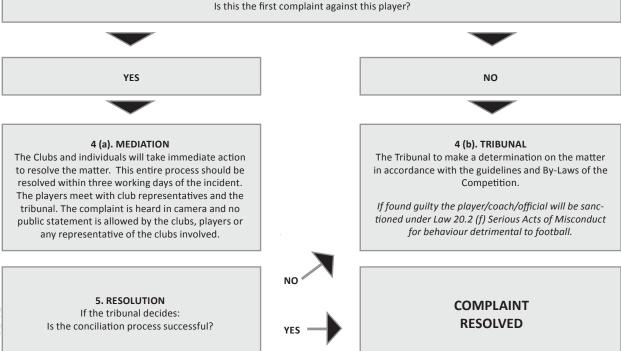
#### 2. CLUB LEVEL RESOLUTION

The clubs and individuals concerned will take immediate action to resolve the matter. This entire process MUST be in camera and no public statement is allowed by the clubs, players, umpires or any representative of the club(s) involved.



#### 3. A COMPLAINT

This can be made by a JCC, DFDC, umpire, a player or a club. It must be lodged with the Junior Competition Council by 5pm on the first working day after the incident.



Any adult that is found to have vilified a person at Junior Football, or has been found to have encouraged others to vilify other people, should receive significant penalties from the Tribunal.

There is absolutely no place for vilification of any nature in Football!

#### PROHIBITED PERSONS DECLARATION FORM (PPD) - POLICY

- 1. The WA Football Commission Football Affairs Committee is committed to providing an environment that is safe for participation in junior football physical activities. The FAC will not tolerate the criminal act of child sexual maltreatment, which occurs when a child (defined as a person under the age of 18 years) has been exposed or subjected to sexual behaviors or acts which are exploitative and/or inappropriate to his or her developmental level. Such behavior involves a wide range of sexual activities which exploit children and includes forcing, tricking, bribing, threatening or pressuring a child into sexual activity.
- 2. The Prohibited Persons Declaration forms conveys a message to all members and prospective members, responsible for junior football activities, particularly those involving members under 18 years of age, about minimizing risk exposure. Managers, coaches, officials, leaders, trainers and management personnel, have a responsibility to provide safeguards dedicated to the well-being of those under the age of 18 years (youth).
- 3. The abuse of youth members, by other members of external source, is not acceptable and FAC encourages all incidents of such abuse as described above to be reported immediately to the appropriate authorities.
- 4. Working with Children Legislation will be adhered to. All volunteers must sign a PPD. For specific details on Child the Prohibited Persons Declaration Forms for junior football please refer to the WAFC website www.wafootball.com.au

#### **WORKING WITH CHILDREN LEGISLATION POLICY**

West Australian Football Commission acknowledges that our staff, members and volunteers provide a valuable contribution to the positive experiences of our juniors. The West Australian Football Commission is committed to ensuring the safety and welfare of its junior participants through the implementation of its Child Protection Policy.

WAFC aims to minimize the risk of harm to children by ensuring clubs adhere to screening procedures when employing people in positions (paid or voluntary) whose usual duties involve, or are likely to involve, contact with children (those under the age of 18 years). Clubs are required to:

 Request all people in these positions obtain a Working with Children check, in accordance with the Working with Children (Criminal Record Checking) Act 2004.

Working with Children Checks

The Working with Children (Criminal Record Checking) Act 2004 was implemented in 2006 and makes it compulsory under legislation for all people in 'child-related' work (paid, volunteers or self employed) to obtain a Working with Children check.

Some exemptions apply such as:

- Parents (see website for a definition of parent) volunteering in a club or certain activity in which their child is also involved or is ordinarily involved (this exemption does not apply to overnight camps)
- Volunteers under 18 year of age
- Employers of children, or adult employees who merely have contact with a minor as a fellow employee in the workplace, unless the job otherwise involves 'child-related' work

Also only people who work more than 5 days per calendar year in 'child-related' work are required to get a check.

The Working with Children Check is a comprehensive criminal record check for certain people working with children in Western Australia.

The Working with Children Check aims to increase the safety of children in our community by helping to prevent people who have a criminal history that indicates they may harm children from working with children.

This is legislation and effects volunteers as well as paid personnel. Please check the website www.checkwwc.wa.gov.au for more information.

- 2. Obtain completed Prohibited Persons Declarations from all persons in 'child-related' work.
- 3. Check a person's referees (verbal or written) and interview a person about his/her suitability for the role and his/her suitability for working with children for both paid and voluntary positions.

For the full WAFC Child Protection Policy please refer to the WAFC Member Protection Policy at www.wafootball.com.au

#### PRIVACY POLICY

All information collected by the WAFC will be kept in a secure location and compliant with the privacy act. The FAC's Privacy Policy Statement for junior football clubs can be found at www.wafootball.com.au

#### **PHOTOS & VIDEO POLICY**

The WAFC recognises the privacy concerns of certain participants and requests that at all times it can be demonstrated that all reasonable efforts have been made to secure the consent of WA Football participants where images may be captured on photo or film prior to these images being taken. Parental permission should be sought for the publishing of any image by any Junior Football Club.

#### RISK MANAGEMENT POLICY

A detailed copy of the WAFC Risk Management Policy for Junior Football Clubs can be found at www.wafootball.com.au

#### INFECTIOUS DISEASES POLICY

Junior football clubs should refer to their district by-laws for regulations covering infectious diseases.

To gain a copy of the recommended Infectious Diseases Policy for junior sporting clubs please refer to The Department of Sport and Recreation website at www.dsr.gov.au

#### **INSURANCE POLICY**

It is recommended that all clubs investigate upgrading the insurance coverage for their teams.

The West Australian Football Commission has negotiated in conjunction with the AFL, an Australian national insurance program with Insurance Brokers Jardine Lloyd Thompson (JLT). The program covers four critical areas of insurance:

Player and Volunteer Personal Accident, Public Liability, Asset protection (theft and/or damage) and Associations (Directors and Officers Liability)

The national scheme covers each junior club from 1<sup>st</sup> November to 31<sup>st</sup> October at the base bronze level for Personal Accident. Upgrades to higher levels and therefore higher returns on claims are available after contacting JLT direct.

PLEASE NOTE: At the start of every year, a club representative needs to register the club for the upcoming season online at the JLT website.

Clubs wishing to contact JLT can do so on 1300 130 373 or via the website www.jltsport.com.au

Junior Clubs should ensure the following:

- Adequate insurance cover is essential for the protection of young players in the event of injury; serious or otherwise.
- It is also becoming increasingly necessary in order to protect clubs, coaches, sports trainers, umpires and administrators against the possibility of legal action as a result of their activities the level of cover over the base bronze level is totally at the discretion of the Club.
- All clubs should seek incorporation under the Association Incorporation Act 1987.
- The levels of your Club's insurance is to be disclosed to your players
- All clubs should accept the responsibility of insuring themselves and their officials and players in at least the following areas:
  - 1. Sports Liability: including Public Liability, First-Aid Treatment Risk, and Coaches Indemnity, to at least \$10 million.
  - 2. Death and Disablement.
  - 3. Non-Medicare Medical Expenses.
  - 4. Income protection is recommended for players in age groups where players have full time employment.

The JLT scheme covers the first 3 at the Bronze level which currently is set at the 50% reimbursement level. It is important to note that it is illegal for any insurance scheme to fully cover a participant at the 100% level.

#### Overview

All clubs are insured at a basic Bronze level coverage and should investigate upgrading their level of cover.

	BRONZE COVER	SILVER COVER	GOLD COVER	PLATINUM COVER
Non-Medicare Medical Costs	50% Reimbursement	75% Reimbursement	90% Reimbursement	90% Reimbursement
(examples include: Ambulance, Physio,	\$2,000 Max. per claim	\$2,500 Max. per claim	\$3,500 Max. per claim	\$7,500 Max. per claim
Dental, Chiro, Private Hospital Accommodation)	\$100 excess per claim	\$75 excess per claim	\$50 excess per claim	\$50 excess per claim
Capital Benefits	\$20,000 for players under 18	\$30,000 for players under 18	\$40,000 for players under 18	\$50,000 for players under 18
Quad / Para Benefit	\$250,000 maximum	\$250,000 maximum	\$250,000 maximum	\$250,000 maximum

This table is to provide a brief overview. For full information regarding coverage and any changes to the policy please visit https://afl.jltsport.com.au/community.aspx

#### **GROUND LIGHTING RECOMMENDATIONS**

The following levels are the recommended Australian Standard (AS2560.2.3-2007) in terms of lighting for football:

- Auskick training and playing minimum lighting standards (intra-club) 50 lux
- Year 3 Auskick Super 8's game minimum lighting standards (fixtured inter-club competition) 100 lux
- Junior and Senior Community training minimum lighting standards 50 lux
- Junior and Senior Community game minimum lighting standards 100 lux
- WAFL game minimum lighting standards 200 lux
- AFL game minimum lighting standards 500 lux

#### **BALL SIZE**

The following ball sizes are to be used in junior football:

•	Auskick (PP- Year 3)	Size 1
•	Year 4 – Year 5	Size 2
•	Year 6 – Year 7	Size 3
•	Year 8 – Year 10	Size 4
•	Year 11 – Year 12	Size 5

#### PROTECTIVE EQUIPMENT POLICY

#### **Mouth Guards**

All players should wear a mouth guard when either, training for or playing football.

#### **Goal Post Padding**

In order to prevent injuries to players, officials and spectators, all fixed goal posts must be padded and PVC or plastic posts replace all portable steel posts.

#### **Protective Head Gear**

A player who desires to wear protective head gear during a match must wear head gear approved in writing by a sports physician or doctor.

Associations should adopt policies to cover:

- (a) Players suffering from any known disabilities or medical conditions; Whereby the player is required to produce a certificate that the player will, in the view of a medical practitioner, receive adequate protection in respect of such potential injury from the protective head gear.
- (b) Players not suffering from any known disabilities or medical conditions; Whereby the parent or guardian is required to submit a certificate to state that a player does not suffer from any known disability or medical conditions which will be affected if injuries are received to the head whilst wearing the protective head gear.

There is no definitive scientific evidence that helmets prevent concussion or other brain injuries in Australian football. There is some evidence that younger players who wear a helmet may change their playing style, and receive more head impacts as a result. Accordingly, helmets are not recommended for the prevention of concussion.

#### SPECTACLES POLICY

Junior footballers who wish to wear spectacles during matches and training sessions should wear spectacles with PLASTIC FRAMES and PLASTIC LENSES. The spectacles must also be held on securely by a band. This will minimize the risk of injury to the player, team mates and opposition players.

#### **CONCUSSION POLICY**

Concussion occurs when, after a blow to the head, there is brain injury with some immediate disturbance of brain function. Any player showing the signs or symptoms of concussion should be removed from the field immediately and referred to a medical practitioner. A player who has suffered concussion with or without loss of consciousness should not participate in any match or training session until he/she is fully recovered and has been cleared by a thorough medical examination.

All players sustaining a concussion require a medical clearance before the resumption of training or playing.

#### **Key Considerations**

- Any player who has suffered a concussion or is suspected of having a concussion must be medically assessed as soon as
  possible after the injury and must not be allowed to return to play in the same game or train in the same practice session. If
  in doubt, sit them out!
- There should be a trained first aider at every game and the principles of first aid should be used when dealing with any player who is unconscious or injured.
- A concussed player must not be allowed to return to school or return to training or playing before having a formal medical clearance.
- The child is not to return to play or sport until they have successfully returned to school/learning, without worsening of symptoms. Symptom assessment in the child often requires the addition of parent and/or teacher input.
- It is reasonable for a child to miss a day or two of school after concussion, but extended absence is uncommon.

For the updated Concussion Management Document please visit: www.wafootball.com.au



# CONCUSSION MANAGEMENT IN AUSTRALIAN FOOTBALL

Concussion refers to a disturbance in brain function that results from trauma to the brain. The changes are temporary and the majority of players recover completely if managed correctly.

#### **Key Components of Concussion Management**

- 1. Recognise the injury
- 2. Remove the player from the game
- 3. Refer the player to a medical doctor for assessment
- 4. Ensure the player has received medical clearance for a graduated return to training

There should be a trained first aider at every game and the principles of first aid, including management of the cervical spine, should be used when dealing with any player who is unconscious or injured.

#### **Recognise Concussion**

#### 1. Visible clues of suspected concussion

Any one or more of the following visual clues can indicate a possible concussion:

Loss of consciousness or responsiveness	Lying motionless on ground / Slow to get up
Dazed, blank or vacant look	Grabbing / Clutching of head
Unsteady on feet / Balance problems or falling over / Incoordination	Confused / Not aware of plays or events

#### 2. Signs and symptoms of suspected concussion

Presence of any one or more of the following signs & symptoms may suggest a concussion:

Loss of consciousness	Headache	Seizure or convulsion	Nervous or anxious
Dizziness	Balance problems	Confusion	Neck Pain
Nausea or vomiting	Feeling slowed down	• Drowsiness	• "Don't feel right"
"Pressure in head"	More emotional	Blurred vision	Sensitivity to noise
Irritability	Sensitivity to light	• Sadness	Difficulty remembering
Amnesia	Fatigue or low energy	Feeling like "in a fog"	Difficulty concentrating

#### **Manage Concussion**

- Any player who has suffered a concussion or is suspected of having a concussion must be IMMEDIATELY REMOVED FROM PLAY and medically assessed as soon as possible after the injury. They must not be allowed to return to play in the same game or practice session.
- ✓ A concussed player must not return to school or return to training or playing before having a formal medical clearance.
- ✓ A concussed child (player aged 5-17) is not to return to play or sport until they have successfully returned to school/ learning, without worsening of symptoms. Symptom assessment in the child often requires the addition of parent and/or teacher input.
- The concussion rehabilitation program should be supervised by the treating medical practitioner and should follow a graded, symptom limited progression.

In the best practice management of concussion in football, the critical element remains the welfare of the player, both in the short and long term.

"IF IN DOUBT, SIT THEM OUT"



AFL Research Board
AFL Medical Officers' Association



#### **Pocket CONCUSSION RECOGNITION TOOL**



To help identify concussion in children, youth and adults











Concussion should be suspected if one or more of the following visible clues, signs, symptoms or errors in memory questions are present.

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Loss of consciousness or responsiveness Lying motionless on ground / Slow to get up Unsteady on feet / Balance problems or falling over / Incoordination Grabbing / Clutching of head Dazed, blank or vacant look Confused / Not aware of plays or events

#### 2. Signs and symptoms of suspected concussion

Presence of any one or more of the following signs & symptoms may suggest a concussion:

- Loss of consciousness
- Dizziness
- Nausea or vomiting · "Pressure in head"
- Amnesia
- Sensitivity to noise
- Headache
- · Balance problems
- Feeling slowed down
- More emotional
- Sensitivity to light
- Fatigue or low energy
- Difficulty remembering
- Seizure or convulsion
- Confusion
- Drowsiness
- · Blurred vision • Sadness
- Feeling like "in a fog" "Don't feel right"
- Difficulty concentrating

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#### 3. Memory function

Failure to answer any of these questions correctly may suggest a concussion.

- "What venue are we at today?"
- "Which half is it now?"
- "Who scored last in this game?"
- "What team did you play last week / game?"
- "Did your team win the last game?"

Any athlete with a suspected concussion should be IMMEDIATELY REMOVED FROM PLAY, and should not be returned to activity until they are assessed medically. Athletes with a suspected concussion should not be left alone and should not drive a motor vehicle.

It is recommended that, in all cases of suspected concussion, the player is referred to a medical professional for diagnosis and guidance as well as return to play decisions, even if the symptoms resolve.

If ANY of the following are reported then the player should be safely and immediately removed from the field. If no qualified medical professional is available, consider transporting by ambulance for urgent medical assessment:

- ► Athlete complains of neck pain
- Increasing confusion or irritability
- ► Repeated vomiting
- ► Seizure or convulsion ► Weakness or tingling / burning in arms or legs
- ► Deteriorating conscious state
- ► Severe or increasing headache
- ► Unusual behaviour change
- ► Double vision

- In all cases, the basic principles of first aid (danger, response, airway, breathing, circulation) should be followed.

  Do not attempt to move the player (other than required for airway support)
- unless trained to do so.

   Do not remove helmet (if present) unless trained to do so.

from McCrory et. al. Consensus Statement on Concussion in Sport, Br J Sports Med 47 (5), 2013

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#### **FOOTBALL TRAINERS POLICY**

The Sports Trainer is the first contact the player has upon injury and the trainers assessment and handling of such situations is vital to the welfare of the individual.

Junior Football bodies should ensure that suitably qualified persons attend regular competition matches. Sports Medicine Australia (SMA) provide an Accreditation Scheme from Level 0 to Level 2 and also run concussion workshops for sports.

All Football Trainers are encouraged to join the WA Football Trainers Association (WAFTA). Membership of WAFTA is free and is available for all trainers within WA irrespective of which level of football the person is involved with and irrespective of the experience of the person.

WAFTA run free education sessions for its members throughout the year and also sends out regular newsletters and can provide career opportunities for those who wish to advance and develop within the trainer's role.

Contact Noel Johnstone C/- PO Box 275 Subiaco WA 6904, President Ph: 0433 955 226, Secretary Ph: 0466 969 279, Email: mail@wafta.org.au. For further information, simply email the WAFTA with your name, club and contact details.

#### **E-POINT**

The establishment of positive Game Day Environments is critical to the ongoing growth and development of Junior Football across Western Australia. In 2006, a number of districts began piloting and implementing game environment initiatives known as E-Points and S-Points, and in 2012, given the success that the model had in improving the environment and shifting the focus away from winning at all costs, all Districts implemented E-Point structures in their competitions.

The E-Point and S-Points are recognised strategies that are having dramatic impact on the environments in Junior Football. In essence, these point variations remove the focus of winning at all cost to guide a healthier understanding of the values of team work, winning and losing with dignity, fairness, equality and respect. The E-Point is targeted at Youth competitions and the S-Point is focused on juniors.

The WAFC DFDC Council of Chairs unanimously indicated that all Districts and Regions must adopt the E-Point Base Model; however through discussion with their district stakeholders can also further develop the base model to suit their specific needs and requirements. Please see the Global By-Laws at the end of this manual for the E-Point Base Model.

#### **UMPIRES HANDSHAKE POLICY**

Coaches are expected to shake the hand of the match day umpires both pre and post game.

This mark of respect will reinforce our commitment to influencing positive game day environments, and stands as an excellent example of behaviour from the Coach to Players and Spectators. Coaches should also shake each other's hand both pre and post match.





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#### **CODES OF CONDUCT**

The major objective of Junior Football is to provide an opportunity for all children to play Australian Football in a safe environment designed to maximise the acquisition of skill and provide enjoyment (Fun). The following Codes of Conduct, if followed by all people involved in our junior game, should ensure the fulfilment of this important objective. The West Australian Football Commission Football Affairs Committee strongly advises that all persons involved be issued with copies of the appropriate code of conduct. WA Football supports acts of sportsmanship (hand shaking etc) between players, coaches, administrators, umpires etc.

#### **RED FLAG – Game Environment Filter**

Protecting and enhancing our Game Environment will always be a strategic focus for Football. In 2014 we will see the ongoing enhancement of a Game Environment Filter, **RED FLAG**. This will assist in monitoring all football segments, and the standard of the environment and the spirit in which they are played. To this end an online filter has been developed whereby key football stakeholders are able to identify and bring to the attention of governing bodies any undesirable behaviours and actions that may breach any of the Codes of Conduct or By-Law 1 "The Spirit of Junior Football".

The Red Flag notification is completed online with confidentiality assured within the process. Issues that are flagged that require official intervention will be overseen by the WAFC Manager Community Development in consultation with the specific League Officials and WAFC District/Regional Staff. The Red Flag filter will apply to everyone involved in Football from coaches, spectators, and players to volunteers and Club Administrators.

Club Presidents, District Officials, Umpires and WAFC Game Development Staff will have authority to access the filter via a special password and link. Please contact the WAFC Manager Junior Football Troy Kirkham to secure your access.

#### ADMINISTRATOR'S AND VOLUNTEERS CODE OF CONDUCT

- Understand and adhere to BYLAW #1 'The Spirit of Junior Football'.
- Ensure that equal opportunities for participation in sports are made available to all children, regardless of ability, size, shape, gender, age, disability or ethnic origin.
- Actively promote Positive Game Day Environments with Junior Football and the importance of E-Point structures to the game.
- Ensure that rules, equipment, length of games and training schedules take into consideration the age, ability and maturity level of participating children.
- Ensure that adequate supervision is provided by qualified and competent coaches and officials capable of developing appropriate sports behaviour and skill technique.
- Remember that children participate for enjoyment and play down the importance of rewards.
- Provide clinics aimed at improving the standards of coaching and officiating, with an emphasis on appropriate behaviour and skill technique.
- Ensure that parents, coaches, sponsors, trainers and participants understand their responsibilities regarding fair play.
- Modify rules and regulations to match the skill level of children and their needs.
- Condemn unsporting behaviour and promote respect for all opponents.
- · Publicly encourage rule changes which will reinforce the principles of participation for fun and enjoyment.
- Ensure that your behaviour is consistent with the principles of good sporting behaviour.
- Make a personal commitment to keep yourself informed of sound officiating principles and the principles of growth and development of children.
- Ensure promotion, well-being and safety of umpires and encourage good sportsmanship before, during and after matches.
- Ensure positive player/umpire relationships are continually developed.

#### COACHES CODE OF CONDUCT

It is imperative that coaches understand and adhere to BYLAW #1 'The Spirit of Junior Football'.

As a coach, I understand that as an integral component of my accreditation, I must maintain a standard of behaviour and conduct in the best interests of the game and the players/staff in my care.

In representing myself in an honest manner, and without bringing the coaching profession or the Game into disrepute, I will endeavour to uphold the following to the best of my ability:

- 1. I will respect the rights, dignity and worth of all individuals within the context of my involvement in Australian Football, including refraining from any discriminatory practices on the basis of race, religion, ethnic background, or special ability/disability.
- 2. I will abide by and teach the AFL Laws of the Game and the Rules of my Club, District and League/Association.
- 3. I will be reasonable in the demands I make on the time commitments of the players in my care, having due consideration for their health and well-being.
- 4. I will be supportive at all times and I will refrain from any form of personal abuse or unnecessary physical contact with the players in my care.
- 5. I will have due consideration for varying maturity and ability levels of my players when designing practice schedule, practice activities and involvement in competition.
- 6. I will avoid overplaying the talented players aiming to maximise participation and enjoyment for all players regardless of ability. Where I am responsible for players in the 5-18 year old age group, I will strive to ensure that all players gain equal playing time.
- 7. I will stress and monitor safety always.
- 8. In recognising the significance of injury and sickness, I will seek and follow the physician's advice concerning the return of injured or ill players to training.
- 9. I will endeavour to keep informed regarding sound principles of coaching and skill development, and of factors relating to the welfare of my players.
- 10. I will at all times display and teach appropriate sporting behaviour, ensuring that players understand and practise fair play.
- 11. I will display and foster respect for umpires, opponents, coaches, administrators, other officials, parents and spectators.
- 12. I will ensure that players are involved in a positive environment where skill learning and development are priorities and are not overshadowed by a desire to win.
- 13. I reject the use of performance enhancing substances in sport and will abide by the guidelines set forth in the AFL Drug Policy.

Note: This "Coaches Code of Conduct" is to be signed and conformed to as part of the accreditation requirements of the AFL. Coaches should be aware that, in addition to this Code, they may be obliged to sign a further Code of Conduct/Ethnics with their Club and/or League or State Sports Association (WAFC).





#### PARENT'S & SPECTATOR'S CODE OF CONDUCT

- Understand and adhere to BYLAW #1 'The Spirit of Junior Football'.
- Encourage children to participate, if they are interested.
- Encourage children to always participate according to the rules.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best from example. Applaud good plays by all teams.
- If you disagree with an official, raise the issue through the appropriate channels rather than questioning the official's judgment and honesty in public.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Recognize the value and importance of volunteer coaches, managers and helpers
- Remember that children play organized sports for fun. They are not playing for the entertainment of spectators only, nor are they miniature professionals.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
- Encourage players to follow the rules and the umpire's decisions.
- Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches, umpires or volunteers.

#### PLAYER'S CODE OF CONDUCT

- Understand and adhere to BYLAW #1 'The Spirit of Junior Football'.
- Play by the rules.
- Never argue with an official. If you disagree, discuss the matter with your coach or teacher after the game.
- Control your temper. Verbal abuse of officials or other players, or provoking an opponent is not acceptable.
- · Work equally hard for yourself and for your team. Your team's performance will benefit so will you
- Be a good sport. Applaud all good plays whether they are by your team, opponent or the other team.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- Cooperate with your coach, team mates and opponents. Without them there would no competition.
- Play for the "fun of it" and not just to please parents and coaches.
- Avoid using derogatory language.
- Be prepared to take responsibility for your actions.

#### RUNNER'S/WATER STEWARDS CODE OF CONDUCT

- Understand and adhere to BYLAW #1 'The Spirit of Junior Football'.
- The runner SHOULD BE A MATURE PERSON.
- The runner must be clearly identified.
- The runner's name must be entered in both team books.
- No abusive language or swearing.
- Support the decision of the umpires at all times and never question decisions.

#### **UMPIRE'S CODE OF CONDUCT**

- Understand and adhere to BYLAW #1 'The Spirit of Junior Football'.
- Modify rules and regulations to match the skill level of children and their needs.
- Compliment all participants on their efforts.
- Be consistent, objective and courteous in calling all infractions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Ensure that the "spirit of the game" for children is not lost by using common sense and not over emphasizing errors.
- Publicly encourage rule changes which will reinforce the principles of participation for fun and enjoyment.
- Ensure that your behaviour is consistent with the principles of good sporting behaviour. Actions speak louder than words.
- Make a personal commitment to keep yourself informed of sound officiating principles and the principles of growth and development of children.
- Avoid use of derogatory language based on gender.



#### AFL KIDS FIRST

Today's parents have an important role in the delivery and support of sporting activities for their own and other children. With it comes a clear responsibility to act in a constructive and encouraging manner at all times, parents must at all times work with coaches to uphold and adhere to **BYLAW #1 'The Spirit of Junior Football'**.

Barracking and wanting your child to perform well is human nature, but it is critical that this should be done in a responsible manner avoiding the ugly parent syndrome at all times.

The AFL Kids First is a program that has been designed for leagues and associations to guide parents so that both they and their children obtain the maximum benefit and enjoyment from their participation in junior programs and matches.

AFL Kids First includes recommendations for leagues, associations and their clubs to manage situations where parents become over-enthusiastic and risk having a negative impact on their children's activities.

The basic principles of AFL Kids First are to remind parents that:

- Sport for children is a vital part of their growing up.
- Children like to win, but more importantly, they want to have fun.
- Parents need to set the right example at the sports ground, not just at home.
- Parents should be proud of their child's efforts irrespective of the result.
- Sport is important to children's self-esteem.

The AFL has produced an operational manual for leagues, associations and clubs to drive these principles, and to remind parents of the vital responsibilities and to outline appropriate procedures in the event problems arise.

The manual outlines the program's objectives, presents the code of conduct appropriate to all parents, describes the education process for junior leagues and associations, and the conduct of an information session, the appointment of a coordinator to manage process, and the role and duties of the coordinator, parents, and administrators.

The continued growth and health of the game depends on junior programs and matches being conducted in a positive, encouraging and fun environment. AFL Kids First provides guidance for achieving this objective.

