

2025 THINK MENTAL HEALTH ROUND – PA ANNOUNCEMENT

- Healthway are the proud partner of today's "Think Mental Health Round".
- The "Think Mental Health Round" is being played across all CFWA and WAFL matches this weekend.
- One in five Australians aged 16 to 85 years' experience mental health issues in any given year, and in WA, one person dies by suicide every day. 3 out of 4 deaths by suicide are male.
- Country Football clubs are central to community mental health and wellbeing and places where people naturally seek support from family and friends.
- For most people, just asking if they are okay and listening can make a difference. By simply being there for your mates, they can feel less alone and more supported to talk about how they are feeling.
- Talking and Listening are Powerful.
- For information or support, please visit the Think Mental Health Website.