HEARTBEAT A newsletter for past players and officials of the West Perth Football Club

The heart still beats true



Welcome to the July 2018 issue of HeartBeat.

In this edition, we catch up with former captaincoach Bob Spargo and players Brendon Fewster and Howard Collinge.

We'll also look back on a big night at the Australian Football Hall of Fame for Mel Whinnen and, for all those past players who may have sired future club champions, we take a look at the father-son and grandfather-grandson rules as they stand.

Finally, if you back yourself to name the player in the above photograph, feel free to drop us a line at Heritage@falconsfc.com.au

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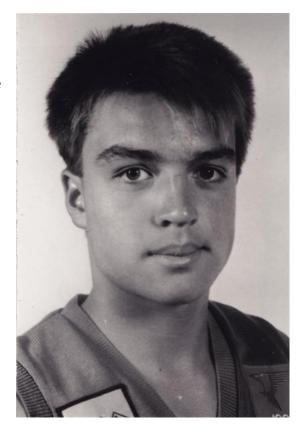
Does your heart beat true?

Where are they now? - Howard Collinge

I started my junior football in the West Perth zone and landed in the Falcons Colts at age sixteen, alongside a bunch of skinny talented guys like Craig Turley, Dean Laidley, Paul Mifka and Darren Bewick. I progressed to the Reserves to play alongside great athletes like John Gastev, Peter Cutler and James Waddell. They all went on to great careers at West Perth and beyond. I took a different path.

I was a Falcons fan, for sure. Les Fong was a secret hero of mine for many reasons. I was never comfortable revealing my ethnic background in those days (I am part Chinese), and Les Fong was a cool Asian dude, tough and highly respected by all, and that gave me some strength. He was the *Bruce Lee* of Australian Football, at least that's how I saw it as a kid.

I started on the bench of a West Perth-East Perth derby at Subiaco Oval, and only came on in the last fifteen minutes of the last quarter. I managed to get nine touches and one solid elbow to the jaw, so I ended the game slightly concussed, but happy.



I was lucky to be around many talented players and great coaches. I loved Bill Dempsey as a mentor, coach and all-round decent human being. Ross Munns was so classy and cool-headed. He looked like he was running in slow-motion, yet nobody could catch him. Peter Menaglio was all speed, grace and balance. I still have fond memories of going surfing after some matches with Craig Turley. Not many people have the energy to surf for two hours after a tough football match, but he had incredible stamina, which no doubt contributed to his later success with the Eagles.

I tore my right ACL at training one night (in 1987), twisting and turning the wrong way. That moment became a pivot point in my life too. Rather than get reconstructive surgery, which was the recommended route, I decided to pursue life beyond football. What that life was, I wasn't sure. I knew I had other talents outside of sport, but wasn't sure how I would pursue it, or where it would lead to. Strangely, the knee injury turned out to have been a golden gift. Suddenly, new doors would open that would change my life. I quit my job, travelled around the world and decided to pursue some creative interests, finding my way into the advertising world as a creative "ideas person" (think Mad Men, without the whisky or suits). I was lucky to work for big ad agencies in London, Singapore and New York (where I now live), getting paid to come up with ideas for TV commercials for Maserati, Levis, Uniqlo, and Mercedes Benz.

But despite my new career path, my damaged knee continued to give me problems, and that's when I began practicing yoga - a physically and mentally demanding style of yoga called *Ashtanga*. After several years of practice, my knee problems disappeared and I had a newfound flexibility and strength that would serve me to this day. I still surf regularly in New York (yes there is surf here) and Malibu, Los Angeles.

I've lived in New York City for ten years now and work as a Creative Director and Branding consultant for luxury and fashion brands as well as small start-ups. I have also written and published a book on economics, titled *Beautiful Economics* and have been a part-time Professor at Parsons School of Design, NY. I live with partner Lauren, a native New Yorker and power lawyer, who looks at me strangely when I occasionally watch AFL matches on my laptop at 3am, New York time. I'm a West Coast fan.