## FOOTBALL CLUBS MEDICAL OR OPERATIONAL EMERGENCY ACTION PLAN

In the event of an emergency the following procedures should be followed for proper protocol.

#### REMEMBER THE WELL BEING OF THE PLAYER HAS FIRST PRIORITY

Activate the Emergency Action Plan;

- 1. If a player is injured, the "assigned person" should immediately attend the injured player and determine the seriousness of the injury. Adopt the Stop, Talk, Observe, Prevent Further Injuries regime.
- 2. If the assigned person considers the injury to be serious, stop the game immediately. If it is necessary to hold-up or abandon the game whilst the player is being attended to, then this action will be fully supported by the Club, DFDC and WA Football Commission.
- 3. If at any time a player is injured and is unconscious or has limited movement he/she should not be moved onto a stretcher, unless under the direction of someone who has **sound knowledge** of first aid.
- 4. Medical advice received by the Club is "If a person cannot get onto the stretcher unaided they should not be moved, except by qualified personnel".
- 5. Commence appropriate first aid as quickly as possible after the accident or injury has occurred. Try to remain calm and think your actions through.
- 6. Make sure that one person is in control of the situation: i.e. the assigned person or coach, first aid person, to avoid any confusion with procedures and / or control bystanders.
- 7. Contact the ambulance service (dial 000) and inform them of the situation.
- 8. What to tell the ambulance personnel:
  - Address of the oval, nearest entrance or other relevant information.
  - The type and seriousness of injury and whether the player is conscious or unconscious.
  - Where to gain admittance, eg south side of Clubrooms at (club insert details) Oval.
- 9. Ensure the "assigned person" stays with the injured player until the ambulance arrives and takes control of the situation.
- 10. Make sure someone is assigned to wait in front of the main entrance of the Clubrooms or oval to meet the ambulance (you may have to unlock the chain so the ambulance can get onto the oval). Assigned person should know where key is kept.
- 11. Ensure the impact area is cleared for easy access for the ambulance personnel.
- 12. The assigned person should gather eyewitnesses in a central location (statements may need to be taken at the end of the match depending on the nature and seriousness of the injury).
- 13. Provide any additional assistance as required e.g. notifying parents, collecting personal belongings etc.

#### **ACCIDENT / INJURY REPORTING**

The last step following a serious injury or incident is documentation. An accident / injury report must be filled out for risk management and liability purposes.

- 1. The "assigned person" attending the injured player is to complete the accident / injury report form and hand it to the Club Secretary on the day of the injury.
- 2. Parents should refer to the insurance policy for details on making an insurance or medical claim.
- 3. The reports will be kept by the Club and reviewed by the Committee on a regular basis for risk management and liability purposes.
- 4. Copies of the reports are to be forwarded to the DFDC by the Club (use information sheet until report forms have been developed.

## FOOTBALL DISTRICTS MEDICAL OR OPERATIONAL EMERGENCY ACTION PLAN

In the event of an emergency or serious incident the following procedures should be followed for proper protocol.

#### REMEMBER THE WELL BEING OF THE PARTICIPANT HAS FIRST PRIORITY

Activate the District Emergency Action Plan;

- 1. Identify what has happened? Make as many notes as possible.
- 2. Is this a medical or operational emergency?

#### **MEDICAL**

- a) Is anyone injured?
  - I. If yes has medical assistance been arranged?
  - II. If not arrange medical attendance by calling 000
- b) Where is the person now?
- c) Is anyone else involved?
- d) Who is managing the incident?
  - III. Do they require support?
  - IV. Can you or designated person attend the incident?
  - V. Has the incident Manager contacted relevant persons eg Police, Medical, Parent, Partner, Other, etc
- e) Notify your next level of District Management as soon as practical.
- f) Inform an appropriate Manager at the WAFC of major incidents.
- g) Monitor the circumstances, and brief others where necessary.
- h) Conduct a review of incident including reaction and follow up process.

#### **OPERATIONAL**

- a) If any injuries follow the Medical emergency action plans as well.
- b) What has happened? Make as many notes as possible.
- c) Who has been involved?
- d) Where are they from?
- e) Who is managing the incident?
- f) Do they require additional support?
- g) Can you or a designated person attend?
- h) If required to make any on the scene decisions can you consult with any other officials.
  - Make sure your actions do not bring the game of football into disrepute
- i) Has the incident Manager contacted relevant persons?
  - District Officials, Police, Medical, Parent, Partner, Local Govt or Other
- j) Notify your next level of District Management as soon as practical.
- k) Inform an appropriate Manager at the WAFC of major incidents.
- I) Monitor the circumstances, and brief others where necessary.
- m) Conduct a review of incident including reaction and follow up process.

#### **BOTH**

- a) If contacted by any outside agency, e.g. Media or public make no comment what so ever without consultative permission from the District Chairman and WAFC representative.
- b) If uncertain of any part of this process and you cannot contact a District Management official, refer to WAFC contact list (in club manual) and contact a WAFC official for advice and support.

#### FIRST AID BASICS

The following basic steps outline a First Aid Protocol;

- **D** Danger (Check for any danger to yourself, others or the patient)
- **R** Response (Check the patient for any signs of a response)
- **S** Send for Help (send someone for help or to call 000)
- A Airway (Check clear the airway)
- **B** Breathing (Check the patient for breathing)
- C CPR (Begin CPR)
- **D** Defibrillation (utilise a defibrillation machine if you have one)



Please note that First Aid personnel should wear a bib that contains a green cross (and not a red cross) – see example. The red cross emblem is the universal emblem of protection in armed conflict, its use is restricted under international humanitarian law and specifically by Australian law – Section 15 of the *Geneva Conventions Act 1957* (Cth).

#### COACHING

The coach has significantly more influence upon players than any other official person connected with football.

It is critical that they are professionally educated in the best techniques and instilled with correct principles.

All persons placed in charge of junior footballers must have successfully completed an age appropriate AFL approved coaches course or be working towards completing the course by June 30 of the current season. If not, **they are not permitted to coach in Western Australia**.

Please visit www.wafootball.com.au to download the most recent listing of coaching resources

#### **COACH ACCREDITATION**

#### **LEVEL I**

The Level One Course is designed to give coaches at club level a basic understanding of coaching methods.

- A large part of the course is concerned with skill teaching, practical drills and the role of the coach.
- The course is conducted in NAB AFL Auskick (Years PP-3) NAB AFL (Junior Year 4-7), Youth (Year 812) or seniors (18+) playing groupings.

Competency Based Assessments;

• At the conclusion of this Course, the coach will be able to plan, prepare and conduct a training session in a safe and appropriate environment.

Coaches of female footballers and female coaches can now access Level 1 courses which provide 3 modules specifically addressing female characteristics and considerations unique to developing skills in female footballers.

NAB AFL Auskick and NAB AFL Junior Coaches can complete the online component, if required through your district, at http://aflonlinejuniorcoachingcourse.com.au/

Should you require any information regarding this course contact your District Manager or Development Officer.

#### **LEVEL I**

This course is designed to give the committed coach a broad background in the sports sciences and a higher level of knowledge in football coaching.

- The course will introduce the coach to the latest trends and developments in coaching.
- Youth coaches are encouraged to complete this level.

Any enquiries can be directed to the Manager Coaching Glenn Morley on (08) 9381 5599.

#### **LEVEL III**

This is the highest qualification currently available to football coaches.

Level Three coaches must have extensive coaching experience and a high standard of knowledge in the sport.

Enrolment and enquiries can be directed to the Manager Coaching Glenn Morley on (08) 9381 5599.

#### **REACCREDITATION / UPDATING**

Coaches are required to maintain behaviours in accordance with the code of conduct at all times and to keep up to date with recent developments in coaching. Accreditation automatically expires after four years.

To retain Level One Accreditation a coach must:

- Achieve Level Two within four years
- Coach for complete seasons within each of the four years, and
- Be a member of the Australian Football Coaches Association (AFCA) in each of the four years.

The WAFC will notify all expiring coaches via email and provide links to the re-accreditation forms. Reaccreditations are not automatically given and WAFC Staff will determine I the candidate is suitable for reaccreditation.

#### **AUSTRALIAN FOOTBALL COACHES ASSOCIATION (AFCA)**

Part of AFCA's ongoing commitment to WA coaching is to ensure that every level 1 coach is given appropriate feedback and supported in their first year of coaching. District Coaching Coordinators will endeavor to meet each newly appoint level 1 coach in their first year of community coaching. Please consult with your district staff for more information on the process.

Coordinated by WAFC Game Development Team, the AFCA Coach Academy is a series of monthly seminars which utilize a range of presenters to deliver interactive and informative coach education sessions. These sessions are again communicated to district coaches via their Development Officers, and through the Coaches Edge newsletter.

AFCA hosts an Excellence in Coaching Awards Night to present each football coach who have shown excellence and measurable achievements through quality coaching techniques over the past season(s).

From these nominations the "JJ Leonard Medal" for Coach of the Year, "Ken Armstrong Community Coach" of the Year and the "Greg Brehaut Memorial Scholarship" will be selected. These awards are presented in recognition of three stalwarts of our national game in Western Australia.

This year "Coach of the Year" awards will also be awarded in the following categories;

- · Auskick,
- · Modified Rules,
- · Youth,
- · Senior Community
- · Female.

All nominations/applications must be submitted through the appropriate nomination form.

#### **COACH EDUCATION IN YOUR DISTRICT**

Whilst the accreditation aspect of being a coach in our great game is an integral component of coach education, there are other ongoing opportunities for aspiring coaches to develop their understanding of our game.

By making contact with their respective District Development staff, coaches will be able to tap into a range of coach seminars, coach mentoring and other coach development opportunities that will enhance their coaching knowledge.

#### COACHING RESOURCES

The WAFC has a wide range of coaching resources to cover any coach's needs. Samples of some of the resources are below. For a complete listing and a resource order form, visit the WAFC website www.wafootball.com.au/coaching/resources

Alternatively go to the AFL National Community Coaching website www.aflcommunityclub.com.au



#### AFL Coaching for the Future: DVD by Rob Wiley \$25

A total package that can help set up an effective training session /program. This DVD not only has a wide range of skills and drills but concentrates on kicking technique, tackling technique and core stability exercises.



#### Style of Play: DVD by Rob Wiley -\$15

Rob challenges our understanding of the key elements of modern football, including; Forward entries, Stoppages, Defensive strategies, Kick-ins and zones, Switches and Style of play.



#### Les Fabre Physical Presence DVD 2009 Edition - \$25

Football with a fun, safe and physical presence focus.

This DVD is designed by Les Fabre for coaches of Auskick, Junior, and Youth Football teams and also provides valuable guidelines for coaches at the senior level. For more information go to www.drfabre.com.au



### Game-Day Coaching: DVD by Neale Daniher - \$15

Neale Daniher looks at four areas of Game-day Coaching including mid-week preparation, pre game, game on and post game.



#### Skills of Australian Football – Tips from the stars of the AFL - \$25

Skills of Australian Football analyses the skills of the game one by one as the stars show how it is done and explain how they made it to the top. These are gifted athletes but their breathtaking skill hasn't happened by accident – this is the result of years of toil and sweat on the training track. Some of the best in the business strut their stuff including Gary Ablett, Matthew Richardson, Jonathan Brown, Cameron Ling, Dean Cox, Brent Harvey, Lenny Hayes and many others.

# **WA COACHES - DEREGISTRATION PROCEDURES**

Deregistration means the withdrawal of AFL Coach Accreditation for a set time (suspension) or permanently.

Under the WA policy of mandatory accreditation for coaches, deregistration will mean a person who has their accreditation suspended or withdrawn will not be able to engage in coaching activities in any affiliated organization during that time (Australia Wide).

Coaches who are sanctioned under this policy may also be subject to the disciplinary rules and processes of the Australian football organisations in which they are actively involved, including referral to the League tribunal or other properly constituted disciplinary mechanisms.

In accordance with the spirit of the Code of Conduct, a three-stage citation process, in line with accompanying flow chart, is recommended by the AFL for dealing with breaches of the AFL Coaches' Code of Conduct.

The operation of the process will be administered by the WAFC State Coaching Manager who retains discretionary powers to convene a Deregistration Panel, at any citation level.

	Stage 1 Club Consultation	Stage 2 Mentoring	Stage 3 Disciplinary
Monitoring	<ul> <li>MONITORING PROCESS</li> <li>League Official</li> <li>Umpire (if not reportable offence)</li> <li>Red Flag Delegates</li> </ul>	<ul> <li>MONITORING PROCESS</li> <li>Random monitoring by Governing Body or appointed persons.</li> <li>WAFC Staff/Approved Coach Coordinator to observe all coaches issued with level 1 citation.</li> </ul>	<ul> <li>MONITORING PROCESS</li> <li>Random monitoring by Governing Body or appointed persons.</li> <li>Development Officer/ Coach coordinator to observe all coaches issued with level 2 citation.</li> </ul>
Coaches Code of Cond	luct Breached		
Procedure	<ul> <li>1.1 Coach issued with a Code of Conduct Citation 1.</li> <li>1.2 Breach to be outlined in accordance with Coaches Code of Conduct</li> <li>1.3 Coach to meet with Club Management Committee</li> <li>1.4 Coach to undertake remedial training as required</li> </ul>	<ul> <li>2.1 Coach issued with a Code of Conduct Citation 2</li> <li>2.2 As per 1.2</li> <li>2.3 Coach must attend a panel meeting to discuss coaching practices</li> <li>2.4 WAFC Manager: Coaching, to issue notification of ramifications of a further breach to a coach.</li> <li>2.5 Development Officer / Coach Coordinator to counsel and assist with strategy to coach delivery and behaviour.</li> <li>2.6 Coach to undertake remedial training as required</li> </ul>	<ul> <li>3.1 Coach issued with a Code of Conduct Citation 3.</li> <li>3.2 As per 1.2</li> <li>3.3 Coach's record to be presented to State Coaching Manager</li> <li>3.4 Coach to be de-registered from National Coaching Accreditation Scheme (NCAS)</li> </ul>
Action Responsibility	<ul> <li>WAFC State Coaching         Manager to issue citation         notice</li> <li>Club to counsel coach</li> <li>Club to reply in writing to         State Coaching manager         and Governing Body         longer than 1 week after         meeting, outlining action         and/or approach adopted.</li> </ul>	<ul> <li>WAFC State Coaching manager to issue citation notice</li> <li>Game Development Staff /Coach coordinator or appointed Level 3 Coach to facilitate implementation of strategies to modify behaviour.</li> </ul>	<ul> <li>WAFC State Coaching         Manager to issue         citation notice</li> <li>WAFC State Coaching         Manager: Coaching to         administer appropriate         penalty</li> <li>National Coaching         Development Manager         advised.</li> </ul>

Note – District tribunals can suspend coaches PRIOR to Deregistration

# **SWISSE QUALITY CLUB PROGRAM**



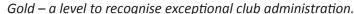


Congratulations to the clubs who are currently involved in the Swisse Quality Club Program, at either the Bronze Silver or Gold. We also have over 60% of all WA football Clubs engaged at the initial stage through the online assessment, with 30% of clubs accredited.

#### The Question for the 2015 season will remain - What level is your club??

The concept of the Swisse Quality Club Program is to provide an opportunity for all community football clubs in WA to achieve a minimum standard of club administration and to recognise and reward clubs for achieving the base standard through to standards of excellence.

Through the Swisse Quality Club program, clubs will have the opportunity to achieve the following levels:







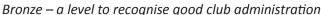
CLUB	DISTRICT	LEVEL
Marist JFC	Claremont	Gold
Wembley Downs JFC	Claremont	Gold
East Fremantle	East Fremantle	Gold
Subiaco	Subiaco	Gold
North Mandurah JFC	Peel	Gold
Maddington JFC	Perth	Gold
South Perth JFC	Perth	Gold
Thornlie JFC	Perth	Gold
Lakes JFC	South Fremantle	Gold
North Fremantle	Claremont	Gold
South Fremantle	South Fremantle	Gold
Tigers Football & Sporting Club	South West	Gold
Mundaring Football Club	Swan Districts	Gold
Chittering JFC	Swan Districts	Gold
Upper Swan JFC	Swan Districts	Gold
Swan Districts	Swan Districts	Gold
Quinns District	West Perth	Gold
West Perth	West Perth	Gold
Warwick Greenwood JFC	West Perth	Gold





Silver - a level to recognise excellent club administration.

CLUB	DISTRICT	LEVEL
Manning Rippers FC	Perth	Silver
Trinity Aquinas Amateur FC	Perth	Silver
Fremantle City Dockers JFC	South Fremantle	Silver
Joondalup Kinross JFC	West Perth	Silver







Bronze – a level to recognise good club administration.			
CLUB	DISTRICT	LEVEL	
Claremont JFC	Claremont	Bronze	
Cottesloe JFC	Claremont	Bronze	
Mosman Park JFC	Claremont	Bronze	
Subiaco JFC	Claremont	Bronze	
Swanbourne JFC	Claremont	Bronze	
Wembley JFC	Claremont	Bronze	
West Coast JFC	Claremont	Bronze	
Claremont	Claremont	Bronze	
Applecross JFC	East Fremantle	Bronze	
Attadale JFC	East Fremantle	Bronze	
Bullcreek Leeming JFC	East Fremantle	Bronze	
Canning Vale	East Fremantle	Bronze	
East Fremantle	East Fremantle	Bronze	
East Fremantle	East Fremantle	Bronze	
Forrestdale JFC	East Fremantle	Bronze	
Melville JFC	East Fremantle	Bronze	
Palmyra JFC	East Fremantle	Bronze	
Riverton JFC	East Fremantle	Bronze	
Rossmoyne JFC	East Fremantle	Bronze	
Rostrata JFC	East Fremantle	Bronze	
Willetton	East Fremantle	Bronze	
Willetton JFC	East Fremantle	Bronze	

Bronze – a level to recognise good club administration.





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CLUB	DISTRICT	LEVEL
Winnacott JFC	East Fremantle	Bronze
Ballajura JFC	East Perth	Bronze
Coolbinia Bombers JFC	East Perth	Bronze
Ellenbrook Dockers JFC	East Perth	Bronze
Mount Hawthorn Cardinals JFC	East Perth	Bronze
Mt Lawley Inglewood JFC	East Perth	Bronze
Noranda JFC	East Perth	Bronze
Bayswater	East Perth	Bronze
Beechboro	East Perth	Bronze
Mt Lawley	East Perth	Bronze
Noranda Kambalda FC	East Perth Goldfields	Bronze
Railways FC	Goldfields	Bronze Bronze
North Albany FC	Great Southern	Bronze
Railways FC	Great Southern	Bronze
Gingin	Midlands	Bronze
Brigades FC	Midwest	Bronze
Chapman Valley FC	Midwest	Bronze
Rover FC	Midwest	Bronze
Baldivis FC	Peel	Bronze
Mandurah Centrals JFC	Peel	Bronze
Secret Harbour Dockers FC	Peel	Bronze
South Mandurah JFC	Peel	Bronze
Waroona JFC	Peel	Bronze
Warnbro Swans	Peel	Bronze
Thunderbirds	Peel	Bronze
Belmont JFC	Perth	Bronze
Gosnells	Perth	Bronze
Huntingdale JFC	Perth	Bronze
Kenwick JFC	Perth	Bronze
Lynwood Ferndale JFC	Perth	Bronze
Manning JFC	Perth	Bronze
Redcliffe JFC	Perth	Bronze
Victoria Park	Perth	Bronze
Victoria Park JFC	Perth	Bronze
Centrals Football & Sporting Club	Pilbara Pilbara	Bronze
Tigers Football & Sporting Club Bibra Lake JFC	South Fremantle	Bronze Bronze
Jandakot Jets JFC	South Fremantle	Bronze
Kwinana JKFC	South Fremantle	Bronze
Cobras	South Fremantle	Bronze
Cockburn Lakes	South Fremantle	Bronze
Fremantle C.B.C.	South Fremantle	Bronze
South Bunbury	South West	Bronze
Balga JFC	Subiaco	Bronze
Carine JFC	Subiaco	Bronze
Karrinyup JFC	Subiaco	Bronze
Kingsley JFC	Subiaco	Bronze
Kingsway JFC	Subiaco	Bronze
Sorrento Duncraig JFC	Subiaco	Bronze
Osborne Park	Subiaco	Bronze
Coastal Titans	Subiaco	Bronze
Pickering Brook FC	Swan Districts	Bronze
Chidlow JFC	Swan Districts	Bronze
Darlington Parkerville JFC Eastern Hills JFC	Swan Districts	Bronze
Forrestfield JFC	Swan Districts Swan Districts	Bronze
La Salle College	Swan Districts	Bronze Bronze
Mazenod JFC	Swan Districts	Bronze
Midvale JFC	Swan Districts	Bronze
Mt Helena JFC	Swan Districts	Bronze
Mundaring JFC	Swan Districts	Bronze
Parkerville JFC	Swan Districts	Bronze
Swan View JFC	Swan Districts	Bronze
High Wycombe	Swan Districts	Bronze
Wanneroo	West Perth	Bronze
Joondalup	West Perth	Bronze
Edgewater Woodvale JFC	West Perth	Bronze
Ocean Ridge JFC	West Perth	Bronze
Quinns District JFC	West Perth	Bronze
Wanneroo JFC	West Perth	Bronze
Whitford JFC	West Perth	Bronze
Yanchep JFC	West Perth	Bronze
Brighton JFC	West Perth	Bronze
Narrogin Hawks	Wheatbelt	Bronze



#### **BENEFITS TO CLUBS**

Creating a quality environment will be of enormous benefit to your football club as a whole and all of your members. Some of the benefits of being involved with this program include:

Providing an atmosphere that will help to attract new participants, officials and members (& retain those you already have);

- Providing an environment that will be attractive to sponsors and help your club promote itself amongst the community and particularly to your local Council;
- Minimising many risks associated with running a sporting club;
- Creating a best practice guide for your current Committee and all future Committees
- Participating in a sport that can continue to promote itself as a leading sport where quality is valued highly.
- Additional Resources for Clubs that obtain Silver and Gold levels of accreditation.

Ultimately, the benefit of being involved in this program is to create a better club!

#### **HOW TO GET INVOLVED**

Your first step to getting involved in the Swisse Quality Club Program is to complete the online Quality Club Assessment, or contact your local District Manager / Regional Manager who will provide your club with a Swisse Quality Club Program Booklet. You can also download the Swisse Quality Club Program Booklet and take the online Swisse Quality Club Program Assessment at www. wafootball.com.au

#### SWISSE QUALITY CLUB PROGRAM SUPPORT

To assist clubs work their way through each level of the Swisse Quality Club program we have a resources library in the Clubs sections of the WAFC website www.wafootball.com.au

Within the Clubs section you will find useful information relating specifically to each of the criteria in the Swisse Quality Club Program.

You will also find great resources relating to all aspects of club management, including policy templates, sample position descriptions for volunteers, useful fact sheets on liquor licensing regulations and prohibited persons screening.

There is also a specific grants section, which lists all the current grants that football clubs are eligible to apply for, and has hints and tips to help with your grant application.

## SWISSE QUALITY CLUB PROGRAM CRITERIA CHECKLIST

<b>BRONZE</b> Quality Assurance Check	<b>SILVER</b> Outstanding internal policies	<b>GOLD</b> Community Approach
PEOPLE		
Accredited Coaches	<ul> <li>Undertake 2 modules of Club Admin training – ie attend Dinners or DSR / CDO workshops</li> </ul>	<ul> <li>Undertake 4 modules of Club Admin training – ie attend Dinners or DSR / CDO workshops</li> </ul>
Accredited Trainers     (League Standards)	<ul> <li>Football Manager (Senior Club)</li> <li>Coach Coordinator (Junior Club)</li> </ul>	A Level 2 coach within the club
Compliant with     WWC Legislation	Volunteers Coordinator	
<ul> <li>Accredited Bar Staff (if applicable)</li> </ul>	Risk Management Officer	
POLICIES		
Meet food handling regulations	Risk Management Policy	Players assistance program (non- football)
Meet Liquor Licence     Requirements (if applicable)	Developed a Strategic Plan	Disability Action Plan
Smokefree Policy	Support for umpire respect and recruitment	<ul> <li>Financial result in-line with Budget</li> </ul>
<ul> <li>Meet District/League Umpire Support Strategies</li> </ul>	<ul> <li>Player education – "taking the tackle"</li> </ul>	Community Involvement Event
Approved Club Budget	Website, newsletter and email	
Club Code of Conduct	Produce an Annual report	
Match Day Checklists	<ul> <li>Nomination for the Sunday Times Football Volunteer of the Year Award</li> </ul>	
AFL Respect and Responsibility		
<ul> <li>Vilification and Discrimination Policy</li> </ul>		
Club must be incorporated		



### THE COMMUNITY MULTICULTURAL PROGRAM

The West Australian Football Commission in partnership with the Department of Sport & Recreation have committed to the Multicultural Program (MP) to facilitate the future growth and sustainability of our game.

The MP assists new and emerging communities integrate into the wider community by using Australian Rules football as a vehicle for social inclusion. The program improves access to a traditional structured sport which involves not only the children through participation but also embraces other family members through coaching, sports training, umpiring & volunteer roles.

The WAFC recognizes that Australian Rules Football has the capacity to bring people together from culturally and linguistically diverse (CaLD) backgrounds in a traditional sport engrained in Australian culture. The program is building strong relationships through consultation with many diverse communities to develop strategies to encourage participation.

The program also provides consultation services to local football clubs to assist with the integration of players from new and emerging communities. These services include cultural awareness workshops and community engagement sessions.

A variety of events will be conducted to engage juniors and youth to join local football clubs including; Multicultural Carnivals, Transition Club programs and Multicultural Camps.

For further information on how your club can become more inclusive visit the following websites:

Department of Sport and Recreation: www.dsr.wa.gov.au

Department of Multicultural Interests: www.omi.wa.gov.au

For further information on how your club can get involved in the program contact the Community Engagement Manager as per the contacts list towards the front of the Junior Club Manual.

# WAFL LITTLE LEAGUE - proudly sponsored by Movie Masters

The WAFL Little League competition is conducted at half time of all WAFL matches (primarily to promote and enhance the affinity with WAFL Clubs).

It is primarily designed for 11 and 12 year old age group; however each individual district may differ slightly in its approach in regard to the allocation of teams. The teams will be selected from clubs or schools within the District metropolitan and Regional country boundaries and play in respective WAFL club colours.

The rules will be as per NAB AFL Junior Rules (as outlined in this document NAB AFL Junior Rules for the Year 6 & Year 7 Year groups).

The Little League competition is a WAFL competition, which is organised and overseen by the respective District Development Staff and each WAFL Club Little League Team Managers (approved and appointed by the WAFC). The competition will run for the duration of the WAFL season (including WAFL finals).

The WAFC recommends that all players through Junior Football should be encouraged and be given the opportunity to participate in WAFL Little League.

### NAB AFL AUSKICK - AFL GRID GAMES

During half time of every AFL game at Patersons Stadium, the AFL has allocated NAB AFL Auskick centres the opportunity to participate in Grid Games on the oval. This fantastic opportunity, proudly supported by the NAB, gives Auskick kids the opportunity to play football on the 'big stage', just like many of their AFL heroes.

As there are only 22 opportunities (excluding AFL Finals) each year, the process for allocating NAB AFL Auskick centres is one that is managed by each District and/or Region. Each District/Region is allocated one AFL game during the season to provide NAB AFL Auskick representatives for. It is the decision of the District/Region who attends these games. If your club/centre is selected to participate at half time of an AFL game your Development staff member will contact you and forward through all the relevant information. For further information on this process please contact your District Development staff.

