

CLUB CIRCULAR - 2021_03

Subject: Concussion Policy Update

Date: 29th March 2021

From: James Hunt Competitions Specialist West Australian Football Commission

Audience: Junior Club Presidents, Community Club Coaches, Team Managers and 1st Aid Officers & Trainers

| Summary: | Club Action: |
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| The AFL's National Community Concussion Guideline has been adopted as WAFC Pol12 in Junior Competitions. | • Distribute KIA Club Hub link to all club members. |
| If a player is concussed, they must sit out a minimum of 12 days and provide a Doctor's clearance to resume playing. | Print and display HeadCheck App info sheets around your club. Confirm all Match Day Volunteers at have installed HeadCheck app. |
| | Ensure all Team Managers are aware of new reporting requirements as outlined in the policy |

WAFC 2021 Junior Football policies, Rules and Regulations.

An updated Concussion Policy is now available on KIA Club Hub

This new policy is in line with the AFL Community Concussion Guidelines, which is also available via link on the Kia Club Hub website.

What are the changes?

The new policy has a requirement for any player concussed, whether at training or in a game, to follow a step-by-step process before returning to training and matches.

These concussions are to be reported by Club Officials to local Competition Administrators via email.

The final step before resuming full training or match play is for the player to receive a Doctor's medical certificate and this must be provided to the local Competition Administrator before playing.

Where do I find the links?

A list of useful resources for clubs including the full Concussion Guidelines and Policies can be accessed by clicking <u>here</u> or typing the following link into your browser *https://clubhub.wafc.com.au/*