After I ended my career at West Perth, I decided



to play for *fun*. I learnt that the words 'play' and 'fun' are surprisingly performance enhancing. Sure, Sunday League was a lesser standard of football, but I had become a better player with one good leg than I was with two good legs. I played for premiership teams with Wanneroo FC in the Sunday

League and then was invited to join an "Oceans Eleven" collection of ex West Perth misfits, led by former Falcons champ (and Real Estate whisperer) Dan Foley. He brought together myself, Shaun King and Cole Maguire, to play for Quairading. We had two successful and highly enjoyable seasons using a method we called "Wynnology", inspired by former West Perth coach John Wynne.

I have kept in touch with Craig Turley over the years...And have been in touch with Dan Foley recently ...James Waddell lives in Denver and visits New York occasionally....and it was great to reconnect online with Peter Cutler, who suggested I write this piece.

A special note of thanks to our recent visitors

Those of you who have recently visited our club will have noticed our cabinet now features a display of West Perth memorabilia going back as far as 1891.

The West Perth Football Club would like to thank the Cardies Coffee Club and our life members for funding the cost of having the new shelving installed within this cabinet.

Your support has enabled the club to better reflect its full history. Much work remains to be done, but our cabinet represents a good start. The work of Stan Broom, Terry Stokesbury and Bill Spittles in ensuring our memorabilia is well displayed is greatly appreciated.

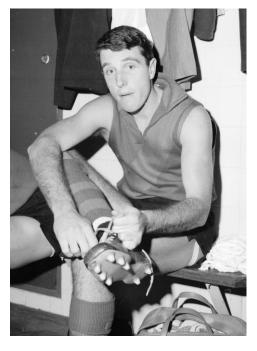
Heading West – Bob Spargo

HeartBeat recently caught up with Bob Spargo, the club's captain-coach between 1965 and 1967, and the man credited with preparing many of the players who were to experience premiership success in 1969 and 1971. More recently, Bob has seen his grandson Charlie make his AFL debut for Melbourne, making it four generations of the Spargo family to have played at the top level. Bob debuted for Footscray in 1958 at the age of 18 and played 80 games for the Bulldogs, kicking 43 goals before he left to join West Perth in 1964. Starting his career as a half forward, he developed into a brilliant centreman and was once chosen to represent Victoria, only to withdraw with concussion. A lithe six footer, Bob displayed exceptional speed and a long striding loping style. Like his father Bob senior, Bob ran professionally and once made the final of the Stawell Gift. He now lives in Queensland.

How, when and why did you make the journey to the West Perth Football Club?

It all started in a hotel at the end of 1963. Over a few drinks with a local journalist one evening, I happened to mention that I wouldn't mind the opportunity to play on dry grounds, particularly in

Western Australia. My remark was a general one (and I thought confidential) and so was surprised when I woke to a headline in the paper the following morning: "Spargo to head west". I now realise it wasn't such a bad decision. Later that day, I received a call from Alec Breckler, who happened to be in Melbourne on business. I spoke to Alec and became quite excited at the prospect of coming to WA. Alec contacted Les Day and Les got back to me. It didn't take me long to work out that Les Day was a terrific salesman. He contacted ANZ Bank to arrange a job transfer to WA, and he made contact with Footscray to begin the process of sorting out a clearance. By this stage, I was 23 years old and was tired of playing on the muddy ovals of Princes Park and Western Oval. Playing on a wet day in Western Australia was like playing on a dry day in Victoria, and so I was very interested in making the move. After speaking to Les, I was invited to Perth and then made the decision to move to WA, and more particularly, to join West Perth. I was offered a four year contract. Just prior to me leaving Melbourne, an article appeared in one of the Melbourne papers stating that under no circumstances would Footscray clear me to play in



the west. I mentioned this to Les, and he told me to not worry about it, and that he would do all the worrying. Les guaranteed that I would be paid, even if I was required to stand out of football for a year, which often happened back then. It turned out that I wasn't released from Footscray until mid-June, so I missed the first half of my first season. I retained a close relationship with the Breckler family, and spent many evenings in the Breckler home. At the end of the 1964 season, Les Day and the committee approached me and asked if I would take on the coaching position - a role I was reluctant to accept at first, given many of the players were older than me. Les responded by saying "They will accept you."

What are your lasting memories from your time at the club?