### **AFL LITTLE LEAGUE GAMES**

The AFL also provides an opportunity for two Year 7 teams (12 Year olds) to play against each other during half time of all AFL Games at Patersons Stadium. Once again this opportunity is proudly supported by the NAB.

As there are only 22 games (excluding AFL Finals) each year, the process for allocating AFL Little League teams is one that is managed by each District and/or Region. It is the decision of the District/Region which teams attend these games. If your club/team is selected to participate at half time of an AFL game your Development staff member will contact you and forward through all the relevant information. For further information on this process please contact your District Development staff.

### **NIGHTFIELDS**

Nightfields is a Midnight Football diversionary program for at risk, disengaged youths, held in Lathlain and Bassendean. Nightfields is a place you can come down kick a footy and socialise with your friends on a Friday night. Contact Acacia Sealey on (08) 9381 5599 for more information on when Nightfields sessions are held and any other queries you may have.



# Registrations can be messy

footyweb



Save yourself significant time by offering your members the ability to pay their fees online. By creating an online merchant account, you can utilise the Footyweb Online Payments system to streamline your registration process.



Access your Membership Database



Apply to take credit card payments online



Invite your members to register



Watch the funds begin to roll in!

# **Benefits**

- Save time, money and resources
- Safe and secure PCI Compliant online transactions
- Customised reports member and financial reporting
- Seamless integration with Membership and Competition Management

"It has reduced our administration workload significantly throughout the annual registration process."

PAUL GREGORY
Aberfeldie Football Club (VIC)

# FIVE \$1000 CASH PRIZES UP FOR GRABS

Simply sign up to the Footyweb Online Payments system, and tell us in 50 words or less what you would do with \$1000 for your club\*.

Email your entry to **footywebcomp@foxsportspulse.com** and include a contact name, club name and phone number.

\*Entries must process a minimum of 10 payments through the Footyweb Online Payments system to be eligible. For terms and conditions, please visit: http://blog.foxsportspulse.com/2014/07/footyweb-registrations-and-payments.html



### SCHOOL AND COMMUNITY FOOTBALL

The WAFC sees the delivery of Australian Football as a partnership between schools and community groups.

Schools recognise that sport is an aspect of the school curriculum and is an integral part of an individual's development.

Community groups recognise the school system as an integral and positive part of football development and assist and encourage participation.

Schools and community groups/clubs should establish links to promote continuity of delivery. AFL School Ambassadors will be appointed in every school to facilitate the effective implementation of school football programs.

The use of existing school facilities by community groups is encouraged.

Schools should be receptive to interaction with community groups within and outside of school hours.

The WAFC works closely with key advisory groups;

- Education Advisory Group
- Primary School Football Advisory Committee
- Secondary School Football Advisory Committee

In designing and implementing quality football education programs.

The Education Advisory Group's foundation strategy is the induction of 1000 teachers to act as AFL School Ambassadors who will work actively in their school and cooperatively with community clubs to increase interest and participation in football.

## PRIMARY SCHOOL AGE FOOTBALL

- The NAB AFL Auskick approach of modified involvement shall be adhered to from 5 to 12 years of age.
- Organisers, coaches and assistant coaches shall enter the AFL Coach Accreditation Scheme.
- Interschool competition, in the form of weekly games (Eagles Cup Boys Competition), Fremantle Dockers Cup (Girls Competition) and one day Lightning Carnivals (Fremantle Dockers Shield) for years 6 and 7 conducted in the second and third terms of the school calendar year. Intra school competition (Eagles Faction Football) can be played all year round.
- Competition organised and administered by the WAFC under guidance of Primary School Football Advisory Council.
- Designed to target students who play other sports at weekends or no sport at all.
- Encouragement is given to those introduced to football at school to register for community club football.
- A 'special points' criterion is used to encourage participation and discipline and not focus solely on winning.

### AFL SCHOOL AMBASSADOR PROGRAM

The AFL School Ambassador (AFLSA) program resources, recognises, motivates and rewards teachers who strongly promote the game of Australian Football in their school and community.

Over 1200 WA primary and secondary teachers have joined this national program since its inception here in 2004.

Free professional development opportunities are available throughout the year. Contact the WAFC on 9381 5599 or education@ wafc.com.au.

#### Key AFLSA responsibilities:

- Implement AFL related activities and competitions in schools
- Provide a point of contact for teachers, parents, students and community clubs
- Assist in the distribution of resources
- Professionally develop colleagues

The AFL rewards School Ambassadors with a selection of the following:

- Equipment
- Apparel
- Curriculum resources
- AFL Season fixture pen

#### **Testimonials**

"I was able to teach lessons from the PD to my class the very next day."

"I loved the PD. It was informative, it was interesting and it was relevant to what we do as teachers."

"In the PD I could identify things that would easily transfer across to use in my classroom with my kids."

"I would like to thank you for putting on so many PDs. The AFL School Ambassadors program is by far the most amazing program we have in our schools and I look forward to another year as an AFL Ambassador."

For more details please email education@wafc.com.au





# AFL INDOOR FOOTBALL / SOCIAL FOOTBALL / AFL9's

AFL Social Footy is a great alternative for those wanting to play competitive football in a fun environment without having to worry about injuries or intensive training. Potentially able to be played on ovals, indoor centres, beaches, warehouses or parks, AFL Social Footy is essentially a modified version of traditional Australian Football. A non-contact sport, the game allows all ages and genders the chance to participate in a great game in a risk-free environment with a strong emphasis on fitness and enjoyment. There is no tackling, bumping or shepherding.

#### **Opportunities for Clubs**

There are a number of Social Football opportunities that can benefit junior clubs. These include:

- Run a pre-season / off-season competition at your club to assist in keeping your teams together between seasons,
- Run a six week or longer social competition for parents and their kids,
- Could be a good opportunity to recruit additional participants to your club,
- Could be a good opportunity to raise additional funds for your clubs.

**AFL Social Competitions** – An AFL social competition is simple to run and has clear benefits at a club level. To find out more details about starting a competition or getting involved in current competitions please contact Josh Bowler (WAFC Social Football Coordinator) – jbowler@wafc.com.au



### **TALENT**

Providing a clear pathway to the top in a sport with limited international opportunity is vital to ensure the talented "natural" athlete selects Australian Football at an early age.

The steps from junior mass participation to zone representation/opportunities at the Year 8 level, leading to functional talent identification at intrastate and interstate competition from 15-18 clearly defined.

The primary opportunity for a junior Australian footballer for both optimal performance and identification are the National Championships conducted annually for players competing in the 15's school boys and the WAFC & AFL endorsed 16's and 18's academy. The pathway leads from junior level to senior football via Country or State Leagues with the AFL as the clear destination for those wishing to achieve the ultimate. Players wishing to pursue an AFL career in WA must do so via the WAFL.

The next page outlines the career pathway for talented players:

#### **Key Points**

- Enter or leave pathway at the any level before being drafted by AFL,
- · Inclusion In development squads give no guarantees, but an excellent opportunity to enhance football education,
- · Level of training and play paramount,
- Plan and organise according to goals you have set,
- Understand there must be a balance family, school / work, friends and sport,
- Seek advice parents, teachers and coaches, especially Development Officers.

#### **State Representation Policy**

The talent pathway is quite clearly defined for our youth in Western Australia.

For our most talented young players, the opportunity to represent their state is an exciting and prestigious water-shed in their development. However, it should be noted that trials and practice matches are scheduled with community / country fixtures in mind and it is only on rare occasions that a clash results.

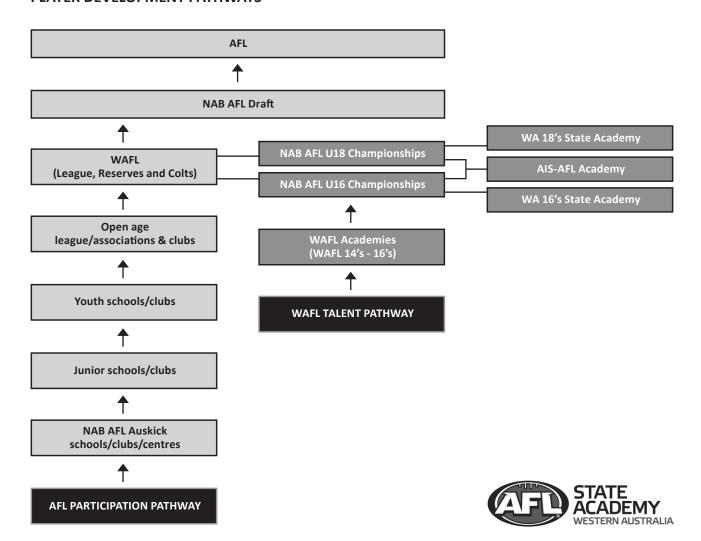
In reference to the official championship matches and State Academy Trial Matches, State representatives should be credited with local home and away games (i.e. two games) for the age group they were playing in prior to WA 16's & State Schoolboys selection, in a similar fashion to the situation involving the WAFL and AFL clubs.

If you have any queries contact Darren Davis or Raffaele Guadagnino at the WAFC on (08) 9381 5599.





### **PLAYER DEVELOPMENT PATHWAYS**



### **FEMALE FOOTBALL**

Female football is thriving across Australia with WA, in 2013 WA Football had 18,831 female Participants through the segments of Auskick, School Football and Club Football equalling almost 20,000 females playing football across Australia.12% of WA's total Participation. The participation pathway for a player, coach, umpire and administrator continues to evolve due to the dedication of volunteers, visionary clubs and development staff.

All Girls Auskick (5-8yrs) – Centres are encouraged to host female dedicated sides within their Auskick program. The Centres that have adopted this approach have added up to 80 girls to their playing list. There are now a number of Female Dedicated centres in WA.

In 2015, there will be 3 Gala Days run for

#### PARTICIPATION PATHWAY

ALL GIRLS AUSKICK (5 – 8YRS)

2013 saw the number of All Girls Auskick Centres grew from 10 to 26 across WA, these centres are aligned either to schools or clubs. WA had 3,821 Girl Auskick Participants, this increase is following hard work from the development staff and the appointment of Amy Potter, the Female Auskick Coordinator and after winning the National Auskick Volunteer of the Year award in 2012 we are very excited to have her helping and promoting All Girls Centres. Amy can be contacted on 0439 943 708..

JUNIOR GIRLS (9 - 12 YRS)

In 2013 East Perth, Perth, South Fremantle and Swans District's ran a Cross-District competition as a ten-week pilot program, consisting of Districts and Regions have now run successful Junior Girls three weeks of training followed by seven weeks of games. Other districts ran a similar program or stand-alone competitions. Due to the large amount of interest more Districts are working on developing will be looking to run stand-alone competitions in 2015. Districts and Clubs will be utilising the Freo Dockers Cup as a recruitment tool with the aim to transition the girls into playing in their Junior Girls Competition.

Contact your local Junior • School Football Club or (9 − 17 yrs)

Primary School girls participate in Eagles Faction Footy as part of their school's Phys-Ed program in addition to the interschool competitions - Eagles Cup and the all-girls Freo Dockers Cup, which has both round-robin and one-day lightning-carnival formats. Secondary School girls can play in Freo House Footy as an intra-school competition and the all-girls interschool competitions - WAFC Schoolgirls One Day Carnivals (Yr 8-9) and WAFC Schoolgirls Cup (Yr 10-12) which has two metro 'graded' divisions and one division for those in Country Week.

YOUTH GIRLS (13 - 17YRS)

The inaugural WAFC Youth Girls competition was a great success with an 8 Team competition and all Districts represented with one joint team of Claremont/ East Fremantle. The Youth Girls Competition is a ten week season culminating with 3 weeks of finals, with games played on Sunday mornings prior to the WA Women's Football League games. WAFC School Girls Year 8-9 Carnivals and the WAFC School Girls Cup is where District Staff and Clubs will be looking to recruit girls to play in the Youth Girls Competition.

SENIOR WOMEN (16+YRS)

The WA Women's Football League is the premier competition for females in our state, now boasting nine metropolitan clubs and 15 teams across two divisions. The Senior Competition runs over a 14-week season played on Sunday afternoons with the Reserves Division at 12:00pm and League Division at 2:00pm.

For more information on female football at any level please contact:

# YOUR NEAREST DISTRICT DEVELOPMENT STAFF TO FIND OUT MORE ABOUT JUNIOR GIRLS COMPETITIONS NEAR YOU.

School Football (10 -17yrs) – From Fremantle Dockers Cup and Eagles Faction footy in Primary Schools, to Fremantle House Footy and School Girls Cup in High School, there is a game for you! So speak to your teachers to be part of a team.

Youth Girls (13 – 17yrs) – During 2013, the WAFC launched the inaugural Metro Youth Girls Competition. Teams were formed under the umbrella of current WAWFL teams as a 3rd tier, similar to the boys Colts. Games are generally played at 10.30am on a Sunday morning, 4 x 15 mins quarters, on the WAWFL grounds. Interested players should contact their nearest WAWFL Club to express their interest Officer, or alternatively contact Allana Dickie at the WAFC on (08) 9381 5599.

WAWFL – The WAWFL is the premier competition for females in WA. After over 25 years of action the WAWFL is a high class and athletic competition that displays the female game at its best. The opportunity to play football at Reserves or League level, as well as represent the state and achieve All-Australian selection is all there for the talented female player.

State Representation - With State 16's, State U18's and the Women's AFL National Championships there is a level of representative footy for you. Female players will be given the opportunity to be involved in Talent Academies and regular fitness testing across WA and Australia. Forming a partnership with All Saints College in Bullcreek and securing this as our high performance training venue, ensures an exciting future for females. AFL funding is allowing us to form another partnership with Notre Dame University to conduct regular fitness testing on the girls and gather benchmark data.

To get involved contact;

District Development staff in your local area

- Allana Dickie, WAFC Female Football Department: 9381 5599 Allana Dickie adickie@wafc.com.au
- Alison Moore, Female High Performance Coordinator: 9381 5599Manager Alison Moore amoore@wafc.com.au

Follow Female Football in WA - www.wafootball.com.au & www.wawfl.com.au

Facebook - www.facebook.com/FemaleFootballWA

#### **FEMALE FOOTBALL PATHWAY**

#### **ALL AUSTRALIAN**

**International Tours** High Performance Academy (HPA)



#### STATE OPEN WOMEN'S (18 YEARS +)

Run by WAFC + WAWFL Opportunity for selection into HPA

Bi-annual AFL Open Women's National Championships



### WA WOMEN'S FOOTBALL LEAGUE

Ages 16+yrs League (4x20mins) Reserves (4x20mins)





## WAFC 8/9 SCHOOLGIRLS CUP

Inter-Sch<u>ool</u>

#### FREO HOUSE **FOOTY**

#### WAFC **SCHOOLGIRLS** CUP

Year 8/9 Inter-School One day Lightning



#### **YOUTH GIRLS**

Ages 13-17yrs WAFC Metro Competition (4x15mins) WAFC Country Youth Girls one day Carnival



### **STATE UNDER 18'S**

Run by WAFC Opportunity to be selected into HPA Annual AFL Youth Girl **National Championships** 



### **EAGLES FACTION FOOTY**

# DOCKERS CUP



#### **JUNIOR GIRLS**

Ages 9-12yrs Intra + Inter District Run by WAFC Districts



#### **ALL GIRLS AUSKICK**

Ages 5-12yrs Club based Centres



**COMMUNITY** 

#### STATE 16'S **SCHOOLGIRLS**

Run by SSWA Opportunity to be selected into HPA Annual School Sport Australia Girls 16 and **Under Australian Football** Championship



**TALENT** 

#### **ALL GIRLS AUSKICK**



**SCHOOL** 

### **UMPIRING**

To join a junior umpiring group, please log on to – www.wafootball.com.au www.umpireafl.com.au .

For any further information, please contact your local District or the WAFC Umpire Development Manager on (08) 9381 5599.

#### UMPIRE MENTORING PROGRAM (GREEN SHIRT)

The Umpire Mentoring Program is an education and awareness program designed to help improve the match day environment for inexperienced umpires. The umpires in the program are put through an introduction to umpiring course, which teaches them the basic skills of umpiring. When umpiring, they will often have a mentor providing feedback. The umpires are distinguished by their Light Green uniforms, as opposed to the regulation orange. The aim of wearing the green is to send a message to all players, officials and spectators that the umpire is new, and thus to help improve the game day environment

#### ACCREDITATION

The AFL National Umpiring Accreditation Scheme is a competency based vehicle for ensuring that umpires attain skills and knowledge demonstrated on match day.

Accreditation of Umpires gives the umpire the confidence to better perform as an official, and provides the game with more competent persons to manage the laws and safe playing of our great game.

Level One Accreditation is provided through the District Umpiring Coaching structure to its umpires. Mentors assist the process as umpires become accredited as competent through their learning on match day and in off the field activities such as recorded diary reflections.

#### JUNIOR DISTRICT UMPIRE COACHING

WAFC Umpiring invests in the 9 metropolitan WAFL junior to cover umpire coach honoraria for the duration of the junior football season.

This honoraria payment is to ensure that the following key umpire development outcomes are attained across all of the 9 junior districts - Recruitment, In Season Training- Education, Game Day Appointments, Provide Game Day Coaching, Umpire Mentor Program, Accreditation, Uniform Distribution, Tribunal Guidance, Nominate Umpires for WAFL Talent Games, Gather Umpire District, Intelligence, Attend meetings as requested by DFDC.

WAFC Umpiring has in place Position Descriptions that cover all of the above whilst it also seeks to ensure that as a minimum all district umpire coach structures have the following personnel in place within each of the 9 junior districts. Appointment of positions is via the DFDC and WAFC Umpiring (partnership). In season WAFC Umpiring provides each umpiring coordinator with consultative support as per the need;

- 1. Junior District Umpiring Coordinator
- 2. Open Rules Coach and Modified Rules Coach
- 3. Game Day Mentor / Match Day Coach`s.

#### **GROWING THE QUALITY OF OUR GREAT GAME**

The quality and competency of umpires adjudicating at district junior games remains one of the key essential ingredients given the pursuit of attaining and maintaining a quality game day environment. The standard and proficiency of umpiring at the junior competition level plays a fundamental role in player development and welfare whilst encouraging and promoting the value of sportsmanship.

Each "Junior District Umpire Coaching Team" remains responsible for the recruitment and educational training of their junior umpires however the challenge of umpire retention requires leadership from all junior game day stakeholders.

It is crucial that all appreciate the need for a "collective responsibility approach" in setting and maintaining a quality game day environment. WAFC Umpiring acknowledges the sound partnerships that have now developed across all junior districts and remains positively focused towards building even stronger links as we continue to strategically develop and enhance umpiring at the junior level of game participation.

#### **TALENT PATHWAY**

Like players, umpires are provided with the opportunity to progress along a "TALENT PATHWAY" that starts at the District Junior Competition Level. Within the Junior Community level there remains the opportunity for young aspiring umpires to be selected to join the Hendrie/Margetts Development Squad or Geoff Hayes Development Squad (Peel Region) where additional and more specialized coaching can enhance the development process prior to them moving into the Senior Community level of game participation.

Any young umpire not selected to join Development Squad can still take up the opportunity to advance up to the Senior Community level following a request being made to the Umpire Manager, Senior competitions who will assess each individual umpire prior to acceptance.

All umpires selected into the WAFL or Mike Ball Talent Academy is via the selection process of the High Performance Umpire Manager. This process primarily looks at match day performance of the umpire at the Senior Community level together with a number of key benchmarks being attained as per the need of our state league competition WAFL. Selection into the AFL is via the WAFC Umpiring Manager endorsement, with selection criteria driven from a state and national perspective.



# **2015 UMPIRE FEES**

For Team Managers paying cash on the day – based on both teams paying half the match fee per Umpire

Age Groups	Umpire Status	Three Ump (2015)	Two Ump (2015)	One Ump (2015)
Year 12	Level 2 or L1 +50 games	\$ 80	\$ 95	\$ 140
	Accredited (Level 1)	\$ 70	\$ 85	\$ 125
	Non-Accredited	\$ 60	\$ 75	\$ 110
Year 11	Level 2 or L1 +50 games	N/A	\$ 80	\$ 120
	Accredited (Level 1)	N/A	\$ 70	\$ 105
	Non-Accredited	N/A	\$ 60	\$ 90
Year 10	Level 2 or L1 +50 games	N/A	\$ 75	\$ 110
	Accredited (Level 1)	N/A	\$ 65	\$ 95
	Non-Accredited	N/A	\$ 55	\$ 80
Year 9	Level 2 or L1 +50 games	N/A	\$ 70	\$ 105
	Accredited (Level 1)	N/A	\$ 60	\$ 90
	Non-Accredited	N/A	\$ 50	\$ 75
Year 8	Level 2 or L1 +50 games	N/A	\$ 65	\$ 95
	Accredited (Level 1)	N/A	\$ 55	\$ 80
	Non-Accredited	N/A	\$ 45	\$ 65
Year 7	Accredited	N/A	\$ 35	\$ 45
	Non-Accredited	N/A	\$ 30	\$ 40
Year 6	Accredited	N/A	N/A	\$ 40
	Non-Accredited	N/A	N/A	\$ 35
Year 4 & 5	Accredited	N/A	N/A	\$ 35
	Non-Accredited	N/A	N/A	\$ 30

#### Definition of Level 1 +50 games

For the purposes of the above table the "games" component of +50 games is defined as any WAFC recognised game of football that is 4 quarters in length. For example any junior game in the district (modified or open rules) or any senior game (amateurs) is included, games that are 2 halves (school football), carnivals or modified versions of the game (AFL 9's) are not included. If any further clarification needs to be sort on this please contact the WAFC Umpire Development Manager or WAFC Junior Football Manager.

### **NATURE PLAY WA**

Nature Play WA is devoted to helping West Australian children and their families connect with nature and help build stronger, healthier communities. It is the result of a growing awareness of the importance of nature on the lives of children and parents.

If you're a parent looking for ideas on how to get your children more involved in outdoor activities in Western Australia, then visit: www.natureplaywa.org.au

There are lots of reasons why kids should make the move from the TV or computer room to the outdoors. Probably the best reason is that its fun, and you and your kids will be happier and healthier doing things together.

But there are other important considerations. Research undertaken around the world indicates there are real benefits for children being involved in nature.

Such research indicates that:

- Children benefit from appropriate risk-taking during outdoor play, by helping them refine their motor skills and gain confidence in being physically active
- Older children who spend more time outside tend to be more physically active and less likely to be overweight, and
- School gardens positively affect children's learning and behaviour, and that students involved in gardening develop a better school attitude, student bonding and teamwork.

The aim of Nature Play WA is to help parents help their children make the most of outdoor activities involving the bush, beach, and national and neighbourhood parks.



## **JUNIOR FOOTBALL**

#### PRE-PRIMARY – YEAR 3 NAB AFL AUSKICK PROGRAM (5 – 8 Years)

**NOTE:** Children must turn 5 years of age before June 30th in the year they wish to participate to be eligible for the NAB AFL Auskick Program.

NAB AFL Auskick Program is the introduction stage to football for 5, 6, 7 and 8 year olds. NAB AFL Auskick Program is an introductory experience of coordination activities which prepares participants for the learning of skills for Australian football. It is primarily designed around free play, child centred activities involving basic skills and above all enjoyment.

#### **AIMS**

- Ideal Environment
- Child Centred Activities
- Sequential Skill Learning
- Free Play and Enjoyment

#### **GUIDELINES**

To be regarded as a Registered NAB AFL Auskick Centre, all clubs MUST purchase the required Auskick packs through the WAFC for each participant in their Auskick Program.

This ensures that the participants are eligible for all the benefits of the program and that they are covered by insurance.

- Sessions conducted once a week preferably on weekends, optional mid week session, for an hour to an hour and a half maximum.
- An NAB AFL Auskick Program session involves a majority (70%) of the time on football activities and the remainder 30% on minor games.

A typical session is as follows;

- a) An organised teaching session involving movement coordination and fundamental skills with parents acting as group leaders (ideally have one parent/adult per player or keep group numbers low, 5-6 per group).
- b) An accredited coach coordinator should plan the skills to be taught and the activities to be used well before the players arrive at the oval.
- c) At the conclusion of the skill session (for no more than 40 mins) the players can be divided into teams of 6, 9 or 12 to play NAB AFL Auskick matches.
- NAB AFL Auskick Program consists of ten (12-15) weekly learning sessions. (Max 15 weeks)
- Small sided matches between groups or teams within the host club or centre are a vital part of NAB AFL Auskick, occasional social matches against other clubs are appropriate but fixtured interclub games are totally inappropriate at this level.
- Utilise a Skill Achievement program as a vehicle for skill development.
- A child's initial involvement with Australian Football should be through an organised community based program, focusing on skill education and modified skill games.
- Focus on building motor, personal and social skills, as well as enjoyment, participation and self esteem.
- Structured/formal/fixtured competition is totally INAPPROPRIATE!

Note: Coach Accreditation is now compulsory in both metropolitan and country areas

#### TRAINING RECOMMENDATIONS

The following guidelines should be adopted by all junior football coaches.

The NAB AFL Auskick program PP – Year 3: one additional mid-week training session to normal NAB AFL Auskick session (no more than one optional hour in duration).

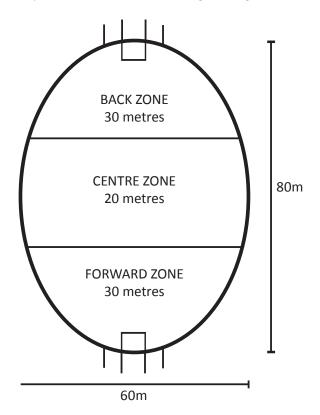
#### NAB AFL AUSKICK - THE MODIFIED GAME: PRE-PRIMARY to YEAR 3

NOTE: Children turning 5 years of age after June 30th are ineligible for the NAB AFL Auskick Program

When participants have acquired the appropriate basic skills they should participate in modified games.

#### FIELD:

As per NAB AFL Auskick zone marking. See diagram. <Insert Diagram of oval layout>



#### **FOOTBALLS:**

Synthetic smaller balls up to 48cm x 63cm (size 1) should be used for these younger age groups.

#### **FIELD MARKERS:**

Ropes, witches hats or collapsible dome markers can be used to help mark the field.

#### **PLAYING POSITIONS:**

6-a-side, 9-a-side and 12-a-side minor games. Playing positions are restricted to zones. (Refer AFL Auskick zone markings). A suitable developmental scale would be: PP-Year 1 = 6-a-side; Year 2 = 9-a-side; Year 3 = 12-a-side

 ${\it NOTE:}\ The\ preferred\ organisation\ for\ this\ stage\ is\ activity\ games\ rather\ than\ positional\ games.$ 

### UMPIRES:

- Parents (it is recommended to have one umpire in each zone).
- Feedback to player should involve encouragement and direction.
- Should understand the philosophy and rules of the NAB AFL Auskick program.

#### STRUCTURES:

- Please note the recommended structure for match play at this level is 5 lines of 3 players. Please work with the opposition coach to ensure that this structure is maintained as it creates a learning environment for all players.
- Please note there is **No Flooding** and **No Tagging** at this level of football.

### Year 1 – Year 3 NAB AFL Auskick – Rules Flowchart

Rules Flow Charts can also be found at the website www.wafootball.com.au

Please note that your individual District Competition Rules will override these general rules.

