**RULES FLOW CHART**

Year 3’s

 *As at 10th April 2018*

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|  | Year 3’s  |
| 1. Playing Field | Half senior size. 60m (width) x 80m (length) grid with centre circle. Divide into three zones –30/30/30m |
| 2. The Team | 9 or 12 a-side preferred – no rucks and rovers. Unlimited reserves. Rotate players every quarter. |
| 3. Playing Time | 4 x 10-12 minute quarters |
| 4. Start of Play | A. Ball up between 2 centre players B. Players should be approximately equal size.C. Players cannot take full possession out of ruck contests. |
| 5. After a goal | As in 4. Different players contest the ruck each time.Goals can only be kicked by players in forward zone. |
| 6. Scrimmage | No diving on the ball. Umpire stops play. Free kick awarded to nearest opponent*.* |
| 7. Out of Bounds | A. From a kick or handball. Kick awarded to nearest opponent.B. If doubt as to which team kicked the ball. Ball up 5m in.C. Off hands or body - ball up 5m in from boundary.D. Full possession rule. Refer to 4 |
| 8. Tackling | **Modified Wrap Tackle rule. Wrap arms around player and hold feet. Do not drop to the ground.** **Strictly no slinging or deliberately bringing the opposition player to the ground.** **Grabbing the arms is not permitted**. **Players once tackled have 3 seconds to dispose of the ball**. |
| 9. Bumping | Strictly no bumping allowed.  |
| 10. Barging | Barging, fending off or chopping with hands past opponents is **NOT** allowed. A free kick shall be awarded. |
| 1. Stealing/

Smothering/Harassing/Possession rule | **Not allowed. Modified wrap tackle only.** |
| 12. Shepherding | Player not permitted to push, shoulder or block opponent not in possession of the ball. |
| 13. Mark  | Any reasonable attempt to catch the ball directly from kick irrespective of distance travelled. **Opposition player encouraged to stand on the mark. Playing on is allowed.** |
| 14. Bouncing the Ball | Player is permitted to bounce the ball only once then dispose of the ball. |
| 15. Kicking off the Ground | Not permitted to deliberately kick the ball off the ground. |
| 16. Order-off Rule | To be applied. Penalty time is umpire’s discretion |
| 17. Staying in Position | To stop congestion, umpire to instruct players to stay in zone. |
| 18. Coaches | Coach is allowed on the ground to teach. |
| 19. Spirit of the Game | Players and coaches to shake hands. Umpire to instruct players. |
| 20. The Game | No premiership points, no finals, no ladders, no match results, names of players published. |
| 21. Awards | Participation, effort and skill achievement scheme. |
| 22. Clearances | Automatic clearance. |
| 23. Tribunals | No tribunal, discipline is the responsibility of the club. |