My days at West Perth were the happiest days of my football career. I just loved the place and was impressed by the committee. Those who I can remember are Les Day, Len Roper, Kevin Bradley and Fred Stokesbury. I loved all the players I played with. It was the people who made my stay such a happy one. I didn't want to leave West Perth but, as it happened, my father-in-law and sister-in-law came down with terminal illnesses and we wanted to return to be closer to them.



Who were the better players you coached and played with?

The players who stand out from my time are Bill Dempsey, Mel Whinnen, Brian France, Brian Foley, Colin Hebbard and the late Ron Evans. In 1966, we introduced 30-odd players, including the likes of Laurie Richards, John Wynne, Craige Baker, Bob Howat, John Nykyforak, Stephen Smeath and Norm Knell. Dave Dyson had begun his playing career a year or two before I arrived, and he and the players I have mentioned all went on to become state and premiership players through the Farmer era. Other players to come through in my time include Rod White, Brian Sampson, Trevor Clarey, Brian Metcalf, John McArthur, Greg Astbury and Terry O'Dea. My biggest regret is not being able to

play with Polly. He did contact me prior to him agreeing to coach West Perth. He asked me who he should coach, as he was fielding coaching enquiries from several Western Australian clubs. I told him that West Perth had the best young side in WA and recommended he accept the coaching position on offer at West Perth.

Do you remain in contact with any of the players from your time at West Perth?

Yes, I have kept in contact with Dennis Cometti, John Wynne, Colin Hebbard and, for many years, Ron Evans. I always felt secure when Col was in the side. I'm sure you can recall an incident with an East Perth defender where I finished up in Royal Perth Hospital. At three-quarter time, I'd been concussed and Colin came up to me and told me to not worry about it. He said he would sort it out. Two minutes into the last quarter, Colin had moved himself from



the back pocket to the forward pocket and a scrum developed. When the crowd of players dissipated, the offending player was left on the ground with what I was told was a couple of broken ribs. He didn't last any longer than I did.



Tell us your memories of the day you won the Simpson Medal as best afield for Western Australia against Victoria, in 1965.

That WA team was just fantastic, in fact, the best team I ever played in. I was lucky on the day because, as a player at Footscray, I had studied the way that Polly played (Farmer rucked for Victoria that day), and I had roved to John Schultz (1960 Brownlow Medallist). That made it easy for me to read John and I thank him for some of his ruck taps. I remember I didn't have my kicking boots on, though, and kicked only five goals and four points. Some of the great players in that side were Barry Cable, Brian Foley, Brian France, our captain, Keith Slater, Billy Walker and a young John McIntosh.

On returning east, did you remain involved in football and coaching?

I did, but for just three years between 1968 and 1970. I captained-coached Albury for one year and then coached them for two seasons.

It must also be of great pride that there is now a fourth generation of Spargos playing in the VFL/AFL?

My dad played for Footscray (65 games) and Melbourne (two games), and was a talented athlete, finishing third in the 1936 and 1940 Stawell Gifts. I followed in Dad's footsteps, finishing fifth in the 1963 Stawell Gift, and my younger brother, Ricky, who played as a rover at Footscray (64 games) with Bryan Pleitner, also finished fifth in a Stawell Gift. My son Paul, who was born in Perth in 1966, played for North Melbourne (81 games) and then Brisbane Bears (9 games), as they were then known, before suffering a career-ending injury. Paul went on to win six premierships as a coach in the Ovens and Murray League, the final three in succession after taking a break from coaching. Now Paul's son has commenced his career this season with the Melbourne Football Club, also as an 18-year-old.

Thanks for your time, Bob.

Thank you for the opportunity. I hope to make a trip to Perth to coincide with the Melbourne game against West Coast later in the season. I will look forward to catching up with my many former teammates then. My heart still beats true for the red and blue! - with Terry Stokesbury.

Rolling back the years

Little did the copywriter of this advertisement in the grand final Football Budget of 1985 know just how right they would be.

This "star of tomorrow" went on to become just that - a triple Breckler medallist, triple premiership player and club captain. Fortunately, it was in the red-and-blue of West Perth that he made his name, and not the maroon-and-gold he wore in this photograph.

He continues to serve West Perth today, in an off-field capacity as General Manager Football Operations. But this was the football public's earliest glimpse of Steve Trewhella.



