

WAFC POL.06: Pregnancy Policy

GENERAL INFORMATION

Lead Area:	WAFC Community Football
Lead Procedure Title:	Pregnancy Policy
Procedure Reference Number:	WAFC POL.06
Adapted by:	TM.
Last Modified:	11 November 2018

POLICY BACKGROUND

Sports Medicine Australia has developed guidelines entitled *“Participation of the Pregnant Athlete in Contact and Collision Sports”*.

The guidelines are intended to provide recommendations to the pregnant athlete and sporting organisations on safe participation in contact and collision sports during pregnancy.

SUMMARY OF GUIDELINES

Football is classified as an unlimited contact and collision sport.

- Contact or collision is frequent and maybe quite forcible,
- A high risk of falls, blows to the abdomen and contact with a projectile exists,
- In a normal pregnancy, participation can only be recommended during the first trimester.

RECOMMENDATIONS

- Display a copy of the summary of the statement issued by the Medicine and Science for Women in Sport committee of the Australian Sports Medicine Federation on club notice board so that players can make an informed decision about playing,
- Encourage any player that is pregnant to seek the advice of a medical professional,
- Provide a safe environment for all footballers.

INSURANCE & THE PREGNANT PLAYER

The pregnant player is provided with the same personal accident policy that is provided for all registered members of the football leagues. However, the player is not covered if the resultant injury is found to be due to the pregnancy. NO cover is provided for the unborn baby.

SUPPORTING DOCUMENTS

[Participation of the Pregnant Athlete in Contact and Collision Sports](#)