		NAB AFL Auskick Program for PP - Year 2	Year 3 (Super 8's)
1.	Playing Field	Half senior size. Approx. 80m x 50m Divide into three zones –30/20/30m	Half senior size. Approx. 90m x 50m Grid with centre circle. Divide into three zones –30/30/30m
2.	The Team	6 or 9-a-side preferred – no rucks and rovers. Unlimited reserves. Rotate players every quarter.	9 or 12 a-side preferred – no rucks and rovers. Unlimited reserves. Rotate players every quarter.
3.	Playing Time	Up to 4 x 10 minute maximum quarters	Up to 4 x 10 minute maximum quarters
4.	Start of Play	<ul> <li>A. Ball up between 2 centre players</li> <li>B. Players should be approximately equal size</li> <li>C. Players cannot take full possession out of ruck contests.</li> </ul>	Ball up between 2 centre players     Players should be approximately equal size.     Players cannot take full possession out of ruck contests.
5.	After a goal	As in 4. Different players contest the ruck each time. Goals can only be kicked by players in forward zone.	As in 4. Different players contest the ruck each time. Goals can only be kicked by players in forward zone.
6.	Scrimmage	No diving on ball. Umpire stops play. Free kick awarded to nearest opponent.	No diving on the ball. Umpire stops play. Free kick awarded to nearest opponent.
7.	Out of Bounds	<ul> <li>A. From a kick. Kick awarded to nearest opponent.</li> <li>B. If doubt as to which team kicked the ball. Ball up 5m in</li> <li>C. Off hands or body - ball up 5m in from boundary</li> <li>D. Full possession rule.</li> </ul>	<ul> <li>A. From a kick. Kick awarded to nearest opponent.</li> <li>B. If doubt as to which team kicked the ball. Ball up 5m in.</li> <li>C. Off hands or body - ball up 5m in from boundary.</li> <li>D. Full possession rule.</li> </ul>
8.	Tackling	Players cannot hold with hands, knock out of hands, push in side, steal the ball. Players given every opportunity to deliver ball i.e. No harassing.	Modified Wrap Tackle rule. Wrap arms around player and hold feet. Do not drop to the ground. Strictly no slinging or deliberately bringing the opposition player to the ground. Grabbing the arms is not permitted. Players once tackled have 3 seconds to dispose of the ball.
9.	Bumping	No deliberate bumping. No deliberate contact is permitted.	Strictly no bumping allowed.
10.	Barging	Barging, fending off or chopping with hands passed opponents is NOT allowed. A free kick shall be awarded.	Barging, fending off or chopping with hands passed opponents is <b>NOT</b> allowed. A free kick shall be awarded.
11.	Stealing/ Smothering/ Harassing/ Possession rule	Not allowed. The ball is possessed by the act of catching it, grabbing it or placing two hands on it when it is on the ground. Once the ball is possessed, all other players must back off to allow the player with the ball to kick or handball uncontested.	Not allowed. Modified wrap tackle only.
12.	Shepherding	Player not permitted to push, shoulder or block opponent not in possession of the ball.	Player not permitted to push, shoulder or block opponent not in possession of the ball.
13.	Mark	Any reasonable attempt to catch ball directly from kick irrespective of distance travelled. No standing on the mark. No playing on allowed.	Any reasonable attempt to catch the ball directly from kick irrespective of distance travelled.  Opposition player encouraged to stand on the mark. Playing on is allowed.
14.	Bouncing the Ball	Player is permitted to bounce the ball only once then dispose of the ball.	Player is permitted to bounce the ball only once then dispose of the ball.
15.	Kicking off the Ground	Not permitted to deliberately kick the ball off the ground.	Not permitted to deliberately kick the ball off the ground.
16.	Order-off Rule	To be applied. Penalty time is umpire discretion	To be applied. Penalty time is umpire's discretion

	NAB AFL Auskick Program for PP - Year 2	Year 3
17. Staying in Position	To stop congestion, umpire to instruct players to stay in zone.	To stop congestion, umpire to instruct players to stay in zone.
18. Coaches	Coach is allowed on the ground to teach.	Coach is allowed on the ground to teach.
19. Spirit of the Game	Players and coaches to shake hands. Umpire to instruct players.	Players and coaches to shake hands. Umpire to instruct players.
20. The Game	No premiership points, no finals, no ladders, no match results, names of players published	No premiership points, no finals, no ladders, no match results, names of players published.
21. Awards	Participation, effort and skill achievement scheme.	Participation, effort and skill achievement scheme.
22. Clearances	Automatic clearance.	Automatic clearance.
23. Tribunals	No tribunal, discipline is the responsibility of the club.	No tribunal, discipline is the responsibility of the club.

### NAB AFL JUNIOR RULES: YEAR 4 - YEAR 7 (9 - 12 Years)

#### AIM

NAB AFL Junior Rules are designed to allow participants to learn and demonstrate the basic skills of Australian Football in a modified environment ensuring optimum individual development. The players' progress from the NAB Auskick Program and now become part of a set team playing in a fixtured interclub competition.

#### Year 4 and Year 5

- Early foundation experiences of NAB AFL Auskick Program should be built on.
- Specific skills can be conveyed, introduced and coached.
- · Child can be integrated into modified games.
- Refine skills in readiness for competition.
- Emphasis still on skill acquisition before competition. Skill Achievement Programs can be continued.

#### Year 6 and Year 7

- Extension of specific skill as they relate to the game situation. Skill Achievement Programs are continued to ensure a focus on Skill Development.
- Consolidation of match participation.
- This period is critical to the development of positive self-attitude to ensure long term participation in sport.

#### **FOOTBALLS:**

As many footballs as possible are required for practice sessions to assist in skill development e.g. synthetic skill balls are inexpensive and readily available. It is recommended that teams have one ball per 4 players. Various size match balls are available, depending on the players' ages. Synthetic footballs are recommended for games played in wet conditions.

- Year 4 & Year 5: Mini League/Mini Team 50.5cm x 66cm (size 2)
- Year 6 & Year 7: Little League/Junior Team 52cm x 68cm (size 3)

#### TRAINING RECOMMENDATIONS:

The following guidelines should be adopted by all junior football coaches.

Year 6 & Year 7 - one to two sessions per week (Maximum)

#### FIELD MARKERS:

Witches hats or domes can be used to help mark the field.

<sup>\*</sup>Conducted by AFL accredited coach(s)

<sup>\*</sup>Note: Coach Accreditation is COMPULSORY in both metropolitan and country areas.

<sup>\*</sup>Conducted by AFL accredited coach(s)

<sup>\*</sup>Note: Coach Accreditation is COMPULSORY in both metropolitan and country areas.

#### PLAYING POSITIONS:

Playing positions also depend on the number of players in each team.

#### **UMPIRES:**

- One field umpire, no boundary umpires required for Year 4 Year 6. In the Year 7 competition Boundary Umpires can be utilised if available. Goal umpires supplied by participating teams.
- Coaches should be prepared to umpire if required.
- All umpires should give encouragement and positive feedback to all players.
- Coaches MUST at all times support the umpire.

#### AWARDING OF POINTS - FINALS:

#### Year 4 - Year 6

The recognition of individual domination and emphasis on winning, team ranking and the conduct of finals is considered inappropriate to the promotion of individual skills and development at the formative levels.

The following rules are to be implemented:

Up to and including Year 6's:

- No premiership points to be recorded,
- No finals series,
- · No recording or publication of ladders,
- · No recording or publication of match results,
- No Names published (i.e. No Best Players, Fairest and Bests or Goal Scorers)
- Special Carnival Days may be held at times during season (participation only recommended).

#### Year 7

In 2015, after a comprehensive review by the AFL and the states it was recognised as part of a transition phase for Year 7 footballers that although there is still a focus on team development and individual skill development, that incremental changes have been approved for this Year group.

The following rules are to be implemented:

#### Year 7's ONLY:

- Premiership points can be recorded,
- A finals series can be held (although various options could include the top team after the season wins the 'premiership', the top
  two teams play off or a regular finals series)
- The recording or publication of ladders is permitted,
- The recording or publication of match results is permitted,
- No Names published (i.e. No Best Players or Goal Scorers)
- No Fairest and Best player voting (The focus is still on team development as opposed to individual awards)

### FEMALE PARTICIPATION:

Junior Clubs are encouraged to have a Junior Girls team/s as a part of their normal team structure. Clubs may decide to either:

- Develop an All Girls team within the club to better cater for female participants.
- Combine girls and boys together up to the age of 14 years

### Years 4 & 5

Rules Flow Charts can also be found at the website www.wafootball.com.au

Please note that your individual District Competition Rules will override these general rules.

		Rules	Notes / Explanation
Sta	ındard		
1.	Playing Field	110m (length) x 80m (width) Maximum	
2.	The Team	9, 12 or 15-a-side – no rucks and rovers. Unlimited reserves. Equal game time rules applies (refer junior club manual)	Should one team be low on numbers, coaches should work together to ensure teams are even on field. (i.e. assist team with low numbers by lending a player or players) Numbers on field should always be even.
3.	Playing Time	4 quarters x 12 minutes	It is strongly recommended that Year 4's & Year 5's play only 12 minute quarters.
Ge	neral Modified Rules for \	Year 4s&5s	
4.	Start of Play	A. Ball up between 2 centre players     B. Players should be approx. equal size.     C. Full possession rule applies. (refer to notes)     D. Max. 3 players from each team closer than     20m to ball up.	Prior to start of play, umpire to undertake pre-game safety check. (i.e. check boots, fingernails, jewellery, goal post pads etc)  "Full possession rule" – players contesting a ball up or centre bounce may not take possession of the ball during the ruck contest. They may only take possession after the ball has touched a player who is not involved in the ruck contest.
5.	After a goal	Centre ball up as in 4. Different centre players should contest the centre ball up each time.	Umpire may choose alternative players of similar size where necessary.
6.	Scrimmage	Umpire stops play. Send players back to positions and ball up used. Full possession rule applies. (refer notes in 4.)	Coaches should assist umpires by instructing players to move back to position. This will is in avoiding further congestion.
7.	Out of Bounds	A. From a kick. Kick awarded to nearest opponent.     B. If there is doubt as to which team kicked the ball - ball up 10m in.     C. Off hands or body - ball up 10m in.     D. Full possession rule. (refer notes in 4.)	Umpire to ball up 10m inside the boundary to reduce the incidents of additional ball ups. (i.e. less chance of ball going out of bounds, less congestion)
8.	Tackling	Modified Wrap Tackle rule applies.  A. Whereby a player applies a legal wrap tackle, the player with the ball must dispose of it correctly within three seconds or a free kick for "holding the ball" will be awarded.  B. If player with the ball had prior opportunity to dispose of the ball prior to be being tackled, they will be deemed "holding the ball" also.  C. If a player bounces the ball whilst being hand tackled, they will be deemed "holding the ball."	In a "wrap tackle" the tackler must wrap both arms around the opponent's body ensuring that it is not above the shoulder. The tackling player cannot grab an arm of the opponent. The "intent" of the tackler must not be to bring his/her opponent to the ground and if the umpire believes this was the case, a free kick will be awarded. If the player being tackled deliberately falls over in the tackle, they will be deemed holding the ball. Coaches should instruct players to keep their feet where possible.  "Slinging" a player is strictly not permitted. A sling occurs when the actions of the tackler cause the player to be thrown to the ground after or during possession.
9.	Bumping / Barging	Deliberate, Incidental/accidental bumping is NOT allowed.      If a player with the ball barges, fends off or chops past opponents a free kick will awarded against that player.	The only contact permitted via the "Wrap tackle".

		Rules	Notes / Explanation
10.	High Contact	No contact above the shoulder is permitted.	Umpires are instructed to award free kicks for any high contact. A free kick will be awarded regardless of whether the high contact is intentional or unintentional.
11.	Stealing/ Smothering	Player may attempt to snatch or steal the ball but if unsuccessful and contact is made a free kick will be awarded to opponent. This is to prevent the ball falling to the ground and a pack forming.  No smothering is permitted. (refer notes)	A "smother" is whereby a player's intent is to deliberately try to smother the ball off the boot whilst in the kicking action. It should not be deemed a smother if the ball is kicked into the man on the mark or an opposing player in general play.
12.	Shepherding	Players are not permitted to push, shoulder or block an opponent who is not in possession of the ball.	The only contact permitted is incidental contact or via the "wrap tackle".
13.	Mark	Catch the ball directly from kick irrespective of distance travelled.	The marking player must control the ball directly from the kick. (i.e. the ball must not touch another player in flight) Consideration of weather conditions may be taken into account.
14.	Bouncing the Ball (or touching the ball down)	A player is permitted to bounce the ball only once then dispose of the ball.	The player in possession must dispose of the football or take a bounce prior to travelling 15 metres.
15.	Kicking off the Ground	Players are not permitted to <b>deliberately</b> kick the ball off the ground or use feet to control the ball whilst it is on the ground.	Whereby the foot makes <b>accidental</b> contact to the ball, the umpire should call play on.
16.	Order-off Rule	To be applied. Penalty as per yellow and red card system.	Prescribed penalty process <b>does not</b> apply in these age groups.
17.	Staying in Position	To stop congestion, <b>umpires &amp; coaches</b> should instruct players to stay in position.	Standard position play should be taught to improve the flow of the game.
18.	Coaches	Coach allowed onto ground to coach in Year 4's competition only.	Runners are not permitted on the ground during Year 4's competition. Coaches should not carry coaching boards or clip boards on the ground during play for safety reasons.
		In the Year 5's competition Coaches are not permitted on the ground	One Runner only is permitted on the ground in Year 5's competition; however they should immediately exit the ground after delivering a message.
19.	Other Rules and Laws	As per AFL Laws of Football	
Oth	er important information	n	
20.	The Game	No premiership points, no finals, no ladders, no match results, names of players published. Skill clinics, carnival days to be held.	Coaches should endeavour to give each player even game time throughout the season. This will improve player retention and enjoyment.
21.	Awards	Participation, effort and skill achievement.	
22.	Clearances	Automatic clearance.	
23.	Tribunals	No tribunal, discipline is responsibility of club.	In the case of any disciplinary action handed down by a club, that club must forward to the JCC in writing the outcome of that hearing.
24.	Spirit of the game	Umpire to instruct players and coaches to shake hands before and after the game.	The rules from NAB AFL Auskick through to Year 7's football have been modified over time to assist junior players with skill development and understanding of the game. Coaches should endeavour to coach players within the spirit that these rules were intended. <i>Refer to By-Law 1 – The Spirit of Junior Football</i>

### Year 6 & 7 Flow Charts

Rules Flow Charts can also be found at the website www.wafootball.com.au

Please note that your individual District Competition Rules will override these general rules.

	1	Year 6 Rules	Year 7 Rules
Standard		rear o naies	Teal 7 Naies
	ing Field	110m – 120m (length) x 80m (width) Maximum	120m – Full (length) x 130m (width)
2. The I	Team	9, 12 or 15-a-side – no rucks and rovers. Unlimited reserves. Equal game time rules applies (refer junior club manual) Should one team be low on numbers, coaches should work together to ensure teams are even on field. (i.e. assist team with low numbers by lending a player or players) Numbers on field should always be even.	12, 15 or 18 a side. The inclusion of rucks and rovers is dependent on the number of players available. Equal game time rules applies (refer junior club manual) Should one team be low on numbers, coaches should work together to ensure teams are even on field. (i.e. assist team with low numbers by lending a player or players) Numbers on field should always be even.
3. Playi	ng Time	4 quarters, each of no more than 15 minutes	4 quarters, each of no more than 15 minutes
General N	Modified Rules for Y	ear 6's & Year 7's	
4. Start	t of Play	A. Ball up between 2 centre players B. Players should be approx. equal size. C. Full possession rule applies. (refer to notes) D. Max. 3 players from each team closer than 20m to ball up. Prior to start of play, umpire to undertake pre-game safety check. (i.e. check boots, fingernails, jewellery, goal post pads etc)  "Full possession rule" – players contesting a ball up or centre bounce may not take possession of the ball during the ruck contest. They may only take possession after the ball has touched a player who is not involved in the ruck contest.	A. Ball up between two ruckmen. B. Full possession rule applies. (refer to notes) Prior to start of play, umpire to undertake pre-game safety check. (i.e. check boots, fingernails, jewellery, goal post pads etc)  "Full possession rule" – players contesting a ball up or centre bounce may not take possession of the ball during the ruck contest. They may only take possession after the ball has touched a player who is not involved in the ruck contest.
5. After	r a goal	Centre ball up as in 4. Different centre players should contest the centre ball up each time. Umpire may choose alternative players of similar size where necessary.	Centre Ball up as in 4.
6. Scrin	nmage	Umpire stops play. Send players back to positions and ball up used. Full possession rule applies. (refer notes in 4). Coaches should assist umpires by instructing players to move back to position. This will is assist in avoiding further congestion.	Umpire stops play. Send players back to positions and ball up used. Full possession rule applies. (refer notes in 4). Coaches should assist umpires by instructing players to move back to position. This will is assist in avoiding further congestion.
7. Out 0	of Bounds	<ul> <li>A. From a kick. Kick awarded to nearest opponent.</li> <li>B. If there is doubt as to which team kicked the ball - ball up 10m in.</li> <li>C. Off hands or body - ball up 10m in.</li> <li>D. Full possession rule. (refer notes in 4.)</li> <li>Umpire to ball up 10m inside the boundary to reduce the incidents of additional ball ups. (i.e. less chance of ball going out of bounds, less congestion)</li> </ul>	Boundary throw-ins where Boundary Umpires are available.  If no Boundary Umpires are available then the Umpire to ball up 10m inside the boundary to reduce the incidents of additional ball ups. (i.e. less chance of ball going out of bounds, less congestion)
8. Tackl	ling	Wrap around tackle is permitted.  A. Whereby a player applies a legal tackle, the player with the ball must dispose of it correctly within three seconds or a free kick for "holding the ball" will be awarded.  B. If player with the ball had prior opportunity to dispose of the ball prior to be being tackled, they will be deemed "holding the ball" also.  C. If a player bounces the ball whilst being tackled, they will be deemed "holding the ball."  Players may also bring their opponent to the ground in the tackle provided it is not via "slinging".  "Slinging" a player is strictly not permitted. A sling occurs when the actions of the tackler cause the player to be thrown to the ground after or during possession. A sling free kick will not be paid if the umpire deems that the tackler did not deliberately or aggressively try to throw the player to the ground.	Tackling is permitted as per the Laws of the Game.  "Slinging" a player is strictly not permitted. A sling occurs when the actions of the tackler cause the player to be thrown to the ground after or during possession. A sling free kick will not be paid if the umpire deems that the tackler did not deliberately or aggressively try to throw the player to the ground.

		Year 6 Rules	Year 7 Rules		
9.	Bumping / Barging	Bumping and barging is permitted as per AFL Junior Rules policy. A player may make contact with another player by using his hip, shoulder, chest, arms or open hands provided that the football is no more than 5 metres away from the player. A player may also fend off an opponent using an open hand to the chest or side of the body provided that the football is no more than 5 metres away from the player.	Bumping and barging is permitted as per AFL Junior Rules policy. A player may make contact with another player by using his hip, shoulder, chest, arms or open hands provided that the football is no more than 5 metres away from the player.  A player may also fend off an opponent using an open hand to the chest or side of the body provided that the football is no more than 5 metres away from the player.		
10.	High Contact	No contact above the shoulder is permitted. Umpires are instructed to award free kicks for any high contact. A free kick will be awarded regardless of whether the high contact is intentional or unintentional.	No contact above the shoulder is permitted. Umpires are instructed to award free kicks for any high contact. A free kick will be awarded regardless of whether the high contact is intentional or unintentional.		
11.	Stealing/Smothering	Stealing or smothering the football whilst the opponent is in the process of kicking or has possession in general play is permitted.	Stealing or smothering the football whilst the opponent is in the process of kicking or has possession in general play is permitted.		
12.	Shepherding	Shepherding is permitted. A player is not permitted to shepherd more than 5 metres from the ball.	Shepherding is permitted. A player is not permitted to shepherd more than 5 metres from the ball.		
13.	Mark	A "mark" is paid when the player catches the ball directly from kick which has travelled a minimum distance of 10 metres. The marking player must control the ball directly from the kick. (i.e. the ball must not touch another player in flight)	A "mark" is paid when the player catches the ball directly from kick which has travelled a minimum distance of 10 metres. The marking player must control the ball directly from the kick. (i.e. the ball must not touch another player in flight).		
14.	Bouncing the Ball (or touching the ball down)	A player is permitted to bounce the ball <b>twice prior to</b> disposing of the ball. The player in possession must dispose of the football or take a bounce prior to travelling 15 metres.	A player is permitted to bounce the ball <b>twice prior to</b> disposing of the ball. The player in possession must dispose of the football or take a bounce prior to travelling 15 metres.		
15.	Kicking off the Ground	Players are not permitted to <b>deliberately</b> kick the ball off the ground or use feet to control the ball whilst it is on the ground. Whereby the foot makes <b>accidental</b> contact to the ball, the umpire should call play on.	Players are not permitted to <b>deliberately</b> kick the ball off the ground or use feet to control the ball whilst it is on the ground. Whereby the foot makes <b>accidental</b> contact to the ball, the umpire should call play on.		
16.	Order-off Rule	To be applied. Penalty as per yellow and red card system. Prescribed penalty process <b>does not</b> apply in these age groups.	To be applied. Penalty as per yellow and red card system. Prescribed penalty process <b>does not</b> apply in these age groups.		
17.	Staying in Position	To stop congestion, <b>umpires &amp; coaches</b> should instruct players to stay in position. Standard position play should be taught to improve the flow of the game.	To stop congestion, <b>umpires &amp; coaches</b> should instruct players to stay in position. Standard position play should be taught to improve the flow of the game.		
18.	Coaches	Coaches are not permitted on ground. One Runner only is permitted on the ground in Year 6's & 7's competition, however they should immediately exit the ground after delivering a message.	Coaches are not permitted on ground. One Runner only is permitted on the ground in Year 6's & 7's competition, however they should immediately exit the ground after delivering a message.		
19.	Other Rules and Laws	As per AFL Laws of Football	As per AFL Laws of Football		
Other important information					
20.	The Game	No premiership points, no finals, no ladders, no match results, names of players not to be published. No Fairest & Best Voting to occur. Skill clinics, carnival days can be held. Coaches should endeavour to give each player even game time throughout the season. This will improve player retention and enjoyment.	Scoring, Ladders and Finals are permitted. No Best players or goal kickers are to be recorded. No Fairest & Best voting to occur. No representative teams. Coaches should endeavour to give each player even game time throughout the season. This will improve player retention and enjoyment.		
21.	Awards	Participation, effort and skill achievement programs.	Participation, effort and skill achievement programs.		
22.	Clearances	Automatic clearance.	Automatic clearance.		
23.	Tribunals	No tribunal, discipline is responsibility of club. In the case of any disciplinary action handed down by a club, that club must forward to the JCC in writing the outcome of that hearing.	No tribunal, discipline is responsibility of club. In the case of any disciplinary action handed down by a club, that club must forward to the JCC in writing the outcome of that hearing.		
24.	Spirit of the game	Umpire to instruct players and coaches to shake hands before and after the game. The rules from NAB AFL Auskick through to Year 7s football have been modified over time to assist junior players with skill development and understanding of the game. Coaches should endeavour to coach players within the spirit that these rules were intended and not attempt to find ways around the rules or loopholes. Refer to By-Law 1 – The Spirit of Junior Football.	Umpire to instruct players and coaches to shake hands before and after the game. The rules from NAB AFL Auskick through to Year 7s football have been modified over time to assist junior players with skill development and understanding of the game. Coaches should endeavour to coach players within the spirit that these rules were intended and not attempt to find ways around the rules or loopholes. Refer to By-Law 1 – The Spirit of Junior Football.		

## **AFL YOUTH FOOTBALL (YEAR 8 - YEAR 12)**

- AFL Youth Football provides the critical link from mass participation AFL Junior Football to the adult game.
- A clear national direction is that AFL Youth Football should embrace the changing educational and social demands of adolescents, and provide a flexible timetable pursuant to those demands.
- AFL Youth Football players should be encouraged to be involved in the decision making process regarding their competition.

#### **AFL YOUTH AGE POLICY**

The AFL Youth Policy aims to maximise the recruitment and retention of youth players (male and female) as they progress through the pathway to senior football and is based on positioning Australian Football for youth players in terms of the following qualities:

Fun, Fast & Skilful – The social interaction, fast pace of the game and the opportunity to play skilfully make the game fun for players. When players are able to execute their skills successfully on the field, they experience a sense of fun and mastery. The pace of the game engages their attention, adrenaline is stimulated in close competition, and success is experienced through skilful play, fulfilling team goals and coach aspirations, all of which are shared with their peers.

**Social Interaction** – Participants are drawn to the opportunity to socialize, develop / maintain friendships and to operate as a team, at an age where the peer group is of utmost importance. Football must provide an opportunity to feel a sense of belonging and acceptance.

**Competition** – Although on the surface players agree that winning is fun research reveals they are more concerned with the quality of the competition. The implication for leagues, clubs and schools here is clearly for well-graded competitions that match the skill level of opposing teams.

#### **FACTORS EFFECTING YOUTH DROP OUT**

Over the past decade growth in sporting participation has been in recreational, non-traditional forms of sport. These sports cater to busy lifestyles and a desire to achieve fitness without the risk of injury. For teens, study, social and part-time work pressures are increasing, together with competing entertainment opportunities such as movies, music and online games.

Community leagues and clubs responsible for delivering AFL Youth football competitions need to be mindful of these social issues and consider strategies to alleviate the contributing factors affecting youth drop out. It is impossible for leagues and clubs to cater for the complex array of a young person's needs and attitudes. However, some responses, like changing traditional notions on the timing of games, modifying the rules and team numbers, altering the focus of coaching and offering broader life experiences are well worth trying.

#### **GRADING**

Research reveals that while youth players agree winning is fun, they are more concerned with the quality of the competition. The implication for leagues, clubs and schools here is for well-graded competitions that match the skill level of opposing teams.

- Junior Leagues Where team numbers permit, junior leagues implement divisional competitions with an appropriate grading
  process (grading round). This will ensure all teams and players participate in a competition that matches their skills and
  ability.
- **Clubs** In the event a club enters more than one team in the same age group competition (no divisions), players must be allocated to each team so that they are evenly matched. In the event a club enters more than one team in an age group that has a number of competition divisions, it is recommended that teams be allocated to a division that best suits that teams skills and ability.

Although the peer group is of utmost importance, as is the opportunity to develop and maintain friendships, this should not override the needs of the team and club when allocating players to appropriate teams. Youth players should be engaged in the decision-making process. The Conference Model will provide all Districts the opportunity for divisional play in the Year 11 & Year 12 age groups which will in turn provide participants with greater variety and also assist in preventing scoring blowouts in the majority of games.

# **AFL YOUTH FOOTBALL (YEARS 8 - 9)**

15-a-side or 18-a-side: community club and school competitions

#### **Key Principles**

- Fun and safe,
- Play with mates,
- Focus on developing skills and tactics,
- Modified rules, playing area and equipment.

#### Purpose

Learning how to train and consolidate the basic skills is the focus at this age level. Advanced technical and tactical skills start to be introduced, including decision-making in games and training, positional skills (competency in a position), and basic performance enhancing techniques, e.g. warm-up, cool-down, nutrition, hydration, recovery, goal-setting, pre and post-match routines.