Team photo flashback – 1957



Sadly, this photograph, didn't have any names written on it when it came to the club as a slide a few years ago.

The photograph was taken at Port Augusta, where the West Perth Football Club side of 1957 stopped on their way to the Eastern States on an official club tour – the first interstate tour the Cardies had undertaken since 1946.

Among the more noticeable faces in the photograph are Kevin Bradley, Frank Sparrow and Ray Schofield. But we would love to name the lot, if there's an old (or not so old) Cardie out there who can help?

The tour ran from June 22 to July 12 and saw the team travel via train through Kalgoorlie, Port Pirie, Adelaide and Melbourne, before taking the bus to Canberra.

Matches were played against a combined Richmond-South Melbourne team "under electric light" (a draw), and the Canberra representative team (a victory).

The 1957 season was not a particular success, though it was a step up on 1956. Along with the loss of Ray Marinko to East Perth, the club scraped into fourth spot on the ladder and was eliminated by East Fremantle in the first semifinal. That game was Frank Sparrow's last as a WAFL coach.

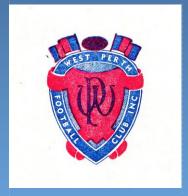
Upcoming Events

21 July: West Perth v Swan Districts. Joondalup. 2.15pm.

28 July: West Perth v Peel Thunder. Joondalup. 2.15pm.

11 August: West Perth v Subiaco. Joondalup. 2.15pm.

28 September: Breckler Medal Night. Joondalup.



12 December: Annual General Meeting. Function room, Arena Joondalup. 6.30pm.

Mel Whinnen joins Australian Football Hall of Fame

One of the finest players to represent the West Perth Football Club, Mel was last month inducted into the Australian Football Hall of Fame.

Mel was inducted alongside Bernie Naylor, Terry Wallace, Wayne Johnston, David Neitz and Matthew Scarlett, with Kevin Sheedy elevated to legend status.

Having grown up supporting West Perth and attending games regularly at Leederville Oval, Mel grew up with dreams of playing with the Cardinals.

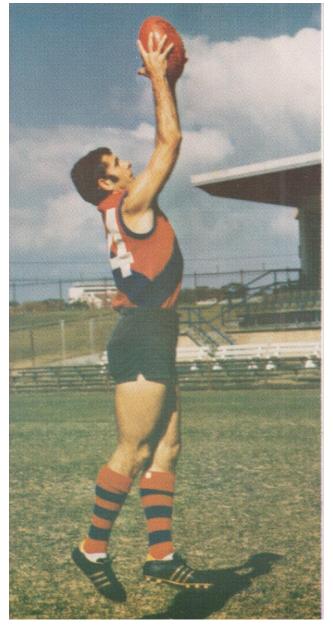
Not only did he lived out those dreams, but by the time he retired at the end of the 1977 season, he had become one of the club's greatest ever players.

Mel played in the 1960 premiership with West Perth and soon became the starting centreman where he would play for the rest of his remarkable career.

Along the way, Mel played in premierships in 1969, 1971 and 1975 and won Breckler Medals in 1962, 1964, 1967, 1968, 1970, 1971, 1972, 1973 and 1975.

Mel also represented Western Australia on 14 occasions, won a Simpson Medal in 1975 and captained West Perth in his last season in 1977.

He was a star right to the end, producing a near-beston-ground performance in the preliminary final loss to East Fremantle at Subiaco Oval in his 371st, and final, appearance.



Mel's legacy has also been cemented with his name attached to the award made to the best player in the WAFL colts grand final each year. He regularly presents the award on the day.

In accepting his induction into the Australian Football Hall of Fame, it was his family, his football club and his team mates that were uppermost on Mel's mind.

"My family have been utmost in my mind over the course of my footy career. Mum and dad will be looking down, I hope, and will be very proud," Mel said at the function.

"My wife Dawn, unfortunately, couldn't be here. She's not well at the moment, but her support over the course of my footy career was marvellous, together with that of my two girls, Debbie and Jodie.

"I don't think they missed a game of my 371 games at West Perth and I'm very proud that they helped me to do that. I'd also like to thank my footy club, West Perth.

"The reason that Bill Dempsey and I stayed with the club for so long was that they looked after us so well, we had good administrators, good support staff with our trainers and all the people that helped us stay on the field.

