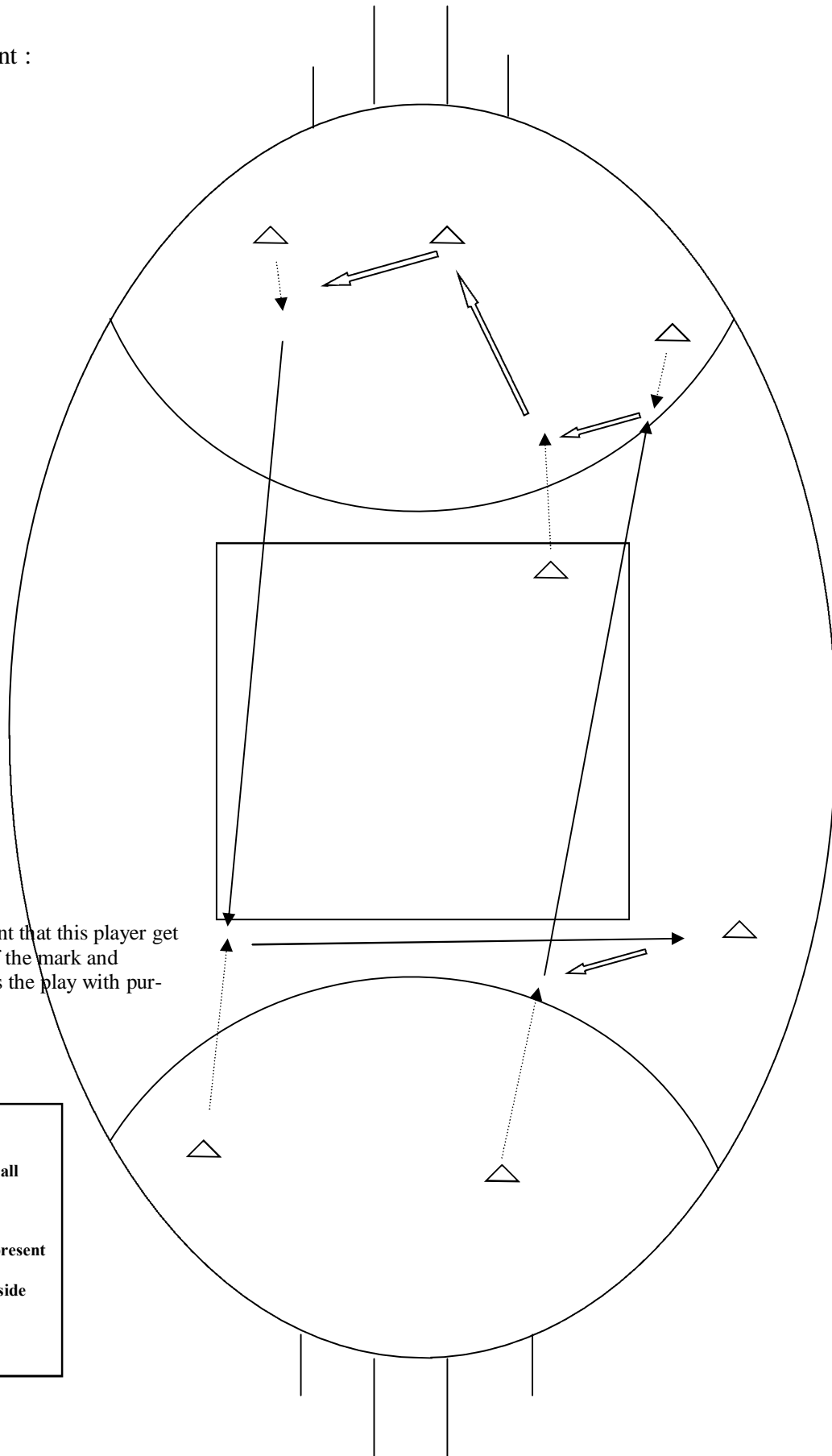


Skill Drill

7 Point

Equipment :

7 Cones



Important that this player get back off the mark and switches the play with purpose.

Key

- Handball
- Kick
- ⋯ Lead/present
- ⤿ Arc inside