

First Bounce Course

Session Topic: Game Day		
Learning Outcomes – Participants will:	Success Criteria – Participants will be able	
	to:	
 Review their understanding of the role, responsibilities, and benefits of each of the three umpiring disciplines Develop their understanding of decision making, effective communication and teamwork in a game day environment 	 Implement the knowledge and skills learnt during the course into a game situation 	
Learning Materials:		
• Nil		
Equipment Required:		
 Umpiring WA Charter pull-up banner bibs (2 colours), 8 goal/behind posts 	, 1 whistle per participant, 2-4 footballs, 15 or agility poles	

 5 min
 Retrieval: Decision Making

 Purpose: Retrieve knowledge learnt in previous session
 Presentation Slides:

 Equipment: nil
 N/A

 Set up:
 LEARNING:

 Discuss with a partner:
 • Retrieval practice

Discuss with a partner:	 Retrieval practice 	
• ASK: What is the purpose of the "Spirit of the Laws"?	of key learning	
 To help the Umpire interpret the Laws to promote consistency. 	points from previous session.	
 ASK: What is the main consideration of the field Umpire when paying a Holding the Ball Free Kick? The tackle must be legal. 		
 ASK: What are the key player protection Free Kicks that an Umpire should be observing? High tackle, holding the player, push in the back. 		

2 min	The Umpiring Environment	
Purpose: Provide an overview of the Umpire's role in managing		Presentation Slides:
the environment: pre-game and during the game		N/A
Equipmer	nt: nil	
Set up:		LEARNING:
Pre-Game		• The Umpire's
• Th	e Umpire should project themselves in a positive and	role in promoting
со	nfident manner.	positive game



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 The Umpire can build rapport by being friendly and meeting players, coaches and officials. The Umpire can answer questions where teams need clarity about Laws or Rules. They should not enter into a debate or discuss performances of Umpires from previous weeks. 	day environments.
 During the Game Build relationships with players. Help to educate the players on the Laws. Abuse is unacceptable. The Umpire has powers to issue penalties or speak to a Game Official if you are unsure. Try to block out comments from the sidelines. Use a positive comment you can repeat to yourself to help concentrate on the game. 	

Purpose: Role play the pre-game line up with players on the field Equipment: nil Set up:	Presentation Slides: N/A LEARNING:
Set up:	-
-	I FARNING.
	EL/ARTING.
With a partner:	Communicating
 Role play what you will say as the field Umpire to the 	with players and
players when they are lined up prior to the game.	team officials in a
 Practice saying your pre-game speech by communicating 	confident and
in a confident and positive manner.	positive manner.
	What the field
<u>Discuss as a group:</u>	Umpire should
• ASK: What should the field Umpire communicate in the	communicate
pre-game speech?	prior to the
 Emphasise player protection Free Kicks. 	game.
 Playing the game in a fair and safe manner. 	
 Respecting opponents and the game. 	
• Having fun!	
• ASK: What else do you need to do right before the game?	
 Check nails and boots. 	
 Shake hands of the coaches. 	
 Handshake with captains and coin toss. 	

23 min	Modified Game	
Purpose:	Practice maintaining correct decision making position,	Presentation Slides:
adjudicati	ng contests, signalling appropriately, performing skills	N/A
correctly a	nd communicate with players and other Umpires	