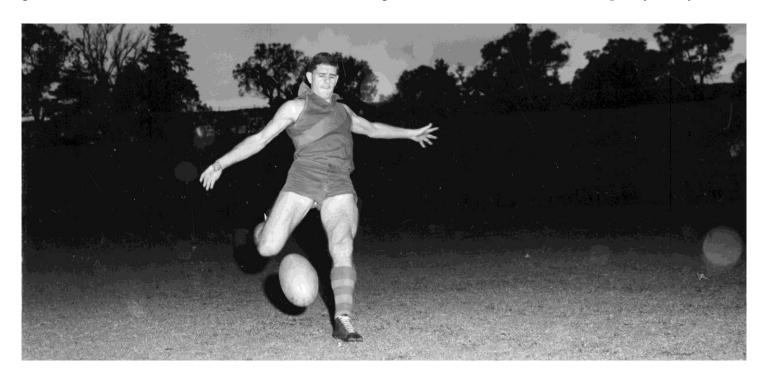
"We had marvellous supporters and members over the course of those 18 years and we still do. Particularly I'd like to say thanks to my team mates over the course of the years I was at West Perth. I'm very much appreciative of the efforts that West Perth did for me and I hope they do well for the future."

Mel's connection to the West Perth Football Club started as a young boy, even if it did take some time for his father to come around. Allan Whinnen Sr had played 13 league games for East Perth in 1929.

"It all started back when I was probably five or six and mum was a good supporter of West Perth and Leederville Oval wasn't far from our home. Mum used to take me to the footy in my early days (and) I learnt to respect all the West Perth footballers in those days.

"Unfortunately, my dad had played a few games for East Perth back in the 30s and East Perth was the crosstown rivals of course, so there was no way we could get dad along to the footy with us watching West Perth. Dad was the bloke who helped me a lot with my kicking and handball in the backyard though.

"Eventually, once I became a league player, dad came across to West Perth and became one of the staunchest West Perth supporters that you could possibly hope for. In fact, I used to wonder how he got home from Leederville Oval ... after we had a good win because he celebrated pretty badly."



From the moment Mel started his career at West Perth and became a premiership player in 1960, he rarely missed a game for the Cardinals.

His consistency of performance and effort was remarkable but, typically of Mel, he puts it all down to hard work and some luck on the injury front.

"I don't know if there's any secrets but I did enjoy training and I tried to train to the best of my ability. I tried to do those things that the coaches would try to get us to do, particularly through the 'Polly' Farmer era," he said.

"He trained us very hard and very long. I just enjoyed my footy and enjoyed it from a very young age. I was lucky with injuries I guess too.

"A lot of the bigger blokes end up with muscle problems and things as they get a bit older, but fortunately I didn't have a lot of injuries over the course of my 18 years of playing footy."

There could be no story about Mel Whinnen without mention of his great mate and team mate Bill Dempsey. Their careers started and finished around the same time, and they remain close to this day.

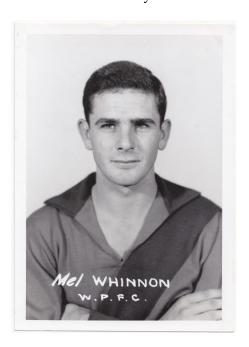
"We both started together in 1960, we were both the same age and we both played half a dozen games in 1960," Mel said.

"Then 17 years later we had played 350 games together at the same club, which is probably a little bit unusual. We learned a lot about one another over that time.

"Bill was a marvellous footballer and we did a lot of things together over that time. He was our captain in the final years of us playing footy and a bloke that I have the utmost respect for. He's a tremendous fellow and still a great supporter of the West Perth Football Club." – by Chris Pike

Mel's career statistics:

- 371 games for West Perth, 1960-77, kicking 72 goals
- 14 games for Western Australia, kicking 1 goal
- Premierships 1960, 1969, 1971, 1975
- Fairest and Best 1962, 1964, 1967-68, 1970-73, 1975
- Captain 1977
- Simpson Medal 1975
- West Australian Football Hall of Fame 2004
- Australian Football Hall of Fame 2018



Looking at the next generation of Falcons stars

Brian Humphries was a star for West Perth and Western Australia, playing 102 games between 1951 and 1955 after joining the club from Narrogin.

