



FOOTBALL COMMISSION INC.

## LEVEL 2 & State Conference Course Outline

### COURSE OUTLINE

ECU Joondalup

Saturday 22nd November

Time		
8:00		Registration Commences
8:45	9:00	Welcome & Opening
9:00	9:45	Developing a Coaching Philosophy & Trademark <b>John Worsfold</b>
9:45	10:00	Course Specific Intro
10:00	10:45	Physical Preparation of Players (Youth) <b>Carl Woods</b>
		Umpiring – Senior Coach Relationship <b>Dean Margetts &amp; Darryl Sinclair</b>
10:45		<b>MORNING TEA</b>
11:00	11:45	Physical Preparation of Players (Senior) <b>Carl Woods</b>
		Umpiring – Youth Coach Relationship <b>Dean Margetts &amp; Darryl Sinclair</b>
11:50	12:30	Effective Training Sessions – Kicking Based <b>Andrew Lockyer</b>
12:30pm		<b>LUNCH</b>
1:00	3:15	Skill Development (3 stations) Kicking 1, Kicking 2, Clean Hands, Competitiveness, Talls <b>Michael Pratt, Andrew Lockyer, John Hancock, Steve Armstrong, Craig Thomas</b>
3:15pm		<b>AFTERNOON TEA</b>
3:30	4:30	Skill Development (2 stations) Kicking 1, Kicking 2, Clean Hands, Competitiveness, Talls <b>Michael Pratt, Andrew Lockyer, John Hancock, Steve Armstrong, Craig Thomas</b>



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## LEVEL 2 & CCC Course Outline

### COURSE OUTLINE

ECU Joondalup

Sunday 23<sup>rd</sup> November

Time		
8:30	9:15	Effective Communication <b>Jon Haines</b>
9:15	9:30	District and Regional Meet and Greet
9:30	10:15	Designing Drills <b>Daniel Pratt (WCE)</b>
<b>10:15</b>		<b>MORNING TEA</b>
10:30	11:30	Planning <b>Geoff Valentine</b>
11:30	1:00	Developing Club/Team Culture <b>Darren Harris</b>
<b>1:00</b>		<b>Lunch</b>
1:30	2:30	Developing a Game Style, Tactics and Team Play <b>Subiaco FC League Coaches (Jarrod Schofield, Larry Cavallo, Steve Wasley &amp; Wayne Orsi)</b>
2:30	3:00	Safe Coaching, Concussion and Returning Injured Players <b>Brett Buist</b>
<b>3:00pm</b>		<b>Afternoon Tea</b>
3:15	3:45	Taking an Interest <b>Mike Fitzpatrick</b>
3:45	4:30	Where to from here? <b>Glenn Morley</b>