



State: U18 Youth Girls Physio/Sports Trainer

POSITION TITLE: State: U18 Youth Girls Physio/Sports Trainer

DATE ASSUMED POSITION: November 2013

EXPECTED DATE TO CEASE POSITION: November 2015

KEY FOCUS OF THE ORGANISATION

To enhance and promote Australian Football throughout the community, encourage greater levels of participation, enjoyment and commitment by individuals, community groups, business and government

KEY FOCUS OF THIS POSITION

- To create an elite developmental environment that is conducive to both learning and enjoyment
- Contribute to the development of players understanding re: injury prevention, rehabilitation knowledge personal growth and self esteem of all players
- Support all players and staff in a positive manner in both training and competitive situations.
- Manage player welfare before, during and after the carnival.
- Refer all major injuries to professionals

REPORTING RELATIONSHIPS

THIS POSITION REPORTS TO THE FOLLOWING PEOPLE:

- Female High Performance Manager
- State U18 YG Head Coach
- State U18 YG Team Manager

THIS POSITION REPORTS TO THE FOLLOWING AREA AT THE WAFC:

- Female Football - High Performance

THIS POSITION HAS THE FOLLOWING DIRECT REPORTS:

- Female High Performance Manager
- State U18 YG Head Coach
- State U18 YG Team Manager
- Players
- Parents

AUTHORITY LEVELS

Players, Support Staff and parents as directed by the Head Coach

KEY RESULT AREAS	PERFORMANCE INDICATORS
PLANNING & IMPLEMENTING TRAINING	<ul style="list-style-type: none"> • Evidence the program caters for individual differences, rehab, and varying player workloads • Support the planning and execution of all allocated training sessions and practice matches by the Head Coach • Liaise with Head Coach, WAFC and Female High Performance Manager
MATCH DAY OPERATIONS/FUNCTIONS	<ul style="list-style-type: none"> • Prepare players for State representation eg: strapping, massage • Communicate effectively with Coaching staff and Team Manager re: player welfare • Liaise with Head Coach to conduct pre/post match review meetings re: players availability • Conduct cool down
HUMAN RESOURCE MANAGEMENT	<ul style="list-style-type: none"> • Encouragement and support players development • Supply feedback to all coaches re: their playing group and availability • Assist in the mentoring of the playing group
INFORMATION COMMUNICATION AND MANAGEMENT	<ul style="list-style-type: none"> • Provision of accurate & timely feedback (verbal, written, visual) • Appropriate instructions to players at training, pre, during and post match • Provide input into post game and post carnival player reports • Provide input into post carnival reviews via Head Coach
TALENT IDENTIFICATION / SELECTION	<ul style="list-style-type: none"> • Assist the coaching staff by supplying accurate player information re: injuries and rehabilitation programs
PUBLIC RELATIONS	<ul style="list-style-type: none"> • Attend all functions as requested by the WAFC relating to the WA State U18 Youth Girls Team • Communicate with the Female High Performance Manager when required • The Physio/Sports Trainer shall wear approved WAFC State apparel for <u>all</u> training sessions, team or representative functions and matches. • Attend the Lap of Honour to represent the team at the WAFL Grand Final in September

COMPETENCIES (SKILLS, KNOWLEDGE AND EXPERIENCE) REQUIRED:	
People Management: <ul style="list-style-type: none"> Capacity to effectively manage talented athletes and staff. Possess strong questioning skills. 	Information Management: <ul style="list-style-type: none"> Effectively documents players injuries and rehab process Effectively manages all sporting injuries Shares sporting injuries knowledge with team players and coaches
Football Knowledge: <ul style="list-style-type: none"> Follows correct up to date processes and procedures relating to injury management eg: concussion Has some knowledge of AFL 	Planning & Organisation: <ul style="list-style-type: none"> Ability to plan the sequential rehab and recovery of elite players, programs and teams Ability to develop innovative approaches to enhance talented youth development Ability to report and contribute to the planning review process at the conclusion of the program
Desirable Personal Attributes: <ul style="list-style-type: none"> Team player Demonstrates care and consideration for all players and staff 	Personal Traits: <ul style="list-style-type: none"> Ability to demonstrate empathy for players and staff Ability to demonstrate honesty and integrity in all roles within the State Team Ability to motivate through a variety of mediums
Effective Communication: <ul style="list-style-type: none"> Highly developed and proven communication (written, verbal, visual), interpersonal skills 	Team Leadership: <ul style="list-style-type: none"> Ability to influence all stakeholders to work together to achieve the programs objectives

<u>SELECTION CRITERIA</u>
REQUIRED: <ul style="list-style-type: none"> Level 1 or 2 Sports Trainer Accreditation or Physiotherapy degree (working towards) Demonstrated leadership skills Demonstrated knowledge, involvement and understanding of talent development programs Highly developed verbal and written communication skills Demonstrated ability to identify injuries and construct quality rehabilitation programs Demonstrated ability to develop high levels of team unity
DESIRABLE <ul style="list-style-type: none"> Previous coaching experience within the WA player pathway

Expressions of interest briefly covering the selection criteria should be received by 5.00pm Monday 14/10/2013 and addressed to;
 Alison Moore
 WAFC Female High Performance Manager
 PO Box 275, Subiaco WA 6904
amoore@wafc.com.au

TERMS AND CONDITIONS

The following benefits will be provided to the successful applicants;

- * Accommodation
- * Return airfare
- * Full Championship apparel
- * WAFL Tickets where appropriate

3.2 Term of the Appointment:

- * This position is for 2 years and is subject to review on an annual basis.

I hereby agree to the terms outlined in the above document:

State U18 Youth Girls Sports Trainer/Physio

Alison Moore - Female High Performance Manager

Dated this the _____ day of _____ 2013.