It is important for players in this age group to feel an essential part of the team to develop self-efficacy, self-worth and a connection with the community, club and team. Commitment and loyalty to the club and team, and social responsibility on and off the field in line with adult standards should be engendered and acknowledged.

#### Spirit of the Game

Prior to the commencement of play: all players, coaches and umpires should shake hands; and the umpire and coaches should ensure players are aware of the rules and procedures to be followed in the game.

The spirit and intention is to ensure all games are played in a competitive and fair manner, in an environment that:

- permits a player whose sole objective is to contest and gain possession of the ball, to do so in a safe and fair manner; rewards and acknowledges commitment and loyalty to the team, club and or school
- allows all players to feel an essential part of the team while enabling each individual to develop self-efficacy, self-worth and an identity within the community, their team, club or school
- fosters and reinforces community values and social responsibility.

The player whose sole objective is to contest the ball must be permitted to do so. Ethically it is the responsibility of coaches to provide the best possible teaching and learning conditions; therefore, the use of negative defensive tactics where the opposing player's sole objective is to prevent a player from gaining possession is strongly discouraged at this age level.

Tactics such as tagging and flooding are elements of the modern game; however, they are contrary to the philosophy of providing an environment that maximises the desired fairness, fun, speed, skill and competitive elements of the game at this level.

Umpires should at all times: endeavour to apply the laws of the game, awarding free kicks to players in preference to calling for ball-ups; understand the spirit and intention of the laws is to ensure a match is played in a fair manner and to protect players from injury. For this reason restrictions are placed upon tackling in this age group. At the end of the game, all players and coaches should shake hands.

#### **Laws of Australian Football**

The Laws of Australian Football apply to the Year 8 & Year 9 year groups with the following modifications.

#### The Ball

A size 4 leather or synthetic football made specifically for this age group should be used. As many footballs as possible are required for training sessions. This may be maximised by players bringing their own football, support from a senior club, or fundraising.

It is recommended that teams have a minimum one ball per four players at training sessions.

#### **Tackling**

Tackling is permitted per the Laws of Australian Football, however: No player shall be deliberately slung, dumped or thrown to the ground in any tackle.

#### Order-off rule

To be applied at the umpire's discretion or by the competition's controlling body where applicable. Bad language, poor sportsmanship and disputing umpiring decisions should be actively discouraged.

#### Field

The ground size should be influenced by how many players are on the field. If teams are playing 15 a side then the oval should be shortened, however with 18 a side there is the option to play on a full size oval. Junior Clubs should also consider that by utilising a full size oval it will negatively impact the amount of scoring that occurs, particularly in the Year 8 year groups.

**Year 8's:** 120m - 185m long, 110 - 155m wide

Year 9's - Year 12's: 135m - 185m long / 110 - 155m wide

#### **Playing Positions**

Community club and school competitions - 15-a-side or 18-a-side field plus interchange. Both may vary with regional agreements designed to ensure maximum participation. To ensure all players feel an essential part of the team regardless of their age, size, gender, ability or the competition they are playing in it is critical that they have an equal amount of time on the field over the course of the season.

**Note:** Country junior associations in some instances may have slight variations to age/year groups and the standard order off rule so please contact your Regional Manager for further clarification.

# **AFL YOUTH FOOTBALL (YEAR 10 - YEAR 12)**

18-a-side: community club and school competitions

#### **Key Principles**

- Fun and fast,
- Play with mates,
- · Continue developing skills and tactics.

#### **Purpose**

The emphasis at this age level is to optimise the development of players' fitness levels and their individual, positional and team skills. Higher level competition skills should be developed and appropriate competitions provided to enhance players' learning and their chances of being identified for talent pathway programs.

It is important for players in this age group to feel an essential part of the team to develop self-efficacy, self-worth and a connection with their community, club and team. Commitment and loyalty to the club and team, and social responsibility on and off the field in accordance with community standards should be engendered and acknowledged.

Players in this age group may also benefit from social competitions such as AFL9's in order to meet their commitments away from football. Junior Leagues should investigate possible divisions that better cater to meet the needs of their participants.

#### Spirit of the Game

Before the start of play and at the end of the game, all players, coaches and umpires should shake hands. The spirit and intention is to ensure all games are played in a competitive and fair manner, in an environment that:

- permits a player whose sole objective is to contest and gain possession of the ball to do so in a safe and fair manner; rewards and acknowledges commitment and loyalty to the team, club and school;
- allows all players to feel an essential part of their team, while enabling each individual to develop self-efficacy, self-worth and an identity within their community, team, club and school;
- engenders and reinforces community values and social responsibility.

The player whose sole objective is to contest the ball must be permitted to do so. Ethically, it is the responsibility of coaches to provide the best possible teaching and learning conditions. Therefore, the use of negative defensive tactics, where the opposing player's sole objective is to prevent a player from gaining possession, is strongly discouraged at this age level. It could be argued tactics such as tagging and flooding are elements of the modern game, however, they are detrimental to the philosophy of providing an environment that maximises the desired fairness, fun, speed, skill and competitive elements of the game.

The umpire should at all times: endeavour to apply the rules of the games, while awarding free kicks to players in preference to calling for ball-ups; and understand the spirit and intention of the laws is to ensure that a match is played in a fair manner and to protect players from injury.

#### **Laws of Australian Football**

The Laws of Australian Football apply to all matches played in the Year 10 – Year 12 year groups.

#### Order-off rule

To be applied at the umpire's discretion or by the competition's controlling body where applicable. Bad language, poor sportsmanship and disputing umpiring decisions should be actively discouraged.

#### Field

The ground size should be influenced by how many players are on the field. If teams are playing 15 a side then the oval should be shortened, however with 18 a side there is the option to play on a full size oval.

Year 10's - Year 12's: 135m - 185m long / 110 - 155m wide

**Note:** Country junior associations in some instances may have slight variations to age/year groups and the standard order off rule so please contact your Regional Manager for further clarification.

# District Football Development Council Junior Competition Committee

# Global Competition 2015 BYLAWS

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### INTRODUCTION

All matches played under the jurisdiction of the **District Football Development Council** shall be played according to the Laws of Australian football and the rules of the modified form of Australian Football known as 'Aussie Footy' as amended by the Australian Football League from time to time and as adopted by the West Australian Football Commission (hereinafter known as the 'WAFC') or by the West Australian Football Commission Football Affairs Committee (hereinafter known as the 'WAFCFAC').

These By-Laws are as adopted by the **District Football Development Council** and are to be read in conjunction with the Constitution of the **District Football Development Council**. Every participant is also expected to adhere to the guidelines contained within the WA Football Member Protection Policy. The WAFC Football Affairs Committee constitutes junior competitions in line with but not limited to the AFL Junior Policy.

#### 1. SPIRIT OF JUNIOR FOOTBALL IN WA

Every participant understands that Junior Football in Western Australia is delivered to the Community with the Spirit of the Game in mind.

#### It is incumbent on every participant irrespective of their place in the game, to ensure that they will,

- Not focus on winning at all cost and understand that the role of Junior Football is to foster the development of Junior Players,
  Volunteers, Umpires, Coaches and Officials. Learning to win and lose is part of the developmental journey of a participant but must
  remain secondary to the primary focus of junior player development.
- Maximise the enjoyment and development of junior footballers.
- Provide our children with a game environment that is safe, fun and fair.
- Ensure that the values which add to the spirit of our game, which include fairness, equality, respect and teamwork are encouraged and celebrated.
- Uphold, promote and protect the Rules, Laws, Codes, Policies and Spirit of the game.
- Not accept poor behaviours around our game and deter practices that undermine our games environments (Coaching, Playing, Volunteering, Spectating and Umpiring).
- · Adhere to any directive issued by the games controlling bodies in the best interests of achieving the above.

#### 2. INTERPRETATION & DEFINITIONS

In these rules unless there is something in the context inconsistent therewith:

Club	Means any junior football club which affiliates with the DFDC/RFDC through membership.
Juniors	Means persons who play football within the boundaries of the DFDC up to the age determined from time to time by the WAFC Football Affairs COMMITTEE.
DFDC Executive	Means the Chairperson, Competition Director, WAFL Club Representative and One other person. RFDC in Country Football.
Junior Competition Committee (JCC ) Executive	Means Competition Director, Assistant Competition Director, Registrar and WAFC Development Officer / Manager
JCC	Means Junior Competition Committee (Metro) and RFDC/WACFL endorsed Controlling Body (Regional)
Fixture Committee	Panel convened at the discretion of the JCC Executive to undertake fixturing duties.
Member	Means a club or person elected to membership of the DFDC /RFDC in accordance with Rule 5 herein.
AFL Auskick Program AFL Juniors Programs AFL Youth Programs	Pre-primary, Year 1, Year 2, Year 3 Year 4 – Year 7 Year 8 – Year 12
DFDC	District Football Development Council
WAFC	Western Australian Football Commission
RFDC	Regional Football Development Council
"WAFCFAC"	Means the WA Football Commission Football Affairs Committee including designated WAFC Consultant, General Manager Game Development
Arena	Means the Playing Surface and all the area between the Playing Surface and the Perimeter Fence, including any break in the perimeter fence
Playing Surface	Means the field of play inside the Boundary Line, Goal Line and Behind Line, excluding the area between such lines and the Perimeter Fence
Perimeter Fence	Is the physical barrier surrounding the playing surface. Where an Arena does not have a Perimeter Fence, then the Perimeter Fence shall be interpreted as being located 10m outside and parallel to the Playing surface.

Words importing the masculine gender include the feminine and vice versa, and words importing the singular include the plural and vice versa

#### 3. MATCHES

The JCC shall arrange inter-club football competition in specific age groups for players registered with junior member Clubs of the DFDC.

#### 4. COLOURS & UNIFORMS

Each Club in its application for membership of the DFDC or RFDC shall nominate its colours and design of playing uniform.

- 4.1 Such design shall be approved by the JCC Executive unless in the opinion of the **JCC Executive** clashes with that of another member Club in which case the JCC Executive shall request that the club determine another design within agreed design criteria.
- 4.2 Compression undergarments, such as 'Skins' or 'Under Armour', colour/length/style shall be determined and approved by the JCC in line with the playing uniform.
- 4.3 All teams representing each member Club shall wear the playing uniform approved for that Club by the JCC Executive.

#### 5. DISTRICTS

The DFDC or RFDC may divide the area within its jurisdiction into districts.

- 5.1 Each member Club shall have the responsibility for one or more areas allocated by the DFDC or RFDC and it is recommended that all players residing in such play with such member Club unless they are registered pursuant to these By-laws to play with another member Club.
- 5.2 The DFDC may alter, vary or add to the boundaries of its districts as it sees fit.
- 5.3 A player who resides in the district of one Club and who desires to register and play with another member Club shall register with the latter Club by completing a registration application in the approved form and after endorsement by his parent or guardian lodging the said form with the latter Club.

#### **6. TEAM NOMINATIONS**

Each member Club may prior to a date decided upon by the JCC Executive each year, lodge with the JCC Registrar a list of team nominations for age groups in which that Club wishes to field a team or teams during the coming seasons.

- 6.1 The JCC Executive shall consider all such nominations and shall as far as possible include teams in competitions as nominated.
- 6.2 In any instance where JCC Executive is unable to allocate a team as nominated, it may make an alternative nomination.
- 6.3 The DFDC Treasurer shall advise each Club of the nomination fees payable for its nominations and the date by which these fees are to be paid.
- 6.4 Each team nomination should, where possible, include the name and other relevant details of the following people:
  - 6.4.1 An accredited coach capable of teaching players the Laws and skills of Australian Football.
  - 6.4.2 A manager capable of assisting the coach by carrying out the clerical and other duties relating to the efficient functioning of the team.
- 6.5 Team Nominations shall only be accepted if, when the coach is nominated, he/she has an age appropriate coaching accreditation from the National Coaching Accreditation Scheme in the sport of Australian Football or an application to attend a coaching course is attached. The coach must attend and complete a Coach Accreditation course by June 30 of that year.
  - 6.5.1 It is recommended the Assistant Coach be duly accredited as a coach following the same rules as coach.
  - 6.5.2 Clubs must notify and inform to the JCC Executive any assistant coach who stands in for an absent level 1 coach.
- 6.6 In the event that a club enters more than one team in a single division in any age group: or has multiple teams in an age group, then the following is to apply:
  - 6.6.1 Each team nominated by the respective club must be done so in such a way that each team be competitive in that division. If the teams are grouped in the same division they must be considered of equal strength. If the teams are viewed as unequal by the JCC Executive within a reasonable period, the JCC Executive has the power to direct the club to re-allocate players.
  - 6.6.2 If the club is directed to re-nominate the teams, the club will resubmit the teams and will be subject to further review by the JCC Executive and if still deemed to be unequal then bylaw 6.6.5 will be applied.
  - 6.6.3 Team Sheets are to remain constant. Players are not to move from team to team from round 1, unless instructed by JCC for a re-allocate
  - 6.6.4 Each team is to be treated as a separate Club
  - 6.6.5 The JCC Executive will deem non complying teams as ineligible, with sanctions to be determined by the JCC Executive.

#### 7. FIXTURES

Prior to the commencement of each football season the JCC Executive shall appoint a person or committee (the 'Fixtures Committee') to prepare a fixture list for all matches to be played in competitions under the control of the JCC Executive and to allocate grounds and times for such matters.

- 7.1 Where possible the fixtures shall include:
  - 7.1.1 An equal number of games played between all teams in each competition.
  - 7.1.2 An equal number of home and away games for each team.
  - 7.1.3 Alternate games at home and away for each team.
  - 7.1.4 Where any team has a bye then each other team in that competition shall have the same number of byes.
  - 7.1.5 A clear indication of grounds and game times.
  - 7.1.6 Neutral grounds for Grand Finals.
- 7.2 Any proposed amendment or alteration to the fixtures or any details thereof shall be submitted in writing to the **JCC Registrar** for the consideration of the **JCC Executive**.
  - 7.1.5 Should the **JCC Executive** be unable to meet before a decision on the proposal is required the Competition Director shall be empowered to make a decision, which shall be final and binding.
- 7.3 The **JCC Executive** may re-grade sides to ensure a balanced competition. This will occur on or prior to round 6 and be conducted at the discretion of the **JCC Executive**.
- 7.4 Any refixturing that occurs after the commencement of the season will be at the discretion of the JCC Executive.
  - 7.4.1 All points and percentage of the whole competition being promoted or relegated will be reset to zero. The **JCC Executive** may waiver the resetting of points and percentage based on an assessment of the circumstances at the time.

- 7.5 Should any club wish to use an oval or facility located in another district the following procedure will apply
  - The club concerned is to submit a written request to their own JCC Executive seeking permission to use another district 7.5.1 venue.
  - In the event the application is approved, the JCC Executive must then seek written approval from the external JCC 7.5.2
  - 7.5.3 Both JCC's must be in full support of any club being granted approval.
  - 7.5.4 Any club that fails to abide by this procedure and its outcome is to face disciplinary action ratified by the joint DFDC Chairs.
  - 7.5.5 At all times it remains the responsibility of that clubs JCC Executive to ensure the above process is carried out and managed accordingly, in line with this bylaw.
- 7.6 In accordance with Australian Standards, any junior night fixture lighting shall have a minimum of 100 lux

#### 8. WITHDRAWAL OF NOMINATED TEAMS

A Club, which withdraws a team or teams from any competition after the commencement of the season without a reason acceptable to the JCC Executive, may be liable to a penalty or a fine as determined by the JCC Executive.

In the event that a team is withdrawn from a competition after the commencement of a season, the JCC Executive shall determine how the fixtures will be re-organised and for which games premiership points (youth only) will be awarded.

#### 9. DURATION OF MATCHES

Unless otherwise agreed by the JCC Executive, the following shall be the duration of matches played under the control of the JCC.

- 4 quarters, each of not more than 15 minutes duration. Year 4
- Year 5 4 quarters, each of not more than 15 minutes duration.
- Year 6 4 quarters, each of not more than 15 minutes duration.
- Year 7 4 quarters, each of not more than 15 minutes duration.
- Year 8 4 quarters, each of not more than 15 minutes duration.
- Year 9 4 quarters, each of not more than 20 minutes duration
- Year 10 4 quarters, each of not more than 20 minutes duration.
- Year 11 4 quarters, each of not more than 20 minutes duration.
- Year 12
- 4 quarters, each of not more than 20 minutes duration.
- No time on may be added to any game, except: 9.1
  - If the field umpire suspends play (by blowing their whistle and indicating to the Time Keeper with both hands above his head in the shape of a "T") due to a player sustaining an injury that requires the use of a stretcher or that the Umpire considers serious (Refer to bylaw 33).
  - If the field umpire suspends play in the event of any Order Off offence committed by a player or official. 9.1.2
  - 9.1.3 If a Captain approaches the field umpire to request a head count.
  - 9.1.4 If in the opinion of the field umpire, exceptional circumstances are warranted.

#### 10. INTERVALS

The maximum times allowed for intervals between quarters, in all age groups are:

- First guarter interval shall be not more than five (5) minutes. 10.1
- 10.2 Half time interval shall be not more than ten (10) minutes.
- 10.3 Three quarter time interval shall be not more than five (5) minutes.
- Upon a second warning from the umpire and a team has not made an acceptable effort to take the field, the umpire shall award a 10.4 free kick to the opposing team. Should both teams be offending the umpire will pay a free kick to the 1st returning team.
- 10.5 In addition to Bylaw 10.4, if any team is deemed by the Umpire to be in breach of Bylaw 10.4, the coach(s) of the offending team(s) shall be reported for time wasting.

#### 11. YEAR GROUPS

YEAR GROUP	BIRTH DATE RANGE	NOTES
Auskick Pre-Primary	01/07/2009 to 30/06/2010	Auskick rules flowchart
Auskick Year 1	01/07/2008 to 30/06/2009	Auskick rules flowchart
Auskick Year 2	01/07/2007 to 30/06/2008	Auskick rules flowchart
Auskick Year 3	01/07/2006 to 30/06/2007	Auskick rules flowchart
Year 4	01/07/2005 to 30/06/2006	no minimum, 15 maximum on field, unlimited reserves
Year 5	01/07/2004 to 30/06/2005	no minimum, 15 maximum on field, unlimited reserves
Year 6	01/07/2003 to 30/06/2004	no minimum, 15 maximum on field, unlimited reserves
Year 7	01/07/2002 to 30/06/2003	15-18 per team, maximum 7 reserves
Year 8	01/07/2001 to 30/06/2002	18 per team, minimum 12, maximum 7 reserves
Year 9	01/7/2000 to 30/06/2001	18 per team, minimum 12, maximum 7 reserves
Year 10	01/07/1999 to 30/06/2000	18 per team, minimum 12, maximum 7 reserves
Year 11	01/07/1998 to 30/06/1999	18 per team, minimum 12, maximum 7 reserves
Year 12	01/07/1997 to 30/06/1998	18 per team, minimum 12, maximum 7 reserves

- 11.1 Any player who is repeating Year 12 is NOT eligible to play in the Year 12 year group competition and should be encouraged to join a senior community competition.
  - 11.1.1 The granting of any such request shall apply only to the current season and can be subject to review by the JCC Executive during the course of the current season
- 11.2 On application to the JCC a player may be eligible to play up a **MAXIMUM** of one age group only.

# 12. PHYSICAL SIZE & DEVELOPMENT CRITERIA

Players must apply to the JCC Executive for permission to play down an age group during the current season.

- 12.1 Approval will only be granted if the player submits with their application to play down, written authority by the sports physician(s) or doctor(s) that is specified by the District and addresses; Is less than sex maturity rating four (4), and falls below the fifth (5th) percentile for height or weight.
- 12.2 A player granted permission to play down an age group will be eligible for the fairest and best votes for the grade in which he has received permission to play.

# 13. DISABILITY (Physical & Intellectual)

A player with a disability may apply to the JCC Executive for permission to play down an age group during the current season.

- 13.1 Approval will only be granted if the player submits with their application to play down, written authority by a sports physician or registered medical practitioner.
- 13.2 The granting of any such request shall apply to the current season only.
- 13.3 A player granted permission to play down an age group will be eligible for the fairest and best votes for the grade in which he has received permission to play.

#### 14. INSURANCE

Each member Club shall take out, for the current season, insurance policies sufficient to cover itself, its officials, umpires, coaches and players to the following minimum levels.

- 14.1 Approval will only be granted if the player submits with their application to play down, written authority by a sports physician or registered medical practitioner.
- 14.2 The granting of any such request shall apply to the current season only.
- 14.3 A player granted permission to play down an age group will be eligible for the fairest and best votes for the grade in which he has received permission to play.

#### 15. CLUB REGISTRARS

Each member Club shall elect or appoint a Registrar who shall be responsible for the registration of players for that Club and shall keep a record of the achievements of those players as may be required.

The Club Registrar shall be responsible for the notification to the JCC Registrar of any changes to the personal details of any players registered with that Club in accordance with the WAFC approved registration system.

#### **16. REGISTRATION**

No players shall be eligible to take part in any match under the control of the JCC until a WAFC FOOTBALL AFFAIRS COMMITTEE approved registration form has been completed by or on behalf of such player, and a clearance has been obtained from the player's previous club, if necessary. The registration shall be on the form approved by the WAFC FOOTBALL AFFAIRS COMMITTEE and shall show all of the following details:

- 16.1 Name of club with which the player wishes to register.
- 16.2 Full name, address, telephone number and date of birth of the player to be registered.
- 16.3 Birth registration number
- 16.4 State or country of birth or other authentication of birth date, which shall be witnessed and confirmed by the Club Secretary or another authorised official.
- 16.5 Signature of the Club official taking such registration.
- 16.6 An indication from the player that he would be willing/not willing to be trained as an umpire of lower age groups.
- 16.7 Where players have indicated a willingness to be trained as an Umpire, a copy of their registration form shall be forwarded by the registrar to the Umpires Coach.
- 16.8 A liability disclaimer signed by a parent or guardian.
- 16.9 The completed form must be signed by a parent or guardian verifying registration details are true and correct.
- 16.10 Details of Schools attended.
- 16.11 A player's registration with a Club shall remain valid until he/she registers and receives a clearance to play football with another Club.
- 16.12 The club Registrar must enter all new player details onto a WAFC approved registration system. On receipt of a player's registration details the **JCC Registrar** must confirm details within 7 days. The **JCC Registrar** shall be notified forthwith at any changes of name, address of any players.
- 16.13 **FEMALES** may participate in all levels of football. Females moving from AFL Junior to AFL Youth (Year 7 to Year 8) must be fully informed (in writing) of the changes regarding the physical nature of open rules before participating at this level. The responsible Club shall undertake notification. Females can play in all competitions up to and including Year 9.

#### 17. TRANSFERS

A registered player may transfer from one Club to another Club including cross district transfers.

- 17.1 All applications for clearances to another Club must be lodged by the thirtieth day of June in each year.
- 17.2 A clearance lodged after June 30 may only be approved under special circumstances deemed appropriate by the Competition Director in consultation with WAFC (General Manager Game Development).
- 17.3 All applications for clearances must be made on the registration system approved by the WAFC FOOTBALL AFFAIRS COMMITTEE. A clearance application form must be signed by the player wishing to transfer and endorsed by his parent or guardian. The form will be retained by the club and provided on request.
- 17.4 Players are not permitted to be registered and play in more than one Club and / or one District / Region.
- 17.5 A player transferred or cleared to a member Club shall be registered by such Club in the manner provided in By-Law 15.
- 17.6 All Players are required to lodge a clearance to be eligible to transfer from a Youth Age Competition (Year 8-Year 12) to a Senior Competition and must receive approval from the Youth Club except if the provisions of By-law 16.8 apply.
- 17.7 The player requesting a transfer must first approach the club he is seeking to be transferred from to obtain a signature from a club representative on an approved transfer request form. The normal transfer processes then ensue once this initial step has been completed. This allows clubs to better understand the reasons as to why a player has transferred from their club.
- $17.8 \qquad \hbox{The Club from which the clearance is requested, must:}$ 
  - 16.8.1 Note the receivable date of the clearance.
  - 16.8.2 If the clearance is granted, endorse the clearance form.
  - 16.8.3 Attach the player's history details to the approved clearance form.
  - 16.8.4 If the clearance is not granted, indicate the reason for refusing the clearance.
- 17.9 All clearances are to be lodged upon being signed by a player wishing to transfer between clubs. In the event that a Club does not deal with and return a clearance application within six (6) days of the received date noted on the form, the club seeking the clearance shall seek and obtain a clearance from the **JCC Registrar**. Cross district clearances should take no longer than 6 days.
- 17.10 A clearance to another Club may *only be refused* for the following reasons:
  - $16.10.1\,$  The player has not paid registration fees or other monies owing to the Club, or
  - 16.10.2 The Player is under suspension by the Club for a breach of the Club rules, or
  - 16.10.3 Other reasons considered **valid** by the Club.
- 17.11 A player, for whom a clearance is refused, may satisfy the reason for refusal and seek another clearance, which shall not be unreasonably withheld.
- 17.12 In the event of a dispute between clubs or players and clubs, The **JCC Executive** may adjudicate on any clearance application for a player as required.
- 17.13 A player who is under suspension by the Protests and Disputes board may be transferred to another Club **PROVIDED HOWEVER** that notification of such suspension is given to the transferee Club and the player continues to serve the full period of suspension.
- 17.14 The JCC Executive may refuse clearances in circumstances they deem are not in the best interests of the competition. This includes but is not limited to, player poaching, building of super-teams, or other unfair and inappropriate recruiting or player discouragement methods that disadvantage other teams and clubs within the competition.
- 17.15 Any clearance disputed between two JCC's will be referred to WAFC General Manager Game Development for mediation.

#### 18. MATCH DOCUMENTS

The following documents shall be provided by the **JCC Executive** for use by each competing team in each match played under the control of the **JCC**.

- 18.1 A team list using the WAFC FOOTBALL AFFAIRS COMMITTEE approved registration program team sheet containing the following information:
  - a) The Club name and the age group of the team.
  - b) Date and venue for the match.
  - c) Surname and first name and jumper number of each player representing that Club in the match.
  - d) The name and accreditation of the Coach.
  - e) The name and accreditation of any Assistant Coaches.
  - f) The name of the appointed Team Runner(s).
  - g) The names of the team Water Person(s).
  - h) The signature of the Team Manager or another authorised team official.
  - i) The name of the appointed Interchange Steward.
  - i) Date of Birth.
  - k) Photo ID if applicable.
  - Match score.
  - m) Name of Trainer/Medical Attendant.
- 18.2 One fairest and best voting slip for age groups 13 years and older and one suitably marked envelope showing the names and age group of both competing teams and the date and venue for the match per approved **JCC** method.
- 18.3 Score cards: 2 for goal umpires and 1 for interchange steward / independent scorer in 13's Competitions upwards.
- 18.4 Goal umpires and interchange steward / independent scorer shall enter all goals and behinds and confer at the conclusion of each quarter and otherwise carryout their duties in accordance with the AFL laws of the game.
- 18.5 Should any discrepancy occur in the scores recorded by both goal umpires then the scores will be clarified with the umpires and the interchange steward and/or independent scorer, with the scorecard of the interchange steward and / or independent scorer being deemed as the official score.
- 18.6 The Team Manager or other appointed official or umpire shall after the conclusion of the match return all completed match documents duly endorsed "all clear" (except where a report has occurred) and signed by the field umpires verifying their correctness. These match documents must be returned to the JCC Registrar using the JCC designated delivery process.
- 18.7 Players may only take the field if they are listed on the match sheet and in attendance at the game.
- 18.8 Late arriving players *cannot* take to the field until presented to the umpires at the next break between quarters. Late arriving players *SHALL NOT* enter the playing field *after half time*.