Sadly, Brian passed away last August, but he has left a lasting legacy at the club, where his name appears on the Number 5 locker.

Recently, Brian's grandson Lawson was selected in the Under 15s WA team to contest the AFL National Kickstart Championships in NSW.

In a coincidence that wasn't lost on his family, Lawson was presented with his state jumper at Leederville Oval and incredibly was given the Number 5 jumper his grandfather Brian had worn with pride for both West Perth and WA.

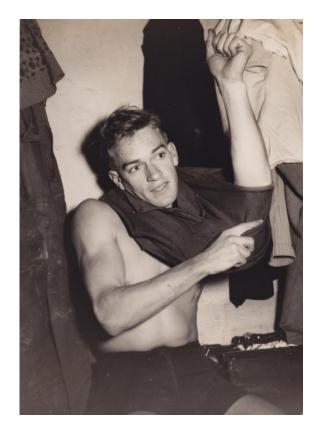
The WA team went through the championships undefeated and, with just five points separating the Sandgropers and SA in the last quarter of the grand final, Lawson took a strong mark at centre half forward with less than a minute to go.

The 14-year-old then went back and kicked a goal to seal the victory.

His performance at the championship earned Lawson selection in the Australian Boomerangs squad, which will see him play exhibition games at the Gold Coast and in Canada later in the year.

Lawson is currently boarding at Hale School and recently made his debut as the youngest player in the Hale School first XVIII team. He has also been nominated by the West Coast Eagles for their next generation list with the AFL.





Lawson is also connected to the club through his father Ross, who was part of John Dimmer's off-field team when the club won the drought-breaking 1995 premiership, fulfilling the roles of fitness coach, chairman of selectors and assistant league coach.

Father and Son/Grandfather and Son rules

The old father-son rule is no longer just for sons. It now applies to grandsons, like Lawson Humphries, and others. For past players who are keen to understand whether their sons, grandsons or great grandsons qualify to wear the red and the blue, below are some of the requirements that must be met in order to be considered for registration at West Perth.

Remember, if the player lives in the West Perth zone, none of this matters. But if they live outside the zone, then this is the best way to ensure they get the chance to play for West Perth. Further information can be obtained from Casey Haw, West Perth's talent manager, on (08) 9300 3611.

The rules:

A player may become a registered player for the WAFL club for which his father, grandfather or great grandfather played or was associated where that player's father, grandfather or great grandfather:

- played in 50 or more league matches with that WAFL club
- played for one WAFL club for a combined total of 85 league or reserve matches in at least five football seasons;
- was elected as a life member of the WAFL club;
- held a full time administrative position at the WAFL club for a combined period (if employment is broken) of ten years; or
- qualified for and was drafted to the AFL (or recruited by an AFL Cub prior to the draft) from a WAFL club and played:
 - o 50 AFL matches; or
 - o 85 AFL matches and state league matches (as an AFL player) combined, over five years

Did You Know?

That the grandfather of current Western Bulldogs coach Luke Beveridge played for West Perth in 1935 and 1936?

Jack Beveridge played 31 games for the club and was a member of the 1935 premiership side, playing as a ruck-rover and changing off a half-forward flank.

Jack arrived at Leederville from Collingwood, where he was a classy centreman in the Magpies side that won four consecutive premierships between 1927 and 1930.

He left Collingwood, having represented the club in 148 games, after receiving an offer of secure employment in WA while the country was in the midst of the Great Depression.

When his days at West Perth were over, Jack captain-coached Launceston and Horsham to premierships.



My first game – Brendon Fewster remembers 1994

I played my junior football with Gingin in the Hills Association, which was in the Perth Football Club zone, and at 17 years of age I was invited down to Perth for a tryout.

Being a young bloke from the bush, I was expecting to be eased into the world of WAFL football, but my impressions took a setback when the coach, Ken Armstrong, delivered a tirade of abuse at the players.

It was such an outburst that he spat out words and I just happened to be in the firing line at the front. When I got home, I said to my father: "Dad, I'm not going back there". So I continued to play for Gingin until 1994.



In 1994, I was invited down to West Perth by Jeff Dennis and coach Jeff Gieschen, which was a much better environment and they had moved to Joondalup, so it was much closer for me to travel there from home.

