



## Level 1 Auskick/Junior Course Format

Lathlain Park, Sunday 12<sup>th</sup> April

	Auskick	Junior	Length		
	Introduction: The AFL Coaching Structure and Coach Accreditation		15 mins	8.15am	Chris Brown
	Youth Focus Mental Health Session		30 mins	8.30am	TBC
Dan Curtis	NAB AFL Auskick Philosophy and Coaching Children	Game Environment – Modified football philosophy, laws and coaching children	1 hour	9am	Chris Brown
	Effective Coaching and Communication		1 hour	10am	Barrie Smith
Sean Collingwood	Using the manual to plan, prepare, conduct and deliver an NAB AFL Auskick Session (practical assessment)	Introduction to game sense and practice activities (practical assessment)	2 hours	11am	Scott Faulkner / Chris Brown
	Teaching basic skills		1 hour 15 mins	1pm	Chris Brown / Dan Curtis
	Safe Coaching: Duty of care & player safety		30 mins	2.15pm	TBC
		Planning, conducting and evaluating a skill development session	45 mins	2.45pm	Chris Brown / Scott Faulkner



## Level 1 Auskick/Junior Course Format

### Steel Blue Oval, Sunday 29<sup>th</sup> March

	Auskick	Junior	Length		
	Introduction: The AFL Coaching Structure and Coach Accreditation		15 mins	8.15am	Dan Curtis
	Youth Focus Mental Health Session		30 mins	8.30am	TBC
Dan Curtis	NAB AFL Auskick Philosophy and Coaching Children	Game Environment – Modified football philosophy, laws and coaching children	9am		Chris Brown
	Effective Coaching and Communication		1 hour	10am	Mil Priato
Stewart Luxton	Using the manual to plan, prepare, conduct and deliver an NAB AFL Auskick Session (practical assessment)	Introduction to game sense and practice activities (practical assessment)	11am		Scott Faulkner / Dan Curtis
	Teaching basic skills		1 hour 15 mins	1pm	Chris Brown / Dan Curtis
	Safe Coaching: Duty of care & player safety		30 mins	2.15pm	TBC
		Planning, conducting and evaluating a skill development session	45 mins	2.45pm	Dan Curtis / Scott Faulkner