## 19. CLUB OFFICIALS

Each member Club shall elect Club administrators and officials who will be responsible for the effective and efficient operation of the Club. These officials must include:

- 19.1 President, Committees, Delegates to the JCC and other required officials whom will be elected as per each clubs constitution.
- 19.2 Coaches, Trainers and other officials who are suitably accredited as per WA Football codes and guidelines.
- 19.3 The **DFDC/JCC** shall adopt the codes of conducts/policies as defined by the WAFC Football Affairs COMMITTEE/ **DFDC/JCC** and all Club, team and game officials shall agree to abide by such code.
- 19.4 All District and Club volunteers will be subject to a Working with Children Check and will be required to comply with the guidelines where necessary.
- 19.5 Clubs are to have in place a policy on 'Duty of Care' relevant to coaches, administrators and Club officials. When adults have responsibility of care for children Clubs must ensure the safety, health and protection of children. Clubs are responsible for the behaviour of its officials in line with WA Football Policies.

#### **20. TEAM OFFICIALS**

Officials include coach, manager, runner, assistants, water carriers, game day volunteers, club appointed umpires, club officials or any person deemed by the JCC to be an official, that relate to the game day, not covered above.

Each competing team shall supply a Timekeeper for each game.

- 20.1 Each competing team shall supply a Timekeeper for each game.
- 20.2 The home team will have a means of keeping time and of indicating the end of each quarter to the field umpire, and be deemed to be the official time keeper.
- 20.3 All coaching staff and team officials are **not** permitted to intimidate, dispute decisions or interfere with the Umpire or his role on the day of the match.
  - 20.3.1 All Coaching staff must remain within the coaches' box. Only listed coaching staff can remain in the Coaches box. Coaching staff may only exit the coaching box at authorised quarter changes, half time and at the conclusion of the game.
- 20.4 Each competing youth age team shall supply a boundary umpire who shall be correctly attired and of sufficient knowledge and competency to correctly throw the ball into play and carry out all other responsibilities of the position, as defined in the Laws of
- 20.5 Each competing team shall supply a goal umpire who should be an adult who will wear the approved white attire and have a minimum of two signalling flags. The goal umpire is not permitted to coach or encourage players. The goal umpire will also be supplied with a scorecard in youth matches.
  - 20.5.1 The goal umpires in the Youth competition will keep a record of each team's score during the game, will compare score cards at the end of every quarter and will change ends at half time. Goal Umpires must compare scorecards with interchange Stewards at all major breaks.
  - 20.5.2 At the conclusion of the game they will date and sign the scorecards and hand same to the field umpire.
  - 20.5.3 The goal umpires will endeavour to keep the area immediately behind the goal line clear of spectators and other obstructions (refer to by-law 20.1).
- 20.6 It shall be the responsibility of the Home team to provide an interchange steward (youth only). In the event an Interchange steward is not in attendance the appointed timekeeper/s will be responsible for the recording of send off details and make notes of any issue that would usually be the responsibility of an Interchange Steward.

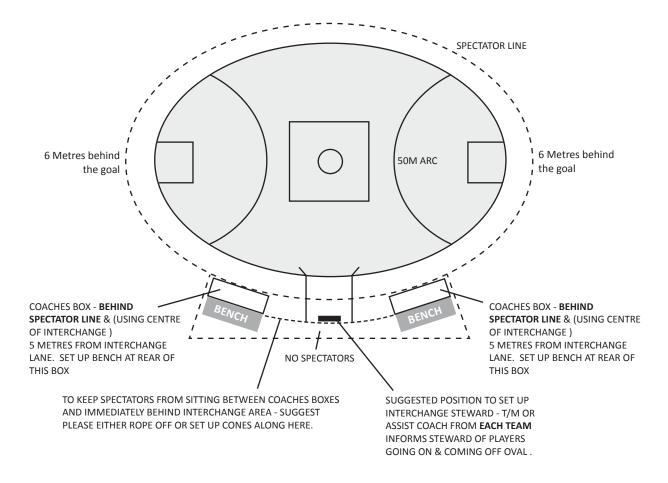
- 20.7 Any team runner shall be clearly identified by wearing an approved **JCC** uniform.
  - 20.7.1 Year 4 (Prev 9's) teams are NOT permitted to have a runner. The coach is permitted to be on the ground during the game. The coach is **NOT** permitted to carry water. The Coach is **not** permitted to carry a file or any other item which may cause injury to a participant.
  - 20.7.2 Each team in Year 5, Year 6's and Year 7's, is permitted to appoint one team runner.
  - 20.7.3 Youth teams may appoint two runners with only *one* permitted on the field of play at any time.
  - 20.7.4 Runners for teams in the Junior/Youth competition ARE NOT permitted to carry water.
  - 20.7.5 Team runners *are not* permitted to remain on the playing arena. Team runners are to deliver message/s from the coach to a player (s) and return immediately to the coach's bench via the interchange. *Team runners are not permitted to "coach" whilst on the ground.*
  - 20.7.6 Team runners must enter and exit the playing arena through the interchange area at all times.
  - 20.7.7 Team runners should be an adult.
  - 20.7.8 Team runners' names are to be entered onto team sheet.
- 20.8 Each team in the Youth competition are permitted to have two (2) water carriers. These persons shall be clearly identified by wearing approved JCC uniform. Additional water carriers can be applied for at the discretion of the JCC Executive.
  - 20.8.1 Water carriers **ARE NOT** to become involved in any capacity in on field coaching. Water carriers are permitted for all age groups. One only per team in Year 4 Year 7's and a maximum of two per team for Year 8 Year 12.
  - 20.8.2 Water carriers should be an adult.
  - 20.8.3 Water carriers' name(s) is to be entered on to both team sheets.
- 20.9 Each team, where possible, shall provide a team medical officer / sports trainer.
  - 20.9.1 The team medical officer/sports trainer shall be clearly identified by wearing approved JCC uniform.
  - 20.9.2 The team medical officer/sports trainer must be able to prove, upon request by league officials, suitable proof of qualifications to assess and remove injured players on a stretcher.
  - 20.9.3 Should a team fail to provide a qualified medical officer / sports trainer, then the opposing teams suitably trained medical officer / sports trainer may assume control of injured players for both teams.
  - 20.9.4 It is recommended that all medical / trainers should have a minimum Basic First Aid Certificate.
- 20.10 A player or team official under suspension for a breach of the Laws of the Game or the rules or By-laws of the **DFDC/JCC** may not play or officiate in any game of Australian Football during the period of suspension. This includes any affiliated senior, junior, WAFL, Country, School or Interstate competition.
- 20.11 All team participants, team officials, parents, spectators and club officials are expected to adhere to the following, (As per 40.3), WA Football supports a **ZERO TOLERANCE** stance against any form of umpiring or officials abuse or intimidation. Any breaches of these codes will result in penalties and sanctions directed at the person responsible, the team and possibly the club.
  - 20.11.1 Penalty for breach Any Club, player or team official considered by the **JCC Executive** to be in breach of this bylaw, may be fined or suspended or otherwise penalised as decided by the **JCC Executive** according to its agreed penalties.

#### 21. GROUND PREPARATION

Each team shall be responsible for the following at its home ground:

- 21.1 The oval shall be marked in accordance with the Laws of the Game, which shall include a spectator line at least 6 metres outside the boundary line and 6 metres behind the goals. Please note the Coaches Box cannot be marked in front of the spectator's line.
- 21.2 For AFL Juniors matches the field dimensions shall not exceed 110m in length and 80m in width.
- 21.3 For the Year 8 year group the recommended field dimensions are 140m in length and 120m in width but shall not exceed 150m in length and 130m in width.
- 21.4 For all other Youth age matches the dimensions can range between 135m to 185m in length and 110m to 155m in width.
- 21.5 Penalty for any failure to prepare ovals to the required size could include Premiership points (refer Bylaw 20.13).
- 21.6 A clearly identified coaches and players box shall be marked no less than five (5) metres from either side of the interchange area in Year 5's and above. This must be marked in paint. Where this is not possible cones may be used with permission from the JCC Executive.
  - 20.6.1 The dimensions of the box shall be as per Coaches box dimensions and placement in by law 21
- 21.7 Game does not commence until padding is placed around all fixed goal and behind posts as per the Laws of Australian Football Law 3.5.2.
- 21.8 Have access to a telephone and emergency telephone numbers for ambulance, doctor and police.
- 21.9 Provide a stretcher.
- 21.10 Provide ice for medical treatment/s.
- 21.11 Where a game is allocated to a neutral venue, the **JCC Executive** shall nominate a home team, which shall be responsible for all provisions as if the game was being played on the home ground of that team.
- 21.12 A check of the ground surface is to be conducted before the first match of the day and the appropriate JLT ground report form completed. If in the event that a AFL Youth game is played following an AFL Junior or Auskick game and or weather conditions change, then another ground check should occur prior to that game commencing and be documented.
- 21.13 The JCC will have the final discretion for use of ovals in their competitions.
- 21.14 Penalty for breach Any Club, player or team official considered by the **JCC Executive** to be in breach of any of By-laws 20, may be fined or suspended or otherwise penalised as decided by the **JCC Executive** according to its agreed penalties.

#### 22. COACHING BOX DIAGRAM - DIMENSION AND PLACEMENT



## **Recommended Field Dimensions:**

Year 8 140m in length and 120m in width but shall not exceed 150m in length and 130m in width.

Year 9 – 12 135m to 185m in length and 110m to 155m in width

#### 23. INELIGIBLE PLAYERS

Ineligible players shall not be included in any team or take part in any match.

- 23.1 The following players shall be classified as ineligible:
  - 23.1.1. A player not properly registered with a member Club and the JCC.
  - 23.1.2 A player who is over the age limit for any particular game UNLESS that player has a disability or *meets the physical size and development criteria* AND is granted permission by the **JCC Executive** to play down in that particular grade pursuant to By-law 12 and 30.
  - 23.1.3 A player who is under suspension.
  - 23.1.4 A player who in the opinion of an appropriate medical authority has suffered concussion, should not play the following week i.e. stand out 1 week, provided the Club has been informed and whom such authority to play has not subsequently cleared.
  - 23.1.5 A player who has not received a lawful clearance or permit from another affiliated club or another DFDC with which he/she was previously registered.
  - 23.1.6 Only players that actually participate in the match can be listed on the team sheet.
- 23.2 In an endeavour to ensure that a player who is suspended for a significant period of time does not play in any other DFDC/JCC or affiliated competition (all of WA), players who are suspended, accepting of a prescribed penalty, or found guilty in affiliated competitions shall be reported by the Tribunal Secretary or Competition Director to the WAFC (General Manager of Game Development) for circulation to all other affiliated bodies.
- 23.3 If a team, which included a player who was ineligible to play, the team shall forfeit the match and the match shall be awarded to the opposing team as per By Law 25 and 23.4.
  - 23.3.1 Should the opposing team also play an ineligible player in the same match no score or points shall be awarded to either team. Additional penalties including fines may be administered at the discretion of the JCC Executive
- 23.4 Penalty for breach Refer By-Law 24 Forfeits.

#### 24. QUALIFYING ROUNDS

- 24.1 In Year 7's upward each qualifying round match, four premiership points shall be awarded to the winning team and two points shall be awarded to each team in a drawn match.
  - 24.1.1 Exemptions to by-law 23.1 will be granted to Districts adopting a pilot or permanent enviropoint (bonus point game).

#### 24.1.2 E- Point Base Model

Each District will adopt a Base Model that will be applied as a 1 point system.

Each team will be automatically awarded a bonus E-point at the commencement of each game. Final consideration of the E-Point is at the discretion of the JCC Executive.

A team can lose its bonus E-Point if either part, or all of the below occurs,

- 2 or more yellow cards are issued to the team during or after a game.
- A proven red card is issued during the game (player or club official) (Club officials include coach, manager, runner, assistants, water carriers, game day volunteers, club officials or any person deemed by the JCC to be an official).
- Any report is made against the team, its players or officials undertaking roles related to the team including club officials by the Umpires. (Club officials include coach, manager, runner, assistants, water carriers, game day volunteers, club officials or any person deemed by the JCC to be an official).
- Any report made by approved persons with reporting powers as per the Junior Bylaws.
- Any act that the JCC deems brings the game into disrepute by players and officials. (Officials include coach, manager, runner, assistants, water carriers, game day volunteers, club officials or any person deemed by the JCC to be an official, that relate to the game day, not covered above).

#### Method of application

Umpire ticks box on match sheet to give all clear.

- 24.1.3 Districts may adopt their own preferred model of an E-Point that meets their own Districts specific needs and objectives. However the minimum should be the Base Model as outlined in 23.1.2.
- 24.1.4 Cross District competitions will need to reach agreement on the E-Point model that is utilised. Where agreement cannot be reached then the Base Model (23.1.2) will be applied.
- 24.2 If a winning teams margin exceeds 10 goals the team will only be credited with a maximum of 60 points (10 goals) winning margin.
- 24.3 Where equality in total premiership points occurs at the conclusion of the qualifying round, the position of a team shall be decided on percentage calculated by a formula in which the total number of points scored by the team shall be multiplied by 100 and divided by the total number of points scored against the team.
- 24.4 In the event that uneven matches are played, a match ratio shall apply to the premiership table. Match Ratio is calculated by the number of wins divided by the number of games played multiplied by 100.
- 24.5 In terms of equal opportunity (Player Rotation) Players *must play* at least 50% of the match (Qualifying) and (Finals). A consequence of this is at the discretion of the JCC (this may include, but is not limited to forfeit of match or coach deregistration.

## 25. FORFEITS

In the AFL Youth competition a match shall be deemed to be forfeited if either team consists of less than (12) players.

- 25.1 Where a team fails to appear or where a team forfeits a match, full premiership (4) points, and subsequent E-Points, shall be awarded to the team receiving the forfeit.
- 25.2 The team receiving the forfeit should be credited with 60 points.
- 25.3 The team that forfeited the match shall be credited 0 points.
- 25.4 In the case of a forfeited match, team lists showing the names of all players of both teams in attendance shall be submitted to the field umpire.
- 25.5 In the event of any forfeit both Clubs involved shall advise the **JCC Executive** in writing within forty eight (48) hours of the date of the match and include the reasons for the forfeit.
- 25.6 The **JCC Executive** shall be empowered to fine either or both Clubs if in its opinion the reasons given for the forfeit are not acceptable.
- 25.7 Any Club that forfeits any match and any club that fails to adhere to By-law 24.4 shall be fined or otherwise penalised, at the discretion of the **JCC Executive**.
- 25.8 All players listed on both team sheets shall be credited as having played that game for the purposes of finals eligibility and historical records.

# 26. GAME DAY PLAYER EVEN UP

Player even up must be applied for the entire game including finals. Please refer to Bylaw 25.3.1 re: Red / Yellow cards. This section makes provisions for increased player welfare.

- 26.1 Modified Rules Football A match of modified football (Year 4 Year 7's
  - 26.1.1 has no minimum number of players; and
  - 26.1.2 the even up rule will apply when one or two teams have less than 15 players; and
  - 26.1.3 all additional players will be offered to the lesser numbered team; and
  - 26.1.4 each team shall have even numbers of players until teams comprise of 15 players.
  - 26.1.5 Junior Bylaw procedures apply in the case of Yellow and Red cards
- 26.2 Youth Rules Football
  - A match of Youth football (Year 8 Year 12):
- 26.2.1 has minimum and maximum player numbers; and

- 26.2.2 the even up rule will apply when one or two teams have less than 18 players; and
  - 26.2.3 an even number of players from both teams are to start the match on the field; and must be on the field at all times except if a red or yellow card is issued. Once the 15 minute penalty for the red or yellow Card has been served then an even number of players from both teams must be on the field.
    - 26.2.3.1 If a player is injured and the team has no player to replace the injured player, the opposing team must even up immediately.

**Even-Up Yellow Card Conditions:** 

- An offender ordered off for a yellow card offence during an even-up situation cannot be replaced for 15 minutes of game time.
- 26.2.4 If a side can only field between 12 and 17 players the coach with the greater number of players must offer all additional players to the lesser numbered team to field up to the maximum of 18 players per team; and
- 26.2.5 Players must be rotated so that no single player plays more than 1 quarter per match for the opposition team.
- 26.2.6 Junior By Law procedures apply in the case of Yellow and Red cards
- 26.2.7 Any team that refuses the even up provisions will be deemed as losing the game and forfeiting any points and percentages earned during that game.
- 26.2.8 A Club, in which any one of their coach refuses the even up provisions will be required to explain as to why a team/ or club will not be penalized.
  - Players, who are lent to another team, must have their names entered into that new team list with their original team stated in brackets after their name.
- 26.3 Penalties Even Up penalties are as follows:
  - 26.3.1 Junior Bylaw procedures apply in the case of Yellow and Red cards
  - 26.3.2 Any team that refuses the even up provisions will be deemed as losing the game and forfeiting any points and percentages earned during that game.
  - 26.3.3 A Club, in which any one of their coach refuses the even up provisions will be required to explain as to why a team/ or club will not be penalized.
  - 26.3.4 Any coach who disregards this rule will be issued with deregistration citations as stated in this manual
  - 26.3.5 Any Club, player or team official, considered by the JCC Executive to be in breach of any part of By-Law 25, may be fined, deregistered, suspended or otherwise penalized as decided by the JCC Executive according to its agreed penalities.

#### 27. REMOVAL OF PLAYERS FROM ARENA

No Coach or Club Official may remove a team from an oval during play. If a coach or any team official removes a team from the playing arena whilst a game is in progress, such person and a responsible official from the person's club shall be required to appear before the **JCC Executive** and show cause why a penalty should not be imposed on the club and/or person, for their actions.

#### 28. SOCIAL MATCHES / INTER / INTRA CLUB & SCRATCH MATCHES

- 28.1 The JCC Executive may approve the arrangement of social matches or excursions for teams of registered players PROVIDED always that: Each member Club shall, if possible have an equal or near equal number of representatives in such match or excursion.
- 28.1 Players and team officials shall be sent on such terms as may be decided by the **JCC Executive**.
- 28.2 If not set by the **JCC Executive** the rules for such matches may be agreed upon by the competing teams.
- 28.3 All details of such matches, including intended time, date, location and age group, are to be forwarded to the Competition Director for approval prior to the match. Approval will only be given for such matches if the ages of all players are the same.

#### 29. PLAYER ELIGIBILITY

- 29.1 If a player plays 5 or more games in an older age group / competition then they shall be deemed to be a part of that older age group / competition for the remainder of the season (including finals). They will not be eligible to play any further regular season games or finals in the younger age group / competition.
- 29.2 WAFL Colts Players who have played at least half of the total matches in the qualifying rounds of that season for a team with a junior club may participate in one (1) only junior club team for finals competition.
- 29.3 WAFL Colts players whom play for their WAFL club must have written permission from the designated WAFL Club Representative of that club to be released to play with their junior team. Permits are to be placed in game day envelope with Team Sheets
- 29.4 Any colts player (WAFL, WAAFL, PFL or any other WAFC affiliated competition) who has played in excess of 50% game time in the colts fixture will be ineligible for Junior Football on that same weekend. If a club allows an unregistered or ineligible player to play in any team in any game the team will be disqualified and the game awarded to the opposing team. In the event both teams play an unregistered or ineligible player the JCC Executive may penalise both teams and award the fixture to the next placed participants
- 29.5 Any club that breaches any subsections under by-law 29 may be fined or penalised at the discretion of the JCC Executive.
- 29.6 Players who miss matches in the qualifying rounds of that season through participation in any WAFL State program will be credited for each match missed. The grade of game allocated will be the grade where the player has played the majority of matches in the current season.

## **30. ELIGIBILITY FOR FINALS**

- 30.1 To be eligible to take part in any final round match (Finals) the player must have played a minimum of five (5) matches for that team in the qualifying rounds of that season.
- 30.2 For a player to be eligible to take part in any final round match in a higher age group the player must have played a minimum of four games in that higher age group between 30 June and the completion of the final qualifying round for the higher age group of that season. All four games must be played between the mentioned dates and for one team.
- 30.3 A player who has suffered a long term injury, and has subsequently not qualified for finals, may on application to the JCC be deemed eligible given that they have notified the JCC at the time of the initial injury. The application requires supporting medical documentation and the final decision is at the sole discretion of the JCC.

#### 31. FINAL ROUND MATCHES

After the conclusion of all qualifying round matches, the final round matches shall be played in the following order.

- 31.1 Where there are six (6) teams or less in the competition, a final four (4) will be played.
  - 31.1.1 First Semi Final team finishing in third position (the "home" team) shall play the team finishing in fourth position (the "visiting" team) with the loser being eliminated and the winner advancing to the Preliminary final.
  - 31.1.2 Second Semi Final team finishing in first position (the "home" team) shall play the team finishing in second position ("visiting" team) with the loser advancing to the Preliminary Final and the winner to the Grand Final.
  - 31.1.3 Preliminary Final winner of First Semi Final ("visiting" team) shall play the loser of the Second Semi Final ("home" team) with the loser being eliminated and the winner advancing to the Grand Final.
  - 31.1.4 Grand Final winner of the Second Semi Final ("home" team) shall play the winner of the Preliminary Final ("visiting" team) with the winner becoming the Premiership team for that grade until the next Grand Final in the following season.
- 31.2 Where there are seven (7) teams or more in the competition, a final five (5) may be played at the discretion of the **JCC Executive**.
  - 31.2.1 Elimination Final team finishing in fourth position ("home" team) shall play the team finishing in fifth position ("visiting" team) with the loser being eliminated and the winner advancing to the First Semi Final.
  - 31.2.2 Qualifying Final team finishing in second position ("home" team) shall play the team finishing in third position ("visiting" team) with the loser advancing to the First Semi Final and the winner advancing to the Second Semi Final.
  - 31.2.3 First Semi Final team winning the Elimination Final ("visiting" team) shall play the team losing the Qualifying Final ("home" team) with the loser being eliminated and the winner advancing to the Preliminary Final.
  - 31.2.4 Second Semi Final team winning the Qualifying Final ("visiting" team) shall play the team finishing in first position ("home" team) with the loser advancing to the Preliminary Final and the winner advancing to the Grand Final.
  - 31.2.5 Preliminary Final winner of First Semi Final ("visiting" team) shall play the loser of the Second Semi Final ("home" team) with the loser being eliminated and the winner advancing to the Grand Final.
  - 31.2.6 Grand Final winner of the Second Semi Final ("home" team) shall play the winner of the Preliminary Final ("visiting" team) with the winner becoming the Premiership team for that grade until the next Grand Final in the following season.
- 31.3 Should the final scores of both teams in any final round match, including the Grand Final, be equal at the end of the time allocated for the match, such match shall be extended by two (2) additional periods of five (5) minutes with no time on, in which the teams shall change ends and kick to either end of the ground alternatively.
- 31.4 Should the scores still be tied at the end of these addition periods the team captains will decide which team will kick to which end of the ground by the toss of a coin and play will then resume until one team scores and that team shall be declared the winner.
- 31.5 At the end of the game there will be a **2min** break between fulltime and the commencement of the extra time. (Coaches allowed on field at this time)
- 31.6 After the completion of the first 5min of extra time it is a straight changeover no coaching staff on the field
- 31.7 The JCC Executive shall endeavour to appoint Field Umpires, Boundary Umpires and Goal Umpires for all final round matches.
- 31.8 Plate Finals may at the discretion of the **JCC Executive** be played amongst the remaining teams (provided that there are four or more teams) finishing after those teams that qualify for the final round.

#### 32. PROTECTIVE GEAR

- 32.1 A player who desires to wear protective headgear during a match must wear a Sports Physician or Doctor approved headgear.
- 32.2 Players suffering from any known disabilities or medical condition:
  - 32.2.1 Where a player is aware that he has an actual or potential disability or medical condition which could result in injury respect of which he is required or a certificate from a medical practitioner certifying that the player will, in the view of the medical practitioner, receive adequate protection in respect of such potential injury from the protective headgear. The necessary forms are available from the JCC Registrar.
- 32.3 Player's not suffering from any known disabilities or medical condition:
  - 32.3.1 Forms are available from the **JCC Registrar**, which requires a parent or guardian to state that a player does not suffer from any known disability or medical condition, which will be affected if injuries are received to the head whilst wearing the said protective headgear.
- 32.4 The **JCC Executive** form approving the wearing of the headgear must be shown to the umpire before each match and approved in writing by the **JCC Executive**. The umpire is authorised to forbid the player from participating in the game if the form of approval is not shown
- 32.5 The JCC Executive strongly advocates the wearing of protective mouth guards by all players in all matches.
- 32.6 The JCC Executive does not recommend the wearing of playing gloves; these should only be worn on the recommendation of a sports physician or Doctor, supported by a valid medical certificate and approved in writing by the JCC Executive.
- 32.7 Players are not permitted to wear a Plaster Cast during the course of a game.
- 32.8 Players wishing to wear spectacles during matches and training must wear spectacles with plastic frames and plastic lenses and must be held on securely by a band.
- 32.9 Players, Runners, Water Carriers and Trainers / Medical are not to wear jewellery including wrist bracelets. Medical bracelets are permitted however they must be taped and marked 'MEDIC'.
- 32.10 It will be left up to the discretion of the Competition Director to allow or disallow the use of any other protective gear not addressed in these by laws.

#### 33. FOOTBALLS

Each competing team shall supply a **leather** football of a size approved for that age group, and be in premium condition and ready for match play. The ball shall also be a WAFC agreed sponsored brand. In Grand Finals, All footballs shall be new.

- 33.1 The home teams shall provide the match ball.
  - 33.1.1 The away team are to provide a suitable spare football.
- 33.2 Football of the following sizes are approved for the use in the respective age groups:
  - 33.2.1 Size 2 ('Mini League'/'Mini Team') for Year 4 and Year 5
  - 33.2.2 Size 3 ('Little League'/'Junior Team') for Year 6's and Year 7's.
  - 33.2.3 Size 4 ('School League'/'School Team') for Year 8's, Year 9's and Year 10's.
  - 33.2.4 Size 5 ('League'/'Senior Team') for Year 11's and Year 12's.