I spent about three quarters of a season in the reserves.

Then, during 1994, I was told that I'd be playing my first league game the following Saturday against Swan Districts at Joondalup on May 14th.

Out of my whole football career, including three premierships with West Perth and being selected by West Coast and Fremantle, it's this piece of news that sticks in my mind and has the most vivid memory for me.

I remember when driving home I was so excited I almost ripped the steering wheel off the column.

I couldn't wait for game day to come around and I was full of nervous excitement. I played as the second ruckman.

Jeff Gieschen told me to use my body and just keep jumping into the opposition ruckman, who at the time was Jason Ball.

After I joined West Coast, Jason and I became mates and he remembered that game and wondered who the big bugger was that kept banging into him and sitting on top of his head.

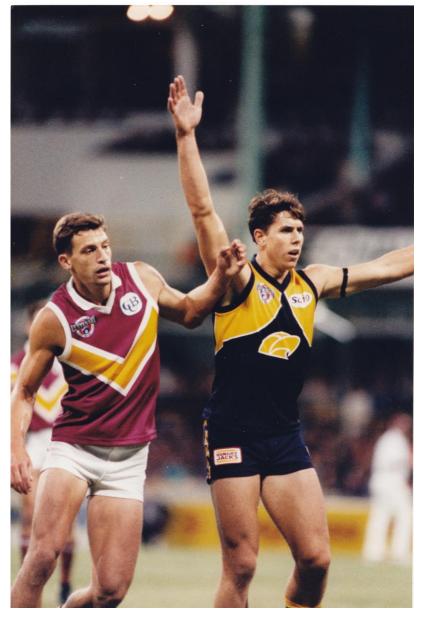
Unfortunately, we lost by 33 points, but it was an absolutely great thrill to be out there.

John Dimmer was appointed coach in 1995 after Jeff Gieschen was offered the position as assistant coach at Geelong.

We had a great season and beat Subiaco in the Grand Final by 56 points to break a 20-year drought for the club.

Although it was very exciting to be out there, I felt I didn't have much of an impact on the game and it would probably be fair to say that I may have been a bit fortunate to be selected.

Nevertheless, it was great to be a part of.



After the 1995 season, I was picked up by West Coast in the draft at Number 3, which limited my playing time with West Perth.

Then in 1996, after just three games with West Coast, I did the ACL in my left knee, which kept me sidelined for the season and didn't help my cause through 1997.

Later, I also did my right knee. I've had 15 operations, and at times had 150ml of fluid drained from my knee each week.

In 1999, I had a great start to the season with West Perth but could only notch up 10 games after being called up for West Coast. Fortunately, I was able to play in three finals for West Perth, and the 1999 Grand Final was a tremendous experience. – with Bill Spittles

My performance on the day, and throughout my ten games during that season, was due to the fact we had the best backline and midfielders in the comp.

In my humble opinion, they are arguably one of the best combinations ever seen at West Perth.

They looked for you and delivered, and it just enhanced your game, something that didn't happened in my time at AFL level.

After the 1999 season, I went to Fremantle for three years.

At the end of 2002, I was delisted by Fremantle and continued playing with West Perth, where I won a third premiership Flag in 2003.

But by the end of 2005, the knees were feeling the strain, so I decided it was time to retire.

I now concentrate on our bee keeping business (I'm an apiarist), and my wife Narelle and our three kids hitch up the camper and head up north once a year. I still catch up with my rebel-rousing team mates at the footy from time to time.

It's been a great journey and I am privileged to have played for West Perth and to have met so many great people and made so many mates.

Obituaries

We are saddened to report the passing of the following past players and officials of the club since the last edition of Heartbeat:

Past Player Keith Haley 1925-2018

A one-season player for West Perth in 1943, Keith Haley passed away on May 5. He played 18 games for the club in that season, which was only open to underage players because of the onset of WWII, kicking 18 goals and regularly being named among the club's best players.

Keith leaves behind a big family, including four children, six grandchildren, and ten great grandchildren.

Contributions

If you have any suggestions, facts or photos for inclusion in future editions of HeartBeat, please contact the Heritage Committee at heritage@falconsfc.com.au