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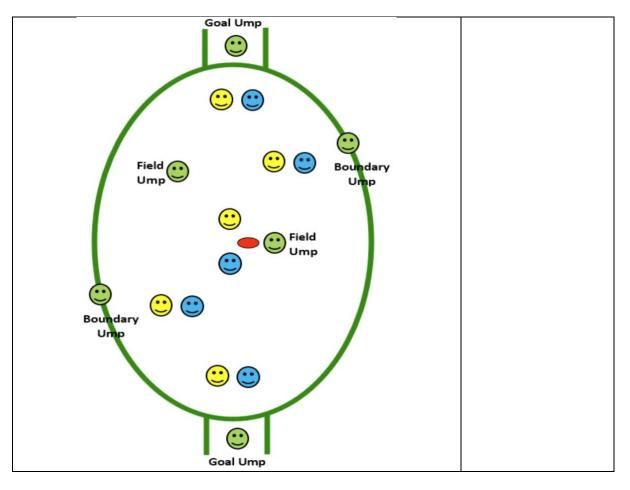
	:	CHANGE IT:
•	 Split group into two teams, approximately 15 v 15 players with simplified rules. 2 participants will field umpire – rotate umpires every 4 minutes. 2 participants will boundary umpire – rotate umpires 4 minutes. 2 participants will goal umpire – rotate umpires every 4 minutes. Aim is for teams to score by kicking football in the goals. The <u>Field Umpires</u> should pay the Free Kicks and Marks that they see. For example, High Tackle, Holding the Player, Holding the Ball, etc. Remind participants of the signals for Free Kicks and Marks. 2 Umpires should umpire half the field each and handover play by calling "yours". The <u>Boundary Umpires</u> should remain on the boundary line and maintain correct distance from the play. They need to adjudicate boundary line decisions and throw the ball in when appropriate. When a goal is scored, they should relay run the ball back to the centre of the ground. The <u>Goal Umpires</u> should position themselves according to the ball, keeping a straight line between the ball and the middle of the goals. They need to adjudicate scoring line decisions and flags. They should also	 Change game to only handballing No contact – must dispose of ball after 5 seconds of possession. LEARNING: Practice maintaining correct decision making position Adjudicating contests. Signalling appropriately. Performing skills correctly. Communicate effectively with players and othe Umpires.
	keep score on their score card.	
<u>ules</u>		
•	Start the game with a Field Throw Up.	
	After a goal, restart play with a Throw Up in the centre.	
•	When the hell goes out of houseds the housedown linesting	
•	When the ball goes out of bounds, the boundary Umpire	
	conducts a Boundary Throw In.	
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UMPIRING

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10 min Post-Game Conversations Role Play	
Purpose: Role play a conversation between field Umpire and team	Presentation Slides:
manager after a game	N/A
Equipment: nil	
Set up:	CHANGE IT:
Discuss Umpire's Responsibilities Post-Game	• Think-Pair-Share.
 After the game be present to shake hands and engage 	Small group
with players and officials.	discussions.
• The Umpire should avoid arguments about incidents from	Whole group
the match – enter into sensible discussions if appropriate.	discussions.
• If the atmosphere is tense, complete your admin duties	
and return to your change room.	LEARNING:
	Communicating
<u>With a partner:</u>	with team
Role play a scenario where one participant is the field	officials with
Umpire and the other participant is a Team manager.	empathy and
• The Team manager approaches the field Umpire after the	respect.
game querying two decisions that happened in the fourth	Managing
quarter.	difficult
• How does the field Umpire respond to and manage this	conversations
discussion?	effectively.



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Discuss as a group:

- ASK: How should you respond to the Team manager?
 - Be polite.
 - Listen to their question and try to understand their point of view.
- ASK: Under what circumstances should you discuss the decisions?
 - If the Team manager is being reasonable, try to provide a brief explanation of the decisions.
- ASK: What should you do if the situation becomes tense?
 - If the Team manager becomes angry or the situation is escalating, excuse yourself and say that you need to return to the change room to complete your match report.

5 min Summary	
Purpose: Recap and consolidate concepts practiced and discussed	Presentation Slides:
Equipment: nil	N/A
Set up:	LEARNING:
<u>Recap by asking participants to respond:</u>	Summarise key
• ASK: What is the role of the umpire in sports?	learning points of
 To keep players safe. 	the session
\circ To manage the game and ensure the game is	through retrieval
played fairly and by the rules.	practice and note
• ASK: How does the umpire manage the game? What are	taking.
the skills they might use?	
 Communication 	
 Dealing with conflict 	
 Leadership, etc. 	
 All these skills are transferrable to life skills, link these 	
together for learning.	
 ASK: What are the benefits or positives from being an 	
Umpire?	
 Cash (part-time job), friendships, building skills for your CV skills – confidence, leadership, 	
communication, teamwork, resilience, conflict management.	