#### 34. USE OF STRETCHER/INJURED PLAYERS

In all games including finals:

- 34.1 Any player who in the opinion of the injured player's team officials requires the assistance of a stretcher shall be attended by a suitably trained and certified medical officer in the practice of use of a stretcher prior to removal of that player.
  - 34.1.1 Unless the player is capable and conscious enough to place themselves on the stretcher without assistance.
- 34.2 The timekeeper shall stop the clock at the time a stretcher crosses the boundary line and the field umpire has called time, and shall restart the clock at the time the field umpire recommences play and calls time on and the timekeeper shall also record the time out and the time of the quarter at which point the clock was stopped.
  - 34.2.1 In the event that the time taken to attend to the injured player exceeds 10 minutes from the time out the following will apply.
    - a) If the quarter ends during the delay: time will be called for the quarter and play will recommence for the next quarter.
    - b) If the final quarter is in progress and the stretcher is called for, the remaining time will be played out.
  - 34.2.2 If the stretcher has been called for by an authorised person, then the player will be removed from the playing field via the most direct route for play to recommence and the injured player may be replaced through the interchange.
  - 34.2.3 Only authorised persons are permitted to enter the field of play and no team meetings or coaching is permitted during this time. Players must remain in their positions ready for recommencement of play.
  - 34.2.4 Should a coach enter the field of play during a stretcher call and in the opinion of the umpire was doing so in order to provide instruction. A free kick will be awarded to the opposing side in front of goal at the end of the 10 metre square. (This rule will not apply if the 10 minutes or quarter break becomes enforced).
  - 34.2.5 Should both teams' coaches enter the field of play for the purpose of giving instruction, play will resume as would be the case under the rules of the game and both teams will have a severe fine imposed at the discretion of the **JCC Executive**.
- 34.3 Umpires will report all stretcher call outs and the outcomes on the match documentation.
- 34.4 If a player is removed from the field on a stretcher then that player will not take any further part in the game whatsoever.
- 34.5 If, in the opinion of a field umpire or team medical officer, a player cannot be moved from the field of play due to the severity of an injury, then play may be abandoned for the game at the discretion of a meeting between the 2 Team Managers and the Field Umpire and or any league appointed official and or any league appointed official (i.e match day steward) and or a JCC Executive if present.
  - 34.5.1 The **JCC Executive** shall be advised of any such abandonment for the purpose of either rescheduling the fixture or determining a result according to the progress score and point of the game at which the game was abandoned.
  - 34.5.2 For all final round matches all decisions pertaining to the above rules will be controlled by the **JCC Executive** or their appointed officials.
  - 34.5.3 Injured players must depart through the interchange or they are not permitted to return to the field. (Refer Bylaw 33.2)
- 34.6 Any player whose weight is supported by any person/s propping them up, examples includes being Fireman Chaired Off to be treated, for any part of the journey off the field are deemed as Stretchered. (EG Player is not capable of bearing their own weight)

#### **35. BLEEDING & BLOOD BORN INFECTIONS**

No Club shall allow any player to participate in any match or continue to participate in any match for so long as such player:

- (a) is bleeding; or
- (b) Has blood on any part of his/her person or uniform.
- 35.1 In the event that an Umpire observes a player who is bleeding or has blood on any part of his person or uniform, the Umpire shall take action as follows:
  - 35.1.1 On observing that a player is bleeding or where any item of uniform or any part of the player is covered in blood, the field umpire shall direct such player to leave the field immediately a break in play arises (i.e. score, free kick, mark, field bounce, boundary throw in).
  - 35.1.2 When a boundary, goal or emergency umpire observes the need for this rule to be implemented, at the first possible break in play they will alert the field umpire.
  - 35.1.3 Only the field umpires can direct a player to leave the playing field, thereby ensuring the team is not disadvantaged by playing one team member short for any period of time.
  - 35.1.4 Any player directed to leave the field can seek medical attention at any point off the field, however his replacement must enter through the interchange area.
  - 35.1.5 Field Umpire in control of play shall give the replacement player reasonable time to take up his/her position prior to play recommencing.
  - 35.1.6 When the injured player wishes to resume playing, he must enter through the interchange area (i.e. his / her playing number may have changed).
  - 35.1.7 A player, who refuses to promptly obey a direction of an umpire given in accordance with this policy, shall be reported by the umpire for misconduct in that he / she refused to leave the field.

- 35.2 A player shall immediately upon a direction by a field umpire, leave the playing arena, where such umpire is of the opinion that the player is bleeding or has blood on any part of his / her person or uniform. Upon being directed to leave the playing arena, a player shall not return to take any further part in any match until and unless:
  - a) the cause of any such bleeding has been abated;
  - b) the injury is securely covered to the extent that no blood is visible;
  - c) any bloodstained article of uniform has been removed and replaced;
  - d) Any blood on any part of a player's person has been thoroughly cleansed and removed.

#### **36. INCLEMENT WEATHER**

36.1 The Umpire in consultation with JCC Officials shall determine if a game should be delayed or abandoned due to inclement weather such as lightning as per AFL Laws of the Game and the AFL Junior Football Match Guide.

#### 37. AWARDS

In every match played in open competition, the Field Umpire shall allocate votes for players he considers to be the fairest and best players in that match.

- 37.1 The Fairest and Best Player in the game shall receive three (3) votes, with the other Fairest and Best Players receiving two, one votes in order of performance. These votes shall be recorded by the Umpire in an approved method set out by the JCC Executive.
- 37.2 The voting slip shall show:
  - 37.2.1 Age group date and venue of match.
  - 37.2.2 Surname, initial, club and jumper number of the three (3) selected players.
- 37.3 The Field Umpire shall sign across the seal of the envelope after inserting the voting slip
- 37.4 The JCC Executive shall appoint a person to whom the envelopes containing the fairest and best votes are to be entrusted and shall decide the manner in which those enveloped are to be stored.
- 37.5 The JCC Registrar shall decide on the place and date where all envelopes containing fairest and best voting slips are to be opened and all votes counted in a manner prescribed and by persons appointed by the JCC Executive.
  - 37.5.1 The player who polls the highest number of votes in each competition shall be adjudged the 'Fairest and Best' player of that competition.
  - 37.5.2 The player who polls the next highest number of votes shall be adjudged the 'Runner Up Fairest and Best'.
  - 37.5.3 In the event of an equality of votes then two or more trophies shall be presented.
- 37.6 Where discrepancies in names or other details occur on the voting slip it shall be checked against the team sheet for the relevant match to clarify the information.
- 37.7 The **JCC Executive** may at its discretion allow a Donor or Donors to donate or establish a trophy or award in the form approved by the **JCC Executive** and bearing the name of the Donor or Donors.
- 37.8 The following awards and trophies shall be presented by the **JCC** each year:
  - 37.8.1 **JCC** 'Fairest and Best' and "Runner Up Fairest and Best" awards to the player or players who poll the highest number of umpires votes in each age group in open rules competition.
  - 37.8.2 **JCC** award to the player selected by the Field Umpire or a specially appointed panel, as the case may be, as the Fairest and Best player in the Grand Final of each competition.
  - 37.8.3 Pennants and/or medallions for the team, which wins the Grand Final in each age group in open rules competition.
  - 37.8.4 Any other awards or trophies as the JCC Executive shall think fit.
- 37.9 No Junior or Youth Player is to receive cash / cheque / monies as payment or incentive or reward for playing football in under age competition.
  - 37.9.1 Vouchers from a sponsor or the club canteen are the preferred incentive method.

#### 38. CROSS DISTRICT PROTOCOLS

# 38.1 The Agreement

- 38.1.1 To enter into a Cross District M.O.U (Memorandum of Understanding), will take place following robust discussion at DFDC level to assess the environment and indicators for the alignment. The following points would have been addressed.
- 38.1.2 Discussion with sound evidence that a Cross District competition will enhance or maintain a viable participation environment has been conducted.
- 38.1.3 Each DFDC and JCC must be in agreement.
- 38.1.4 The WAFC (General Manager Game Development) have endorsed the alignment.

#### 38.2 Bylaws

- 38.2.1 All Games will be played under existing District Constitutions and Bylaws.
- 38.2.2 Exemption requests will be conducted by the Joint JCC exec as per structure in Point 5.

# 38.3 **Considerations**

38.3.1 Each District will give full consideration of all factors that effect each districts individual requirement, and where necessary make concessions to enable a safe and fair environment. Issues in need of consideration include but are not limited to, PSA and other educational relationships. Combined trips, History or tradition, JCC Meeting schedules as per point 4, Grand Final ground Rotation, Special events, WAFL Club partnerships and communication. Effect and coordination of WA Football Development staff and resources.

# 38.4 Meetings

All District JCC clubs will jointly meet every quarter and be rotated through the parent Clubs (League)

- 38.4.1 JCC exec to communicate at least monthly
- 38.4.2 Share of information e.g. minutes of each JCC district meeting to be exchanged

## 38.5 Management

38.5.1 A Joint executive will be convened and consist of all Competition Directors, along with any jointly agreed co-opt and from time to time WAFC General Manager Game Development (for independent consultation on issues when districts have a stalemate division)

#### 38.6 Fairest & Best

36.6.1 Will be combined though each district will continue to award the highest eligible vote getter in their respective district FB award

#### 38.7 Presentation nights

36.7.1 Invitation will be allocated to members of the executive from the other JCC District(s) to the presentation night.

#### 38.8 Tribunal

- 38.8.1 One Secretary will be appointed, jointly funded if all districts play every age in cross district.
- 38.8.2 Standard guidelines apply
- 38.8.3 Chairman from the respective Districts involved will be appointed.
- 38.8.4 Each district to provide panel members for the Tribunal Secretary to draw from.
- 38.8.5 An impartial Chairman will be appointed when any conflict of interest is declared by a sitting Chairman.

#### 38.9 Finances

- 38.9.1 Club Fees will continue to be set by individual districts
- 38.9.2 Cross District Fines will be agreed by joint the JCC executive.

#### 38.10 Fixtures

- 38.10.1 Who, When, How must be agreed. (View point 11)
- 38.10.2 Consideration for individual Club canteens needs to be prioritized.
- 38.10.3 Flexibility must be given to allow start time & day variation.
- 38.1014 Consideration of individual district requirements such as PSA and combined trips.
- 38.10.5 Set timeline for fixtures must be agreed upon
- 38.10.6 Special Fixturing consideration must be allowed for AFL/WAFL curtain raisers and other partner ventures.
- 38.10.7 Balance for districts (umpire numbers)
- 38.10.8 Appoint a finals coordinator, and allocate responsibilities.

#### 38.11 Registrars

- 38.11.1 Each district registrar to look after participant registration, clearance and permits for their respective district in line with bylaw requirements.
- 38.11.2 One registrar may be designated the role to look after fixturing for competition
- 38.11.3 The other registrar(s) may be allocated the task to look after entering of results and updating of website for competition. Include collection of game day data.
- 38.11.4 Every effort must be made to synchronize any public information released e.g. results, ladders etc.

## 38.12 Umpires

- 38.12.1 Each district umpires coordinator is to look after his/her individual district and the games played in their district.
- 38.12.2 Responsibility of umpire appointments for finals should be predetermined.

#### 38.13 **Game day**

- 38.13.1 Goal umpires, Boundary umpires, Runners, Medical person and Water carriers to wear (vest or what is decided article of distinction) that are similar in both districts.
- 38.13.2 Stretchers to be placed in a similar or agreed position at all grounds, known to all participating clubs.
- 38.13.3 Third score card to be held by timekeepers (home)

# 38.14 Exemptions to bylaws

38.14.1 Must be agreed by both DFDC/ JCC

## 38.15 Disputes

- 38.15.1 Districts must attempt resolution prior to taking the issue to joint DFDC
- 38.15.2 In the event a joint DFDC hearing cannot resolve an issue, then the matter can be referred to the WAFC, Director Game Development.

## 38.16 Length of agreement

38.16.1 The Cross District agreement for the term of one season, with a full review at the season's end.

### 38.17 **Sign Off**

38.17.1 DFDC Chairman, Competition Directors and WAFC must sign a MOU.

#### 39. DISPUTES

Should any dispute or objection arise as to the meaning or interpretation of any of these By-laws, the JCC Executive shall settle such dispute or objection. In the event that the JCC Executive is unable to resolve a dispute it may escalate the issue to WAFC General Manager Game Development for resolution.

# 40. ALTERATION OF BY-LAWS

Should any situation arise which is not covered in these By-laws then the Rules, Codes, Policies and Regulations of the WAFC shall apply.

- 40.1 **The JCC Competition Director** or designated JCC member will consult with the WAFC General Manager Game Development, in the first instance of doubt
- 40.2 The WAFC Football Affairs committee may elect to resolve any matter, which is not provided for in these bylaws and any such resolution shall immediately become an amendment to these By-laws and shall automatically be included herein.
- 40.3 Any variation (exemptions) to these By Laws must be submitted to the WAFC FOOTBALL AFFAIRS COMMITTEE via the WAFC General Manager Game Development for ratification prior to implementation.
- 40.4 The JCC Executive will circulate any authorised exemptions to these bylaws prior to the commencement of the football season.

#### 41. PUBLIC STATEMENT

Public statements can only be made by the **DFDC Chairperson** or designated **DFDC spokesperson**.

#### 42. UMPIRES

The umpires' coach shall oversee a panel of umpires from which he will appoint a trained umpire or umpires to officiate at each match played under the control of the **JCC Executive**. The Umpires coach will instruct all umpires to comply with these bylaws and pass on to all umpires any Competition variations adopted by the governing bodies (**JCC's**).

- 42.1 The WAFC Umpiring Development Manager, in consultation with WAFC General Manger Game Development shall fix the maximum fee for umpires annually. This must be done by September 30<sup>th</sup> each year.
- 42.2 Any Club or team official, registered player or spectator who makes any comment about an umpire or the performance of an umpire in any way other than in writing to the Umpires Coach, in addition to any 50m penalty, shall be subject to a fine or other penalty to be imposed at the discretion of the **JCC Executive.**
- 42.3 WA Football supports a **ZERO TOLERANCE** stance against any form of umpiring or officials abuse or intimidation. Any breaches of these codes will result in penalties and sanctions directed at the person responsible, the team and possibly the club.
- 42.4 Should a field umpire not be available to officiate at any match the opposing coaches or team officials may agree to appoint any person to act in that capacity. In such case the appointed umpire shall have the same responsibilities and authority as any umpire appointed by the Umpires Coach, including the awarding of fairest and best votes.
- 42.5 An umpire appointed under By-Law 42.4 shall be named on match documents and shall receive normal match payments.
- 42.6 All field umpires shall be suitably attired for the match as approved by the WAFC FOOTBALL AFFAIRS COMMITTEE.
- 42.7 The field umpire will report all stretcher callouts and the outcomes, on the match documentation.
- 42.8 The collection of match documents is at the discretion of the **JCC Executive**.
- 42.9 Only the Captain or Team Manager from either team can approach an Umpire during the breaks in a match. The **JCC Executive** and **DFDC Chairman** are also permitted to approach an Umpire as long as they are correctly badged / identified.
- 42.10 Umpires match payments are to be paid in cash with 50% paid by each team. In the event of a forfeit, Umpires will still be required to be remunerated. (50% paid by each team)
- 42.11 The Home Team Manager is responsible for the welfare of the umpires on match day.
- 42.12 Any officially appointed emergency umpire will have the same powers as the central umpires.

#### 43. STANDARD ORDER OFF RULE

43.1 The Yellow Cards



FOOTBALL COMMISSION INC.

ORDER OFF - COOL OFF FOR 15 MINUTES PLAYING TIME

(For MINOR offences and any Behaviour Detrimental to Football)

Effective from 2015 Football Season

## FRONT OF YELLOW CARD

# 43.2 The Red Cards



FOOTBALL COMMISSION INC.

ORDER OFF - STAY OFF FOR THE REMAINDER OF THE MATCH

(For REPORTABLE offences ONLY)

Effective from 2015 Football Season

FRONT OF RED CARD

#### YELLOW CARD CONDITIONS

- AN OFFENDER ORDERED OFF FOR A YELLOW CARD
  OFFENCE CAN BE REPLACED IMMEDIATELY
- 2. In the event that a Player or Official:
- (a) Is issued with two Yellow Card offences on the day of the match, then the offender shall take no further part in the game and can not be replaced for 15 minutes and receives an automatic 1 week suspension as per Bylaw 44.
- (b) When ordered off for a Yellow Card offence, fails to leave the field immediately when directed by the field umpire, then the offender shall be reported for misconduct and consequently be deemed to have committed a Red Card offence.

**BACK OF YELLOW CARD** 

## **RED CARD CONDITIONS**

# AN OFFENDER ORDERED OFF FOR A RED CARD OFFENCE CANNOT BE REPLACED FOR 15 MINUTES PLAYING TIME

- The offending player, Official, Club Member or Spectatorshall attend a Protests and Disputes Tribunal or where applicable, request the offer a Prescribed Penalty.
- A player, Official, Club Member or Spectatorwho fails to leave the Arena immediately when directed by the umpire shall be reported for misconduct, the match shall be terminated and the offending person's team will forfeit the match.

BACK OF RED CARD

#### 44. UNAUTHORISED ENCROACHMENT

In the event of an encroachment of the area of play by unauthorised persons, or that play is prevented by any other means, the field umpire shall seek the assistance of his fellow umpires and/or any member of the JCC Executive/DFDC to clear the playing arena so that the match may be resumed. If the field umpire is unable to do this within a reasonable time he shall terminate play at that time and report all circumstances to the JCC Executive. This body may award the result or declare the match abandoned or call a replay at its discretion or in line with AFL laws of the game.

- 44.1 Any Club whose officials, players and club spectators are found to be responsible for the unauthorised encroachment of any playing arena (and any official, player and club spectators so responsible) shall be fined, suspended or otherwise dealt with at the discretion of the **JCC Executive.**
- 44.2 The home club (or the team mentioned first in the fixture) is responsible for ground security on the match day.

#### **45. REPORTS**

- 45.1 The following personnel shall have the power to report any player, Official, Club Member or Spectator for any breach of the laws of the game, codes of conduct, member protection policies or of the rules or By-laws of the **JCC.** 
  - (a) Field Umpire
  - (b) Umpires' Coach whilst in an observing capacity
  - (c) Boundary umpires if officially appointed by the JCC
  - (d) Goal umpires if officially appointed by the JCC
  - (e) Stewards if officially appointed by the JCC
  - (f) Any member of the JCC Executive
  - (g) DFDC Chairman
  - (h) Emergency Umpires (Officially appointed)
  - (i) WAFC General Manager Game Development
  - (i) WAFC, Manager Junior Football
  - (k) WAFC Manager Coaching & Volunteers
  - (I) Designated WAFC consultants registered with WAFC Manager Junior Football.
- 45.2 Goal and boundary Umpires (as appointed by the JCC) and members of the JCC and DFDC Chairman, shall advise the field umpire of their intention to report any offence or incident prior to the commencement of the next quarter of the game.
- 45.3 Officially appointed Goal, boundary umpire, **JCC** or steward must record in both team sheets the details of the report / offence, their authority, their name and signature.
- 45.4 Any player or official, who is to be reported, must be advised of such report prior to the commencement of the next quarter of the game, unless the offence occurs in the final quarter in which case advice to the Team Manager when passing on the official report sheet shall suffice.
- 45.5 Reports can also be instigated as a result of any special investigation tribunal or committee as per by-law 45.

## 46. REPORTED PLAYERS, OFFICIALS, CLUB MEMBERS & SPECTATORS

- 46.1 A player, Official, Club Member or Spectator against whom any charge has been proved at a hearing of the P&D Board or received a prescribed penalty during the current season is ineligible for any Fairest and Best award. Any player who has been sent from the ground three (3) times during the season is automatically suspended for one week and any subsequent yellow card in that season results in a subsequent 1 week suspension and as a result shall be disqualified from participation in the voting for any Fairest and Best award. Any player receiving two yellow cards in a match will automatically receive a one week suspension and as a result shall be disqualified from participation in the voting for any Fairest and Best award.
- 46.2 Any player, Official, Club Member or Spectator suspended by either a tribunal or prescribed penalty will not be permitted to play, coach or participate in any capacity, in any affiliated district competition including schools, senior metropolitan community football or regional football, for the duration of the penalty. The reverse also applies.
- 46.3 Any player, Official, Club Member or Spectator reported or in receipt of a prescribed penalty notice, is not to play or act in any official capacity until such time as the charge has been dealt with. Should a player or official receive the same from an affiliated competition then the same applies.
- 46.4 Any player, Official, Club Member or Spectator who chooses to contest a Red Card, Report or Prescribed Penalty is deemed suspended until such time as the charge or report is dealt with to the satisfaction of the JCC Executive.
- 46.5 A player, Official, Club Member or Spectator found guilty of an offence who has been given a suspension, fine or any other sanction by the Tribunal or JCC, shall not be permitted to enter the Arena on Match Days while the penalty remains unserved.

#### 47. PROTESTS & DISPUTES, TRIBUNAL, INVESTIGATIONS PANELS & SPECIAL PANELS

The JCC may instigate any investigation

- 47.1 A Protests & Disputes Tribunal will be convened by the JCC Executive. From time to time the JCC executive may also convene a Special Tribunal, Investigation panel or Special panel and may instruct these panels or tribunals to conduct special investigative business on behalf of the JCC Executive.
- 47.2 Please refer to Bylaw 49 for Policy & Guidelines. The JCC Exec can modify the range of recommended penalties in special circumstances in consultation with the WAFC General Manager Game Development and can instruct any P&D, Tribunal, Investigation Panel or Special Panel to apply these modified penalties.
- 47.3 The JCC may deal with other offences arising out of tribunals, investigation panels or special panels and at its absolute discretion; impose any penalty, sanction or fine as per the recommended penalties.
- 47.4 Clubs may appeal to the JCC Executive (Refer Bylaw 48.4) against the severity of tribunal penalties in writing, accompanied by new evidence and a \$250.00 non-refundable fee within forty eight (48) hours of receiving notification of the original penalty. The JCC may refer these appeals to the WAFC General Manager Game Development.
- 47.5 Tribunal Secretary shall inform all participants of the final outcome of any protests or appeals
- 47.6 The WAFC General Manager Game Development will provide interpretive directions to the JCC/DFDC as required by the JCC/DFDC
- 47.7 The JCC executive/ DFDC can refer specific cases to be independently managed by the WAFC General Manager Game Development.
- 47.8 Evidence collected from Social Networking sites, web sites, electronic media and other related communication platforms can be presented as evidence in tribunals, investigations and hearings.

#### 48. STEWARDS

The JCC Executive may appoint a steward or stewards who shall have the same power and duty of reporting for each game in each age group, with full powers to report players or officials for breaches of the laws of the game or the rules or By-laws of the JCC.

- 46.1 An appointed steward shall advise the field umpire and both coaches prior to the commencement of the match, or the earliest possible opportunity if the game has commenced, that they are in attendance as a steward.
- 46.2 In the event that an appointed steward intends making a report, they shall indicate to the umpire the details of the report, which will then be noted on the match report sheet.

#### 49. PENAITIES

The JCC Executive shall have the power to impose and enforce a penalty on any member Club, Player, Spectator or Official for any of the following offences:

- (a) Breaches of Bylaws, Codes, Policy, laws or related WAFC/DFDC/JCC management documents.
- (b) The playing of an ineligible player in any match.
- (c) Failure to supply a team list for each match with legible and positive identification of players taking part in that match.
- (d) Failure to pay all prescribed team fees within thirty (30) days of due date.
- (e) Failure to supply match records or any other documents as may be required by the JCC Executive.
- (f) Any breach of any code of conduct as compiled by the WAFC FOOTBALL AFFAIRS COMMITTEE.
- (g) Any fine imposed on a member Club under these By-laws shall be paid within thirty (30) days of demand and any club which fails to comply with this By-law shall be ineligible to vote at the AGM of the DFDC and to take any further part in any competition until fines have been paid in full.
- (h) For a club to participate in any finals, a club MUST be financial with JCC, DFDC and WAFC.

#### **50. COMPLAINTS & APPEALS**

- 50.1 Club generated complaints may be lodged with the JCC Executive within 48 hours of an alleged incident, on an official club letterhead signed by the Club President making the complaint on behalf of his club.
   48.1.1 JCC or DFDC generated complaints may be instigated in writing addressed to the JCC Executive
- 50.2 The JCC Executive will determine whether an Investigations Panel, Appeals Committee or P & D Tribunal will be convened to deal with any complaints that may not fit within normal disputes processes.
- 50.3 All complaints will be dealt with in a time frame suitable to the **JCC Executive**.
- 50.4 Any Club may appeal in writing against any imposed penalty by the **JCC Executive** within forty eight (48) hours of receiving notification of this penalty. The DFDC Executive shall consider any such appeal, which must be accompanied by new evidence and a \$250.00 non-refundable fee.
- 50.5 The decision of the DFDC Executive, or an Appeals Committee, in regard to any appeal shall be **final** and in the case of a failed appeal, the original fine shall be payable by the original due date.
  - 48.5.1 The DFDC may ask for the matter to be referred to the WAFC FOOTBALL AFFAIRS COMMITTEE for further consideration and a final determination
- 50.6 The **JCC Competition Director** reserves the right to accept or refuse the lodgement of any other complaint outside of the usual processes.

#### 51. WA FOOTBALL TRIBUNAL PROTOCOL AND GUIDELINES

Standard Tribunal Guidelines and Penalties for Community Football

(Incorporating the Community Football Council, WA Country Football League and District Development Council Junior Competitions)

## **GUIDELINES FOR CONDUCTING A TRIBUNAL**

#### 1. BACKGROUND

As described on page 10 of the Laws of Australian Football, the Purpose of the Laws explain how the game is played and seeks to attain the objectives of ensuring the game is played in a fair manner and spirit of true sportsmanship; and to prevent injuries to players where it can be reasonably achieved, considering the body contact nature of the sport.

Generally, most parents and especially mothers like to see their children involved in a sport that has rules promoting sportsmanship, fair play and one where they can participate in a safe environment. The AFL's rewrite of the laws in the year 2000 addressed this ideal.

The new definitions of Charging and Engaging in Rough Play has reduced the unnecessary rough contact and together with the Law related to prohibiting contact in marking contests, the issue of protecting the player making the ball his object has been addressed.

Australian Football is built around courage to get the ball and the Laws are framed to encourage this value. It is essential that the Football Industry is seen to deal with offenders in a consistent manner across the State.

In 1998, the Standard Order Off Rule (Red and Yellow Card System) was introduced to assist Umpires and the Football Industry to achieve consistency in controlling unacceptable behaviour on the field. This strategy has been very successful and continues to complement the game.

It is logical that the same principle of dealing with consistency, be implemented throughout the Tribunal system.

The following information has been produced to promote consistency in procedures and penalties set by the Football Industry of Western Australia.

It is envisaged that the Standard Tribunal Guidelines and Penalties for Community Football will be reviewed on an annual basis, ensuring that the administrative structures and image of Australian Football will continue to be enhanced.

#### 2. GENERAL INTERPRETATION AND EXPECTATIONS:

WAFC General Manager Game Development will oversee these Tribunal Protocols.

#### 2.1 INTERPRETATION

In the interpretation of these guidelines, unless the context requires otherwise:

- 2.1.1 Words importing the singular shall be deemed to include the plural and vice versa;
- 2.1.2 Words importing any gender shall be deemed to include the other gender;
- 2.1.3 "Including" and similar words are not words of limitation;
- 2.1.4 Words terms or phrases not otherwise defined in these guidelines shall be given their ordinary meaning.
- 2.1.5 Any report, charge or notice of report shall be deemed to and be read as alleging that the conduct was either intentional, reckless or negligent.
- 2.1.6 A Player or Official found guilty of an offence who has been given a suspension, fine or any other sanction by the Tribunal, shall not be permitted to enter the Arena on Match days while the penalty remains unserved.

#### 2.2 EXPECTATIONS

**Controlling Body:** Notwithstanding the Controlling Body's overall administrative role: It is expected to uphold the integrity of the game and its Laws and ensure that procedures are in place to manage offenders of the game including but not limited to implementing the following:

- Standard Tribunal Guidelines
- Standard Tribunal Penalties for Reportable Offences and
- A fair and consistent procedure to deal with reported Players or Officials.
- Appointing competent Tribunal participants and provide appropriate training to enhance the game's ideals.
   Players are expected to play the game in a fair manner and spirit of true sportsmanship and can expect to play in a safe environment.

**Umpires** are expected to adjudicate a game of Football with integrity, apply the Laws and interpretations in conjunction with the Spirit of the Laws and attend to the administrative requirements associated with the game.

The **Tribunal** is expected to hear and consider charges or investigate matters referred to it by the Controlling Body and if necessary apply sanctions, penalties or fines set by the Controlling Body. It is expected to uphold the integrity of the game and its Laws.

