



The Claremont Football Club Academy programs run throughout the calendar year overlapping and interacting with community football. Detailed below are some key points, policies and information about our programs which you may find useful in planning your year ahead. For more information regarding the CFC Talent Academy, please go to <a href="https://www.claremontfc.com.au/the-club/talent-academy">www.claremontfc.com.au/the-club/talent-academy</a>

Age groups are detailed below. Please note that players must turn that age within that respective calendar year to be considered.

| 16s PROGRAM          | - the second end of the second   |
|----------------------|--|
| Duration of Program: | 30 <sup>th</sup> Jan –22 <sup>nd</sup> Apr 2013                        |
| Training Nights:     | Mon & Wed  |
| Training Times:      | 4pm - 5:30pm   |
| Games:               | Refer to 16s Schedule (at link above)                                  |
| Nomination Process:  | Not applicable – players are selected from previous years 15s program  |
| 14s & 15s PROGRAMS   |  |
| Duration of Program: | 22 <sup>nd</sup> July – 13 <sup>th</sup> Oct 2013                      |
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| Training Nights:     | 14s Jan-Jun: Tue & Thurs   |
|                      | 14s Jul-Dec: Tue & Fri   |
|                      | 15s Jan-Jun: Wed & Fri   |
|                      | 15s Jul-Dec: Tue & Thurs   |
|                      | (may be subject to change)   |
| Training Times:      | 4pm - 5:30pm   |
| Games:               | October School Holidays (30 <sup>th</sup> Sept – 13 <sup>th</sup> Oct) |
| Nomination Process:  | Coaches are requested to nominate players most appropriate for         |
|                      | Academy Football (e.g. most talent, most scope for improvement)        |
|                      | http://forms.wafootball.com.au/view.php?id=350                         |
|                      | <u>Please submit this by no later than Monday 13<sup>th</sup> May</u>  |

## TRAINING POLICY

- Players are expected to be present at every session.
- If there is a conflict with community club training, it is expected the player would train with us \*
- In the event our sessions conflict with another concurrent sport training of a relative level, we would request we see the player at least once a week.

\* If community teams are playing a **final** on that particular week the above condition would apply and we would request the players presence at only one of the two sessions that week.

## **PLAYING POLICY**

- All players are expected to be present for all games in the carnival
- Players not selected to play may be required to run water or boundary umpire (scratch matches)
- Players may be required to play community football the following day. <u>In the interests of player</u> <u>welfare</u> Club Coaches are requested to take this into account and either;
  - Rest them from the game all together; Or if required for numbers,
  - Play limited game time
  - Or at worst, play in a position that requires limited involvement and exertion for the individual.

## COACHING OPPORTUNITIES

The Claremont Football Club academy program also provides a unique opportunity to develop our district coaches. As well as identifying talented players and assisting them in achieving their goals, in parallel to this program we also strive to increase the wealth and education of coaches in our district. As part of our academy coaching staff we are able to provide opportunities to foster a coach's improvement and continued progress through the coaching ranks.

Ideally, our 14s coaches are groomed into 15s positions, likewise 15s into 16s and eventually 16s into the Colts Coach position. The head coach of the 16s program also has involvement in the colts setup to further strengthen this pathway and help to ease and assist a players transition into the elite colts program.

If you would like to get involved in coaching Academy squads, please register your interest and a brief coaching CV detailing your experience and philosophy to <u>darcy.coffey@claremonttigers.com</u>

## **FOCUS AREAS**

Due to our limited access to players across the year, could I please request that a key focus area at community level be on the fundamentals and skill efficiency of your players. Concentration on the following puts the players in great stead;

- Kicking efficiency on both feet
- Handpassing efficiency with both hands

And it is considerably easier to build game sense and structural information on a decent skills base. Resources can be found at <u>www.claremontfc.com.au/the-club/talent-academy</u>

Note: If you're having trouble accessing links, cut and paste into web browser. Failing that, ask your kids!