**Tribunal Members** are expected to be conversant with the By-Laws of the Controlling Body and the Laws of Australian Football, in particular Law 15.4, Permitted and Prohibited Physical Contact, Law 19, Reporting Players and Officials and Law 20, Order Off Law

#### 3. DEFINITIONS:

Advocate: means a person representing a witness at a Tribunal who is not a legal practitioner.

Arena: means the *Playing Surface* and all the area between the *Playing Surface* and the *Perimeter Fence*, including any break in the perimeter fence.

**Controlling Body:** as defined in the *Law 2.1 of Laws of Australian Football*, generally is the overall Administrator of the game and is responsible for the organisation and conduct of matches of Australian Football.

**Defendant:** means a person called before the Tribunal to answer a charge or report.

**Disciplinary Record of Tribunal Proceedings Form:** a standard form used to record the decision of the Tribunal for the Controlling Body. **Intentional conduct:** means a deliberate action

**Match:** means a contest of Australian Football played between two Teams.

Mitigating Circumstances: means circumstances that may be considered to lessen the culpability or blame of an offender.

Negligent conduct: means lacking attention, care or concern.

Official: includes but is not limited to an officer, coach, assistant coach, trainer, runner, employee or any person performing any duties (paid or unpaid) for or on behalf of the club or Team

Other Appointed Person: A Person authorised by the Controlling Body to report any Player or Official who commits or engages in conduct which may constitute a Reportable Offence. The Person shall have the same powers and duties as imposed upon an Umpire under Law 19.

**Perimeter Fence:** is the physical barrier surrounding the playing surface. Where an Arena does not have a Perimeter Fence, then the Perimeter Fence shall be interpreted as being located 10m outside and parallel to the *Playing surface*.

**Player:** means a person who plays or is selected to play with a Team or a person who otherwise trains with a Team or who is included within the scope of the Laws of Australian Football.

**Playing Surface:** means the field of play inside the Boundary Line, Goal Line and Behind Line, excluding the area between such lines and the *Perimeter Fence* 

**Prescribed Penalty:** means a set sanction or penalty for a reportable offence that is offered to an offender by the Controlling Body or its Delegated Authority in lieu of attending a Tribunal Hearing.

Note: The **Prescribed Penalty** is derived from the minimum penalty of a specific reportable offence listed on the *Standard Range of Penalties*.

**Reckless conduct:** means showing no regard for danger or the consequences.

**Spear Tackle:** is a tackle of where an opponent is driven 'head first' into the Playing Surface. It is considered unreasonable and outside the laws of the game.

**Standard Range of Penalties:** are a set range of sanctions, fines or penalties for offenders who commit reportable offences that are either negligent, reckless or intentional acts.

*Note:* The Standard Range of Penalties are set by the Controlling Body to assist Tribunals achieve consistency in determining sanctions in all grades of Community Football; and they signify a clear direction to Football Participants that unlawful and unfair play will not be tolerated.

Suspended Player or Official – Effect of Suspension: Where a player or Official is suspended by a Controlling Body, then for the period of suspension or while the suspension remains unserved, he shall be prohibited from playing or participating in a Match conducted by the Controlling Body imposing the suspension and shall be prohibited from playing or participating in a Match conducted by any other Controlling Body.

*NOTE*: A Player or Official found guilty of an offence who has been given a suspension, fine or any other sanction by the Tribunal, shall not be permitted to enter the Arena on Match days while the penalty remains unserved.

Team: means a group of Players competing against other group of Players in a Match of Australian Football

**Tribunal:** means an independent body appointed by the Controlling Body to hear and consider charges or investigate matters referred by the Controlling Body. It has the authority to apply sanctions, penalties or fines set by the Controlling Body.

Note: The Tribunal shall comprise of a Chairman and Secretary and can include any number of Tribunal Members.

**Tribunal Members:** A person or persons appointed by the Controlling Body to assist the Tribunal Chairman in the execution of his duties. **Umpire:** means all Field, Boundary, Goal and Emergency Umpires officiating in or at a match.

Victim: means a person attending a Tribunal who is the person offended against on the designated report or charge form.

Week, Game or Match: a term used by the Tribunal to describe a scheduled game or match penalty of a Home and Away fixture or a Final fixture of the offender's club.

Witness: means any person attending a tribunal convened by the Controlling Body, including but not limited to a Defendant, Advocate, Official, Player or Victim.

#### 4. TRIBUNAL GUIDELINES

These guidelines are set by the Controlling Body to assist all Tribunal Members achieve consistency with their deliberations, reflecting the *Purpose* of the Game and its Laws (i.e. encouragement of fair play and injury prevention) and to reinforce the premise that Offenders who commit Reportable Offences or bring the game into disrepute will not be tolerated.

The guidelines are provided to assist in conducting effective Tribunals, clarify the duties and apply consistent penalties to offenders that are found guilty of reportable offences:

#### 5. PROCEDURES FOR ADVOCATES

- 5.1 ELIGIBILITY: An Advocate may be any person representing a witness but shall not be a Legal Practitioner
- 5.2 DUTIES:
  - (a) Arrange for reported player and any witnesses to be present at the Tribunal hearing at the allocated time.
  - (b) Prior to the hearing, assist the player or witness to fully prepare his account of the incident.
  - (c) Make submissions on the penalty if the report is upheld.
- 5.3 ADVOCATES WILL NOT BE PERMITTED TO:
  - (a) Directly ask questions of his clubs' player or witnesses.
  - (b) Directly Cross-examine umpires or witnesses.
  - (c) Make submissions as to guilt or otherwise.
- 5.4 CROSS EXAMINATION:

Any matter to be asked for the purpose of cross-examination shall be asked through the Tribunal Chairman who shall consider its relevance and if appropriate, raise the issue with the appropriate witness.

#### 6. TRIBUNAL MEMBERS AND TRIBUNAL ROOM SETUP

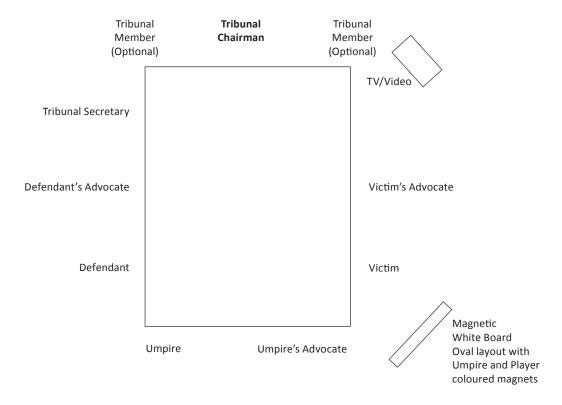
The **Tribunal** shall comprise of a Chairman and Secretary and can include any number of Tribunal Members as determined by the Controlling Bodv.

**Tribunal Members** are expected to be conversant with the By-Laws of the Controlling Body and the Laws of Australian Football, in particular Law 15.4, Permitted and Prohibited Physical Contact, Law 19, Reporting Players and Officials and Law 20, Order Off Law

Any matter to be asked for the purpose of cross-examination shall be asked through the Tribunal Chairman who shall consider its relevance and if appropriate, raise the issue with the witness.

Tribunal Members should be impartial and where possible should have no other role within the structure of the Controlling Body.

## 6.1 TYPICAL SETUP FOR THE TRIBUNAL ROOM



#### 7. POWERS AND DUTIES OF THE TRIBUNAL:

The **Tribunal** shall hear and adjudicate on all protests, charges, reports, disputes, reopen cases or any other matter referred to it by the Controlling body:

- (a) It shall ensure that defendents are heard in a fair and consistent manner in accordance with the procedures set by the Controlling Body.
- (b) It shall use the *Standard Range of Penalties* to determine an Offender's penalty and shall take into consideration any injury sustained by a victim and/or any previous convictions of the offender prior to the last 2 years of the Tribunal sitting, by increasing the *Standard Penalty*. The use of a Suspended Sentence may be used as an additional penalty to the *Standard Penalty*.
- (c) It may find a report proven if it is reasonably satisfied that conduct was intentional, reckless or negligent. Law 19.2.1(b).
- (d) It may adjourn any hearing from time to time. If a Defendant is granted an adjournment, unless exempted by the Tribunal, he shall be ineligible to participate or represent a Club or Team in any capacity during the period of adjournment.
- (e) It may deal with any witness who fails without reasonable excuse to attend the Tribunal hearing and at its absolute discretion; impose any penalty, sanction or fine.
- (f) It may, in the case of a Defendant not attending the Tribunal, suspend that person from participating or representing a Club or Team in any capacity until he attends a reconvened hearing.
- (g) It shall deal with any untruthful, misleading, uncooperative or contemptible witness on the day of the tribunal and impose any penalty, sanction or fine consistent the misconduct charges in the *Standard Range of Penalties*.
- (h) It may deal with other offences arising out of a report on the day of the tribunal and at its absolute discretion; impose any penalty, sanction or fine consistent with the Standard Range of Penalties.
- (i) It shall endeavour **not** to dismiss any case on the grounds of a technicality, but shall review the circumstances of the technicality and if necessary amend the original charge to reflect the expectations of upholding the integrity of the game and its Laws.
- (j) It shall have the right to admit or refuse entry to any person wishing to attend a hearing of the Tribunal.
- (k) It may allow the attendance of persons to witness Tribunal procedures
- (I) It may accept evidence from the Standard Umpire's Evidence Form or Statutory Declaration from any witness provided always that the witness satisfies the Tribunal that he is unable to attend the Tribunal.
- (m) It shall endeavour to arrange for a teleconference for any witness unable to attend the Tribunal provided always that the witness satisfies the Tribunal that he is unable to be present.
- (n) It may proceed and deal with a charge in the absence of any witness or adjourn the hearing to such date and time at its absolute discretion.
- (o) At the conclusion of a hearing the Chairman shall sign off and record the Tribunal's decision on the Standard Disciplinary Record of Tribunal Proceedings form. Where an Offender has been given a suspension, a specific date shall be recorded by the Chairman to reflect the period of suspension up to and including that specific date.

## 8. CONDUCTING A TRIBUNAL

## 8.1 WHEN DEFENDENT PLEADS NOT GUILTY:

- (a) Chairman invites the reported Player, Official Club member or spectator (defendant), his Advocate and the person making the charge (usually the Umpire) with his Advocate into the hearing. The only other person in the room should be the Tribunal Secretary unless persons have been permitted by the Chairman to observe procedures.
- (b) Chairman reads the charge and asks the Defendant's plea. Guilty or Not Guilty
- (c) Chairman asks for Umpire to outline the charge. The Umpire may be questioned by the Chairman. The Defendant's Advocate may ask questions to the Chairman and if necessary the Chairman will redirect the questions to the Umpire.
- (d) Chairman asks for the Victim's evidence. The Defendant's Advocate may ask questions to the Chairman and if necessary the Chairman will redirect the questions to the Victim. Chairman asks for Defendant's evidence
- (e) Chairman asks if the Defendant's Advocate has any witnesses to offer other evidence. Questions may be asked by those in attendance through the Chairman.
- (f) Chairman may at their discretion view Video evidence of the incident provided the game was independently recorded and authorised by the Controlling Body. Video evidence should include vision leading up to and after the reportable incident. Slow motion and frame by frame facilities for viewing the incident is recommended. Umpires and Witnesses may be asked to provide further evidence relating to the charge
- (g) Chairman thanks the Reporting Umpire/ Authorised Person and the Victim for their evidence and dismisses them from the Tribunal
- (h) Chairman asks the Defendant's Advocate to summarise his case.
- (i) Chairman may ask all persons to leave the room. Chairman deliberates to determine whether the charge is sustained or dismissed. The Defendant returns with his Advocate (if they have left the room).
- (j) Chairman announces the verdict
- (k) Chairman asks the Defendant's history from his Advocate.
- (I) Chairman confirms the Defendant's history from the Tribunal Secretary
- (m) Chairman may ask all parties to leave the Tribunal Room
- (n) Chairman recalls Defendant with his Advocate and announces the penalty in accordance with the *Standard Range of Penalties*.
- (o) Where a defendent has been given a suspension, the Chairman shall record the Tribunal's decision on the *Standard Disciplinary Record of Tribunal Proceedings* form. A specific date shall be recorded by the Chairman to reflect the period of suspension up to and including that specific date. The form shall be signed by the Chairman and the Offender (or his representative).
- (p) In the event of any witness who acts in an untruthful, misleading, uncooperative or contemptible manner on the day of the Tribunal hearing shall be deemed to be guilty of misconduct and be dealt with at the conclusion of the hearing. The Chairman shall record the Tribunal's decision on the Standard Disciplinary Record of Tribunal Proceedings form. A specific date shall be recorded by the Chairman to reflect the period of suspension up to and including that specific date. The standard form shall be signed by the Chairman and the Offender (or his representative).
  NOTE: A Player or Official found guilty of an offence who has been given a suspension, fine or any other sanction by the Tribunal,

shall not be permitted to enter the Arena on Match days while the penalty remains unserved

#### 8.2 WHEN AN OFFENDER PLEADS GUILTY:

- (a) The Chairman invites the reported Player, Official Club member or spectator (defendant),, his Advocate and the person making the charge (usually the Umpire) with his Advocate into the hearing. The only other person in the room should be the Tribunal Secretary unless persons have been permitted by the Chairman to observe procedures.
- (b) Chairman reads the charge and asks the Defendant's plea. Guilty or Not Guilty
- (c) Chairman asks for Umpires evidence. The Umpire may be questioned by the Chairman. The Defendant's Advocate may direct questions to the Chairman and if necessary the Chairman will direct the questions to the Umpire.
- (d) If required by the Club defending the charge, the Chairman asks for the Victim's evidence. *Defendant's Advocate may direct questions to the Chairman and if necessary the Chairman will direct the questions to the Victim.*
- (e) Chairman asks for Defendant's evidence
- (f) Chairman may view Video evidence of the incident provided the game was independently recorded and authorised by the Controlling Body. Video evidence should include vision leading up to and after the reportable incident. Slow motion and frame by frame facilities for viewing the incident is recommended. Umpires and Witnesses may be asked to provide further evidence relating to the charge.
- (g) Chairman thanks the Reporting Umpire/ Authorised Person and the Victim for their evidence and dismisses them from the Tribunal
- (h) Chairman asks the Defendant's history from the Advocate
- (i) Chairman asks for the Defendant's history from the Tribunal Secretary.
- (j) Chairman may ask all parties to leave the Tribunal Room
- (k) Chairman recalls Defendant with his Advocate and announces the penalty in accordance with the Standard Range of Penalties.
- (I) Chairman records the Decision and Penalty on the Standard Disciplinary Record of Tribunal Proceedings form, ensuring it is signed by the Chairman and the Defendant (or his representative). Designated official to input all guilty sentences, suspended sentences, fines or other on the WA Football approved website database. \* Note this includes prescribed penalties as well. (All enquiries to WAFC General Manager Game Development)
- (m) In the event of any witness who acts in an untruthful, misleading, uncooperative or contemptible manner on the day of the Tribunal hearing shall be deemed to be guilty of misconduct and be dealt with at the conclusion of the hearing. The chairman would then record the Decision and Penalty on the Standard Disciplinary Record of Tribunal Proceedings form, ensuring it is signed by the Chairman and the offending witness

#### 9. AFFILIATED WAFC COMPETITIONS

The Tribunal Chairman on handing down a penalty to a guilty player must stipulate which levels of football that the penalty applies across (i.e. Community football, School Football, Development Squad Football, etc). It is a generally accepted principle that the player is ineligible for all levels of football until the suspension / penalty has been served in the competition, however there may be extenuating circumstances that need to be considered by the tribunal chairman.

# 10. PRESCRIBED PENALTIES:

Prescribed Penalties are adopted by the Controlling Body to eliminate excessive distances travelled by participants attending tribunal hearings and/or to lessen the time and inconvenience placed on club volunteers.

**Prescribed Penalty:** means a set sanction or penalty for a reportable offence that is offered to an offender by the Controlling Body or its Delegated Authority in lieu of attending a Tribunal Hearing. The offer of a Prescribed Penalty is at the discretion of the controlling Body. Unless a Yellow Card is issued by the Umpire for the First Offence, the **Prescribed Penalty** is derived from the minimum penalty of a specific reportable offence listed on the *Standard Range of Penalties*.

If an Offender elects to attend the Tribunal in lieu of accepting the Controlling Body's offer of a **Prescribed Penalty** and is subsequently found guilty of that offence, then the resultant penalty shall be greater than the Prescribed Penalty. It shall not be less than the Prescribed Penalty for that offence, unless mitigating circumstances are established at the hearing.

If mitigating circumstances are established, The Tribunal Chairman shall state and record the circumstances on the *Standard Disciplinary Record of Tribunal Proceedings* form.

# 10.1 STANDARD RANGE OF PENALTIES FOR REPORTABLE OFFENCES:

The WAFC Manager Junior Football will adjudicate on any anomalies, inconsistencies or interpretive issues that arise in relation to the range of penalties. Any request for rulings will be initiated by the District Competition Director in writing to the WAFC Manager Junior Football.

The Standard Range of Penalties shall apply to any Player or Official found guilty of a Specific Reportable Offence listed in Law 19.2.2 of the Laws of Australian Football or as described in the Rules and Regulations of the Controlling Body.

Where an Offender commits two (2) or more offences within the current 2 year period, then the "Second Offence" Range of Penalties shall be used to determine the penalty.

The "Second Offence" Range of Penalties have been set at double the "First Offence" Range of Penalties to clearly signify that repeat offenders will not be tolerated.

In determining an Offender's penalty, the Tribunal shall use the *Standard Range of Penalties* and may increase the penalty after taking into consideration any injury sustained by a victim and/or any previous convictions of the offender prior to the last 2 years of the Tribunal sitting. The use of Suspended Sentences may be used as an **additional penalty** to the *Standard Range of Penalties*. The Tribunal shall **not reduce** the minimum *Standard Range Penalties*, unless mitigating circumstances are established at the hearing. If mitigating circumstances are established, the Tribunal Chairman shall state and record the circumstances on the *Standard Disciplinary Record of Tribunal Proceedings* form.

Any tribunal sentence in excess of 12 months in length must be ratified by the WAFC GM Game Development.

## 10.2 THE STANDARD RANGE OF PENALTIES

(RELATING TO SPECIFIC REPORTABLE OFFENCES UNDER LAW 19.2.2)

(a) Making contact with an umpire;

1st Offence: Range: 4 weeks to 2 years

Negligent 4-10 weeks, reckless 10 weeks- 1 year, intentional 1 -2 years

2<sup>nd</sup> Offence: Range 8 weeks to 4 years

Negligent 8-20 weeks, reckless 20 weeks- 2 years, intentional 2 -4 years

## Striking an Umpire;

1st Offence: Range: 2 years to Life

Negligent 2-4 years, reckless 4-10 years, intentional 10 years – Life

2<sup>nd</sup> Offence: Range: 4 years to Life

Negligent 4-8 years, reckless 8-20 years, intentional 20 years – Life

#### (b) Attempting to make contact with an Umpire;

1st Offence: Range: 2 weeks to 1 year

Negligent 2-5 weeks, reckless 5-10 weeks, intentional 10 weeks-1 year.

**2**<sup>nd</sup> **Offence:** range: 4 weeks to 2 years

Negligent 4-10 weeks, reckless 10 weeks – 1 year, intentional 1-2 years

#### Attempting to strike an Umpire;

1<sup>st</sup> Offence: Range: 1 year to 10 years

Negligent 1-2 years, reckless 2-5 years, intentional 5-10 years

2<sup>nd</sup> Offence: Range: 2 years to Life

Negligent 2-4 years, reckless 4-10 years, intentional 10 years -Life

#### (c) Using abusive, insulting, threatening or obscene language towards or in relation to an Umpire;

1st Offence: abusive/obscene 2-4 weeks, insulting/threatening 4-10 weeks

**2**<sup>nd</sup> **Offence:** abusive/obscene 4-8 weeks, insulting/threatening 8-20 weeks

# (d) Behaving in an abusive, insulting, threatening or obscene manner towards or in relation to an Umpire;

1st Offence: abusive/obscene 2-4 weeks, insulting/threatening 4-10 weeks 2nd Offence: abusive/obscene 4-8 weeks, insulting/threatening 8-20 weeks

## (e) Disputing a decision of an Umpire; (Prescribed Penalty offer – 1 week)

1st Offence: Yellow Card by Umpire – Cool Off for 15 minutes

2<sup>nd</sup> Offence: 1 week

#### (f) Use of an Obscene gesture; (Prescribed Penalty offer – 1 week)

1<sup>st</sup> Offence: 1-2 weeks 2<sup>nd</sup> Offence: 2-4 weeks.

## (g) Intentionally, recklessly or negligently:-

## (i) Kicking another person;

1<sup>st</sup> Offence: Range: 2-10 weeks

Negligent 2 weeks, reckless 3-6 weeks, intentional 6-10 weeks

2<sup>nd</sup> Offence: Range: 4-20 weeks

Negligent 4 weeks, reckless 6-12 weeks, intentional 12-20 weeks

# (ii) Striking another person; (Prescribed Penalty offer – 2 weeks)

1st Offence: Range: 2-10 weeks

Negligent 2 weeks, reckless 3-6 weeks, intentional 6-10 weeks

2<sup>nd</sup> Offence: Range: 4-20 weeks

Negligent 4 weeks, reckless 6-12 weeks, intentional 12-20 weeks

# (iii) Tripping another person whether by hand, arm, foot or leg;

1st Offence: Range: 2-10 weeks

Negligent 2 weeks, reckless 2-4 weeks, intentional 4-10 weeks

2<sup>nd</sup> Offence: Range:4-20 weeks

Negligent 4 weeks, reckless 4-8 weeks, intentional 8-20 weeks

# (iv) Engaging in Time Wasting; (Prescribed Penalty offer-1 week)

1st Offence: Yellow Card by Umpire-Cool Off for 15 minutes

2nd Offence: 1 week

# (v) Charging another person; (refer to law 15.4.4); (Prescribed Penalty offer – 2 weeks)

1<sup>st</sup> Offence: Range: 2-10 weeks

Negligent 2 weeks, reckless 3-6 weeks, intentional 6-10 weeks

2<sup>nd</sup> Offence: Range: 4-20 weeks

Negligent 4 weeks, reckless 6-12 weeks, intentional 12-20 weeks

# (vi) Engaging in rough play against an opponent which in the circumstances is unreasonable;

Examples such as but not limited to: Using hands to claw, gouge or scratch an opponent in the region of the head, including the face, mouth, eyes, nose, and ears; Spear Tackles, Head Butting, Biting, Elbowing, Kneeing, Choking, Head Locking, Swinging an arm to the head region ("Coat Hanger"), Making unreasonable contact to an opponent who is marking or attempting to mark the football or making forceful contact below the knees (i.e. diving or sliding into an opponent's legs).

1st Offence: Range: 2-10 weeks

Negligent 2 weeks, reckless 3-6 weeks, intentional 6-10 weeks

2nd Offence: Range: 4-20 weeks

Negligent 4 weeks, reckless 6-12 weeks, intentional 12-20 weeks

# $(viii) \qquad \text{Engaging in a melee, except where a player's sole intention is to remove a teammate from the incident; } \textit{(Prescribed)} \\$

Penalty offer – 1 week)

1st Offence: Yellow Card by Umpire – Cool Off for 15 minutes

2<sup>nd</sup> Offence: 1 week

# (ix) Spitting at or on another person; (Prescribed Penalty offer – 2 weeks)

1st Offence: Range: 2-4 weeks

Negligent 2 weeks, reckless 2-3 weeks, intentional 3-4 weeks

2<sup>nd</sup> Offence: Range: 4-8 weeks

Negligent 4 weeks, reckless 4-6 weeks, intentional 6-8 weeks

# (x) Bumping or making forceful contact to an opponent from front-on when that Player has their head down over the football; (Prescribed Penalty offer – 2 weeks)

1st Offence: Range: 2-4 weeks

Negligent 2 weeks, reckless 2-3 weeks, intentional 3-4 weeks

2nd Offence: Range: 4-10 weeks

Negligent 4 weeks, reckless 4-8 weeks, intentional 8-10 weeks

### (h) Attempting to kick another person; (Prescribed Penalty offer – 1 week)

1st Offence: Range: 1-5 weeks

Negligent 1 week, reckless 1-2 weeks, intentional 2-5 weeks

2<sup>nd</sup> Offence: Range: 2-10 weeks

Negligent 2 weeks, reckless 2-4 weeks, intentional 4-10 weeks

## (i) Attempting to strike another person; (Prescribed Penalty offer – 1 week)

1st Offence: Range: 1-5 weeks

Negligent 1 week, reckless 1-2 weeks, intentional 2-5 weeks

**2**<sup>nd</sup> **Offence:** Range: 2-10 weeks

Negligent 2 weeks, reckless 2-4 weeks, intentional 4-10 weeks

# (j) Attempting to trip another person whether by hand, arm, foot or leg; (Prescribed Penalty offer – 1 week)

1st Offence: Range: 1-5 weeks

Negligent 1 week, reckless 1-2 weeks, intentional 2-5 weeks

2<sup>nd</sup> Offence: Range: 2-10 weeks

Negligent 2 weeks, reckless 2-4 weeks, intentional 4-10 weeks

# (k) Intentionally shaking a goal or behind post when another player is preparing to Kick or is Kicking for Goal or after the Player has Kicked Goal and the ball is in transit; (Prescribed Penalty offer – 1 week)

1<sup>st</sup> Offence: 1 week 2<sup>nd</sup> Offence: 2 weeks

## (I) Wrestling another person; (Prescribed Penalty offer – 1 week)

1st Offence: Yellow Card by Umpire – Cool Off for 15 minutes

2<sup>nd</sup> Offence: 1 week

# (m) Using abusive, insulting, threatening or obscene language; (Prescribed Penalty offer – 1 week)

1st Offence: abusive/obscene 1-2 weeks, insulting/threatening 2-5 weeks 2nd Offence: abusive/obscene 2-4 weeks, insulting/threatening 4-10 weeks

# (n) Failing to leave the playing surface when directed to do so by a field umpire; (Prescribed Penalty offer – 2 weeks)

1<sup>st</sup> Offence: 2 weeks 2<sup>nd</sup> Offence: 4 weeks

# (o) Wearing boots, jewellery or equipment prohibited under Law 9; (Prescribed Penalty offer – 1 week)

**1**<sup>st</sup> **Offence:** Yellow Card by Umpire – Cool Off for 15 minutes

2<sup>nd</sup> Offence: 1 week

# (p) Any act of misconduct. (Prescribed Penalty offer – 2 weeks)

Examples such as but not limited to: Indecent Exposure, Biting, Instigating a Melee, Failing to follow the Direction of a Field Umpire or any Behaviour Detrimental to Football.

1<sup>st</sup> Offence: 2-4 weeks 2<sup>nd</sup> Offence: 4-8 weeks

# OR Law 20.2(f) below – misconduct of a serious nature

(RELATING TO THE SPECIFIC REPORTABLE OFFENCE UNDER THE ORDER OFF LAW 20.2)

## 20.2(f) An act of misconduct if the Umpire is of the opinion that the act constituting misconduct is serious in nature;

1<sup>st</sup> Offence: 3-6 weeks 2<sup>nd</sup> Offence: 6-12 weeks

Examples such as but not limited to **serious** acts of misconduct: Indecent Exposure, Biting, Instigating a Melee, Failing to follow the Direction of a Field Umpire or any Behaviour Detrimental to Football.